

1 **Putting self-organization to the test: labyrinthine patterns as optimal solutions for**
2 **persistence**

3
4 **Abstract**

5 Spatial patterns formed through the process of self-organization are found in nature across a
6 variety of ecosystems. Pattern formation may reduce the costs of competition while
7 maximizing the benefits of group living, and thus promote ecosystem persistence. This leads
8 to the prediction that self-organizing to obtain locally intermediate densities will be the
9 optimal solution to balance costs and benefits. However, despite much evidence documenting
10 pattern formation in natural ecosystems, there is limited empirical evidence of how these
11 patterns both influence and are influenced by trade-offs between costs and benefits. Using
12 mussels as a model system, we coupled field observations in mussel-culture plots with
13 manipulative laboratory experiments to address the following hypotheses: (1) Labyrinthine
14 spatial patterns, characteristically found at intermediate to high patch densities, are the most
15 persistent over time; this is because labyrinthine patterns (2) result in adequately heavy
16 patches that can maximize resistance to dislodgement while (3) increasing water turbulence
17 with spacing, which will maximize food delivery processes. In the field, we observed that
18 labyrinthine ‘stripes’ patterns are indeed the most persistent over time, confirming our first
19 hypothesis. Furthermore, with laboratory experiments, we found the ‘stripes’ pattern to be
20 highly resistant to dislodgement, confirming the second hypothesis. Finally, with regards to
21 the third hypothesis, we found positive effects of this pattern on local turbulence. These
22 results suggest that the mechanisms of intraspecific facilitation not only depend on initial
23 organism densities, but may also be influenced by spatial patterning. We hence recommend
24 taking into account spatial patterns to maximize productivity and persistence in shellfish-

25 cultivation practices and to increase the restoration success of ecosystems with self-organizing
26 properties.

27

28 **Keywords** Benthic dynamics; Density-dependent; Facilitation; Habitat complexity; Mussel
29 beds; Self-organization

30

31 **Introduction**

32 Ecological systems are governed by complex interactions between organisms and their
33 surroundings. These interactions may result in the formation of spatial patterns (Levin and
34 Segel 1985, Rohani et al. 1997, Solé and Bascompte 2006), which add layers of complexity to
35 originally homogeneous environments and thus generate heterogeneity in landscapes
36 (Guichard and Bourget 1998). Spatial patterns can result from ecological processes through a
37 process called spatial self-organization, where organisms spontaneously arrange themselves in
38 a non-random manner through interactions between organisms, or between organisms and
39 their environment. Self-organized spatial patterns have been found in nature across a variety
40 of ecosystems, ranging from arid environments through peatlands to intertidal flats and coral
41 reefs (Levin and Segel 1985, Rietkerk and van de Koppel 2008). Self-organization is
42 hypothesized to be driven by the interplay of short-range facilitative mechanisms that allow
43 organisms to cope with limited resources or harsh environments (Rietkerk and van de Koppel
44 2008), and long-range mechanisms of inhibition and competition. While the ubiquity of
45 pattern formation has been well-studied and predicted by theoretical models, empirical
46 mechanistic studies have been limited on how these patterns affect ecosystem resistance (de
47 Paoli et al. 2017), i.e. the ability of a system to remain ‘unchanged’ despite disturbance
48 (Grimm and Wissel 1997).

49 Density is a key driver of spatial patterning (van de Koppel et al. 2008, Capelle et al. 2014,
50 Liu et al. 2016). Density-dependent mechanisms, such as growth and mortality, are common
51 features in resource-limited (by food, space) environments (Brook and Bradshaw 2006). In
52 such environments, organisms' ~~may have~~ strategies to minimise mortality risks ~~may~~ facilitate
53 each ~~the other's~~ growth and survival of conspecifics ~~or help to minimize losses, thus gaining~~
54 ~~safety in numbers~~. These interactions may result in self-organized patterns, leading to locally
55 optimal densities (Turing 1952) that result in both facilitation and protection. The existence of
56 locally optimal densities has been suggested by models of organism movement and
57 cooperation (e.g. de Jager et al. 2014). However, initial density depends upon external factors,
58 for which the effects on pattern persistence are not yet fully understood.

59 Environmental contexts, such as amount of rainfall or number of consumers, can directly
60 affect density and system resistance to acute stress (Weerman et al. 2011, Oliveira et al. 2013,
61 Siteur et al. 2014), and thus drive the occurrence of spatial patterns. These patterns should
62 then result in feed-backs to organisms, forming regulatory mechanisms that maintain the
63 specific density required for system stability (Liu et al. 2014). Optimal density is therefore
64 intrinsically linked with environmental context, and together the two processes can determine
65 system stability (Rietkerk et al. 2004). Gaining a mechanistic understanding of the optimal
66 patterning of patches, and how organisms exploit this process to optimize resistance to
67 disturbance, can thus provide a useful basis for spatial planning in both conservation and
68 commercial contexts, provided that the relation to specific environmental context is well
69 understood.

70 The formation of self-organized spatial patterns in mussel beds provides a unique, easily
71 accessible model system to study the relation between density-dependent pattern formation
72 and environmental drivers, such as the minimization of individual mortality by decreasing
73 wave-driven dislodgement via the formation of heavy clumps (Capelle et al. 2019) and other

74 forms of population loss (e.g. predation). Density-dependent pattern formation has been well-
75 described for mussel beds (van de Koppel et al. 2008) and can easily be investigated under
76 changing environmental factors. This will not only improve the mechanistic understanding of
77 ecosystem functioning, but can also serve as a guide to successful conservation and
78 restoration of these complex temperate reef formers (Silliman et al. 2015) and help towards
79 finding better culturing techniques to maximize yield (Capelle et al. 2016). Moreover, a
80 deeper understanding of the mechanistic principles that underlie spatial self-organization
81 would allow for insights into other ecosystems showing these patterns, such as arid bushlands
82 and patterned peatlands.

83 In order to translate theories on density-dependent pattern formation into practice, we
84 combined field observations with manipulative laboratory experiments. The aims of this study
85 were to assess the development of patterns in real-life scenarios, quantify their resistance to
86 disturbance (Donohue et al. 2013) and reveal the mechanisms behind these patterns.
87 Specifically, we tested the hypotheses that (1) labyrinthine spatial patterns, characteristically
88 found at intermediate to high patch densities, are the most persistent over time. We further
89 hypothesized that this is because labyrinthine patterns (2) result in adequately heavy patches
90 that can maximize resistance to dislodgement while (3) increasing water turbulence with
91 spacing, which will maximize food delivery processes.

92 **Methods**

93 *Pattern type and resistance (field observation)*

94 In order to assess pattern development and persistence over time across an environmental
95 gradient, a subtidal mussel culture plot was surveyed. Culture plots are ideal model systems to
96 assess the interactions among spatial heterogeneity, pattern formation and stability. Bottom
97 culture activities are prone to high losses, [~ca. 50%](#), especially during winter months; Capelle
98 et al. 2016. Currently, aquaculture of bivalves such as mussels using bottom culture

99 techniques is carried out in such a way that mussels are relayed in a highly heterogeneous
100 manner to the seabed by seeding in circular tracks with average densities adjusted according
101 to farmers' experiences (Capelle 2017a). This results in different large-scale spatial patterns
102 across the landscape. However, culture plots are also large enough to contain heterogeneous
103 environmental conditions (Newell and Shumway 1993). This can lead to differential effects
104 on shellfish behavior and growth (Newell and Richardson 2014); thus, density might be
105 adjusted accordingly.

106 We used a subtidal plot (size: ca. 8 ha) located in the Oosterschelde, the Netherlands, (51° 37'
107 14.99" N, 4° 5' 16.89" E, Fig. 1), which spanned a depth gradient from 2 to 8 m (chart datum,
108 Fig. 1). Hydrodynamic measurements taken in March 2015, as an index of environmental
109 stress (Reusch and Chapman 1997), indicated that the predominant flow progressed from west
110 to east with incoming tides and thus east to west with outgoing ebb tides). Flow velocities at
111 the site averaged 0.45 m/s. This site is used for cultivation of 'year-1' seed and was seeded
112 with mussels in July 2017 with the standard bottom-culturing techniques used in the
113 Netherlands (for details on the bottom culture of mussels in the Oosterschelde, see Capelle
114 2017a).

115 Two photographic surveys were conducted. The first photo-survey was carried out in
116 September 2017 just before the start of the storm season, which can cause major dislodgement
117 of mussels, but two months after initial seeding to enable sufficient time for patterns to form.
118 The second photo-survey was done in April 2018, one week before harvest, to maximize the
119 period used for measuring persistence in relation to patterning. A frame (50 x 50 cm) was
120 used to take top-down photos using a GoPro (Hero session 4, GoPro Inc.), which allowed us
121 to take pictures of a constant area of seabed (Capelle 2017b). To ensure adequate
122 representation of the whole plot area, the plot was divided into a grid of 8 (E-W) x 3 (N-S)

squares to obtain a total of 24 squares. The frame was dropped three times in each square to obtain replicates, resulting in 72 images taken during each survey.

Images were then analyzed for 4 specific patterns: ‘no mussels’, ‘sparse clumps’, ‘stripes’, and ‘homogeneous’ (Fig. 2). These are the patterns that were identified in density-dependent self-organization by Liu et al. (2013), using a combination of models and field observation. In our images, we modified the categories found by Liu et al. (2013) by combining the ‘open labyrinth’ and ‘gapped patterned’ in the ‘stripes’ category. Approximate densities were calculated for each pattern from pictures taken in September 2017 (Table 1).

Dislodgement (flume and wave tank experiments)

To understand if patterns in stability over time are due to resistance from abiotic environmental stressors, we simulated flow and waves with two experiments to assess dislodgement thresholds. A racetrack flume (17.5 m long, 0.6 m wide, 0.25 m water deep) at the Royal Netherlands Institute for Sea Research (NIOZ) was used for this purpose. The flume experiment was run in April 2018. Four patterns of mussels organization (i.e. ‘sparse’, ‘clumps’, ‘stripes’ and ‘homogeneous’) were created on top of a layer of soft-sediment that was representative of field condition and deep enough to prevent attachment to the hard bottom of the tank. Pattern stability was tested sequentially in the flume, and each pattern was replicated twice in a random order. Mussels (30.1 ± 0.7 mm length) were left in the pattern in the flume overnight (minimum 12 hours) to acclimatize and form attachment before exposing them to water flow, and new mussels were used for each test. For the dislodgement measurements, flow was increased gradually from an engine setting of 100 rpm, which yields a flow velocity of circa 5 cm/s, in increments of 100 rpm (i.e. approximately 5 cm/s) every 2 minutes until full (100%) dislodgement was observed. At each step-wise increase, dislodgement was estimated as the proportion of the clump.

147 To assess how patterns responded to wave action in subtidal environments, a second
148 dislodgement experiment was conducted in wave tanks (NIOZ wave tanks, 350 cm x 100 cm
149 x 80 cm, experimental area 200 cm x 89 cm) between March and May, 2018. For this
150 experiment, 500 mussels (corresponding to 300 individuals/m² or 0.9 kg/m²) from the same
151 source as those used in the flume experiment were added to the experimental arenas. Mussels
152 were organized according to the four treatments ('sparse', 'clumps', 'stripes', 'homogeneous')
153 on top of a layer of soft-sediment representative of field conditions, deep enough to prevent
154 attachment to the hard bottom of the tanks. For this experiment, four wave tanks were used.
155 For every new experimental day, two of the tanks were used as controls (no waves, to
156 disentangle dislodgement from behavioral movement) and two were used with wave action
157 (wave strength ca 1.7 N). A total of 32 trials (N = 8) was conducted over 8 days, with
158 treatments assigned to tanks in a randomized order. To be able to monitor dislodgement of
159 individual mussels, each tank was divided into 5 zones of equal size, from the front to the
160 back of the tank, perpendicular to wave direction. In each zone 10 out of the 100 mussels
161 were painted with nail varnish (i.e. a different color in each zone). Dislodgement was
162 quantified as the proportion of colored mussels missing from their original location at the end
163 of 24 h trials, when the number of colored mussels in each zone was counted and the color
164 noted. This gave a total of 160 observation 'zones'. New mussels were used for each trial.

165 *Flow modification (flume experiment)*

166 From the same flume experiment described above, we took velocity profiles to assess the role
167 of patterns in modifying flow, which could potentially affect resource availability (Frechette
168 et al. 1989, Widdows et al. 2009). Vertical flow velocity profiles were measured with a 3D
169 Acoustic Doppler Velocimeter (ADV, Nortek). The beams of the ADV measure velocity in a
170 sample volume of 0.6 cm in diameter and 3.4 cm in vertical range. The sampling frequency
171 was set at 100Hz and the recording time at 4 minutes for each measuring point. The sample

172 volume can be divided into a finite number of cells: for all the experiments, the size of the
173 cells was set at 0.2cm for a total number of 18 cells. Profiles were measured in a 3 x 3 grid,
174 spanning the width of the flume (5 cm from the edges and middle), and included
175 measurements of flow 5 cm before the patches started, over the mussel patches and 5 cm after
176 the patches ended. Measurements were initiated at the beginning of exposure to flow and
177 conducted at two flow velocities: a slow flow setting (100 rpm, circa 5 cm/s) and a faster flow
178 (400 rpm, circa 20 cm/s). From these measurements, we could obtain both velocity changes
179 and turbulence measurements (Turbulent Kinetic Energy, TKE).

180 *Data analyses*

181 Pattern type and resistance (field observations)

182 Statistical analyses were conducted in R (R Development Core 2018). We ran a multinomial
183 model (*multinom* in package *nnet*, Ripley and Venables 2016) with pattern set as the response
184 variable and position on the grid (east to west), time of sampling event (September or April)
185 and their interactions as predictor variables. The Wald z-test was used to obtain overall factor
186 significance using the package *afex*, followed by Tukey adjusted post-hoc comparisons of
187 estimated marginal means of the probabilities (*lsmeans*, Lenth 2016). A pseudo- R^2 to assess
188 model fit was calculated as the 1-log likelihood of the model/log likelihood of the null model.

189 Dislodgement (flume and wave tank experiments)

190 For the two laboratory experiments, linear models were used to address dislodgement. The
191 first linear model was used to assess how the proportion of the clump dislodged was affected
192 by the interaction between patterns of organization and flow speed settings in the flume
193 experiment. A second linear model was used to assess how the proportion of colored mussels
194 dislodged from their original zone was affected by the interaction between patterns of
195 organization and wave presence in the wave tank experiment.

196 Flow characteristics (flume experiment)

197 The data collected were first filtered to remove unreliable data, i.e. beam correlation and
 198 signal-to-noise ratios lower than 95% and 30 dB, respectively. Second, the time-averaged
 199 velocity of every cell was calculated in order to obtain the velocity profile of the components
 200 u, v, w. TKE was then calculated as $\frac{1}{2} (u^2 + v^2 + w^2)$. Extraction of velocities and TKE were
 201 carried out using custom-made functions in MATLAB (MATLAB 2016) while R was used
 202 for statistical analyses. Linear models were used to assess how flow velocity and TKE were
 203 affected by patterns of organization ('sparse', 'clumps', 'stripes' and 'homogeneous'),
 204 position along the x axis and their interaction for each flow velocity.

205 Models were visually validated for normality (qqplot) and homogeneity of residuals (Zuur et
 206 al. 2013). For the dislodgement experiments in the flume, residuals were also tested for
 207 autocorrelation using an ACF plot. To assess model fit, adjusted R^2 values were considered
 208 and reported. ANOVA tables, with type III sums of square when interactions were significant
 209 and type II when there were no significant interactions to allow for appropriate detection of
 210 single-term effects (Langsrud 2003), were then produced to assess overall factor significance.
 211 Then pairwise comparisons were carried out using Tukey-adjusted post-hoc comparisons of
 212 estimated marginal means (*lsmeans*).

213 **Results**

214 *Pattern type and resistance*

215 We observed a clear relation between the presence of self-organized spatial patterns and the
 216 spatial locations across the sampled grid, although this proved quite variable over time. The
 217 probability of finding specific patterns (Fig. 3) was found to depend on the position in the
 218 spatial grid from east to west ($X^2 = 78.7$, $p < 0.001$) and time of sampling ($X^2 = 16.35$, $p <$
 219 0.01), and no interaction was found between space and time ($p > 0.05$, pseudo $R^2 = 0.3$). The
 220 probability of finding areas without mussels (Fig. 3), in particular, increased during the winter
 221 from September to April (Tukey adjusted comparisons: $p < 0.01$). In April the probability of

222 finding area without mussels (Fig.3) decreased from the eastern-most edge towards the west
 223 (Tukey adjusted post-hoc: $p < 0.0001$), and then increased again at the western-most edge
 224 (Tukey adjusted post-hoc: $p < 0.05$). In April we found a decrease in the probability of finding
 225 'homogeneous' patterns compared with before winter in September (Tukey adjusted
 226 comparisons: $p < 0.05$, Fig 3). This result was consistent across the grid. The other patterns
 227 were consistent across both time (sampling points) and space (grid); however, there was a
 228 greater overall probability of finding 'stripes' and 'clumps' compared with 'sparse' patterns in
 229 mussels (Tukey adjusted comparisons: $p < 0.05$). The probability of finding 'stripes' was the
 230 same for both sampling points (Tukey adjusted comparisons: $p > 0.05$).

231 *Dislodgement*

232 The flume experiments revealed that self-organized patterns determined the ability of mussels
 233 to avoid dislodgement by water flow. Critical dislodgement depended on the organization
 234 pattern (organization*speed: $F_{3,73} = 3.5$, $p < 0.05$, Fig 4a, adjusted $R^2 = 0.53$), with 'sparse'
 235 showing higher dislodgement rates than the other treatments, with dislodgement starting at a
 236 current velocity of 25 cm/s (Tukey adjusted comparisons of 'sparse' vs 'stripes' and
 237 'homogeneous' $p < 0.001$, vs 'clumps' $p < 0.05$). While there was no interaction between
 238 wave presence and organization (organization*wave presence $p > 0.05$, adj $R^2 = 0.27$), the
 239 percentage of mussels missing from their original position in the tanks was affected by
 240 organization ($F_{3,152} = 19.4$, $p < 0.0001$, Fig. 4b, adjusted $R^2 = 0.27$). As expected,
 241 dislodgement was always greater in the presence of wave action ($F_{1,152} = 3.9$, $p < 0.05$). Initial
 242 'pattern' effects were due to 'sparse' and 'clumps' showing the greatest percentages of
 243 movement from the initial zone compared with 'stripes' and 'homogeneous' (Tukey adjusted
 244 comparisons $p < 0.05$). The 'homogeneous' and 'stripes' were the most resistant, showing
 245 nearly no movement and no dislodgement.

246 *Flow modification*

247 Spatial self-organization was found to modify benthic water flow patterns in ways that may
 248 potentially benefit mussels by both slowing velocity and increasing turbulence. Spatial
 249 patterns were able to modify bottom flow profiles in different ways across the patches under
 250 both slow and fast velocity settings (organization*position, slow velocity: $F_{6,320}=4.8$, $p <$
 251 0.001 , adjusted $R^2 = 0.29$; TKE: $F_{6,320}=5.7$, $p < 0.001$, adjusted $R^2 = 0.14$; fast velocity:
 252 $F_{6,409}=4.5$, $p < 0.001$, adjusted $R^2 = 0.14$, TKE: $F_{6,409}=10.8$, $p < 0.001$, adjusted $R^2 = 0.25$;
 253 Fig. 4a-d). Flow was slower in the middle of the patches, particularly when the mussels were
 254 organized in ‘stripes’ or ‘homogeneous’ (for both, Tukey adjusted post-hoc: middle vs. front p
 255 < 0.001). The observed slowing down of velocity was associated with an increase in TKE
 256 when mussel patches were organized into ‘stripes’ (Tukey adjusted post-hoc: $p < 0.001$).
 257 Moreover, in all treatments, there was accelerating flow at the back of patches compared with
 258 both the front and middle under both flow conditions (Tukey adjusted post-hoc back-front and
 259 back-middle: $p < 0.0001$), but only when mussels were organized in ‘stripes’ or
 260 ‘homogenous’ distribution patterns. TKE increased at the back of the patches under both flow
 261 conditions (Tukey adjusted hoc: $p < 0.001$).

262 Discussion

263 We tested experimentally whether the formation of self-organized patterns affects the
 264 resistance of mussel bed ecosystems in stressful environments. Our results highlight the
 265 higher resistance conferred by the local densities of mussels when aggregated into patterns.
 266 The labyrinthine spatial patterns formed in beds with densities of ca. 1500 mussels/m² (Table
 267 1) were found to be the most resistant to hydrodynamic disturbance in our experiments. Our
 268 results suggest that two main mechanisms may be responsible for these observed responses to
 269 labyrinthine patterns: reduction in critical dislodgement velocities and local decreases in water
 270 flow accompanied by increases in turbulence, which is expected to increase resource
 271 acquisition by increasing the mixing of water layers.

272 *Observation: Labyrinths are the most persistent*

273 Our field observations in September 2017 and April 2018 revealed that the stability of mussel
274 beds was clearly related to spatial patterning. In particular, we observed the patterns in mussel
275 loss between these two sampling points in the year, which occurred before and after the
276 harsher season during the culturing period, i.e. winter. In winter, environmental conditions are
277 more stressful due to food limitation and more extreme weather patterns, driven by increased
278 storm intensity and frequency (Smaal and Haas 1997). The losses were particularly high when
279 no self-organization was present (particularly for the sparse mussel pattern), and increased
280 along the environmental stress gradient (east compared with west, consistent with flow
281 direction). The probability of finding mussels that had not self-organized at low densities was
282 already low in September. However, it should be noted that the site had been seeded in July,
283 so the time of our first sampling was already two months after seeding had taken place. Self-
284 organization and dislodgement have been found to operate over short time scales (van de
285 Koppel et al. 2008, Capelle et al. 2014). Thus, initial dislodgement of sparsely distributed
286 individuals could have led to the formation of clumps and stripes, by increasing encounters
287 with conspecifics with which to form aggregations (de Jager et al. 2014).

288 The initial accumulation of high-density patches on the western edge of the beds in September
289 2017 could have been driven by seeding patterns initiated by the farmer, greater food
290 available on the ‘flow’ side of the tide, or simply by the physical effects of the water current.
291 The probability of finding homogeneous patches, however, also unexpectedly decreased
292 between September 2017 and April 2018, suggesting that pattern formation emerges from
293 more than simply the principle of ‘safety in numbers’. Winter months have the lowest primary
294 production; thus, depletion could occur at short distances from edges (Smaal and Haas 1997).
295 Our observations suggest two potential mechanisms for pattern persistence over time: a
296 reduction of risk and maximization of resource availability (Guichard 2017).

297 *Mechanism 1: Minimizing risk of dislodgement*

298 With laboratory experiments simulating realistic flow and wave conditions, we confirmed that
299 labyrinthine spatial patterns can maximize resistance to dislodgement (e.g. van de Koppel et
300 al. 2008, Liu et al. 2013). Previous studies in a similar flume set-up found that clump
301 dislodgement thresholds were directly related to clump mass (Capelle et al. 2019). For our
302 experimental design, we did not weigh clumps. The focus in this study was to understand the
303 specific role of patterns resulting from mussel self-organization, which is an intrinsically
304 density-dependent process, so different biomasses would be expected. Thus, we specifically
305 only manipulated shape and did not standardize mass across treatments. We observed in the
306 flume that clumps and stripes did not separate into single mussel individuals before
307 dislodgement, but rather dislodged as a whole clump or a whole stripe. Observations suggest
308 that this was due to the erosion of sediments around the mussels, similarly to what has been
309 observed in aquatic vegetation systems (Vandenbruwaene et al. 2011), but this should be
310 investigated further with measurements of bed level changes. The first stripes to dislodge
311 were at the edges, and the last to go was the stripe in the middle, suggesting spatial
312 heterogeneity in the velocity profiles, which might be created by this specific way of self-
313 organization with neighboring stripes, creates protection for the stripes formed in the middle,
314 which again warrants further examination.

315 Overall, our results indicate that hydrodynamic forces can interact with direct animal
316 movement to aid the formation of mussel bed patterns. In the wave experiments, we observed
317 that wave action initially leads to dislodgement of mussels in the middle of tank and the
318 formation of larger, stronger bands. Moreover, initial dislodgement of sparsely distributed
319 mussels can lead to the formation of small clusters, increasing the resistance of mussel beds.
320 The interplay of hydrodynamic forcing and animal movement should be investigated more

thoroughly as it can provide important insights into the mechanisms of mussel bed formation,
as well as improvements in restoration and cultivation practices.

Mechanism 2: Maximizing facilitation by altering flow (improving food access)

Results from the present study suggest that self-organization leading to labyrinthine patterns
can maximize facilitation. In our system, mussel aggregation into stripes may be the optimal
solution to maximize food delivery processes. The physical presence of the bed increased
water turbulence, which can maintain a high level of food by sustaining concentrations of
plankton due to improved mixing (Fréchette and Bourget 1985, Fréchette et al. 1989, Lassen
et al. 2006) and resuspension of benthic food sources (Prins et al. 1992, Widdows et al. 2009,
Lauringson et al. 2014). Clustered mussels formed obstacles that slowed down the water
directly flowing over the mussels, deflecting moving water to the sides of the patches. This
phenomenon has already been observed for other mussel beds (e.g. Carrington et al. 2008)
and plant tussocks (e.g. van Wesenbeeck et al. 2008), and can be attributed to the presence of
raised beds or to the biological activity of mussels (Van Duren et al. 2006, Widdows et al.
2009). In plant systems, this reduction of flow rate was found to be a facilitative mechanism
leading to increased growth (Van Hulzen et al. 2006). In mussel bed systems, on the contrary,
reduced flow may be considered detrimental, particularly for homogeneous, high-density
patches. Slow flow could cause food depletion, leading to slower growth rates in the middle
of beds compared with edges (Newell 1990, Svane and Ompi 1993).

Large clumps in our trials slowed down the flow to a larger degree than stripes, but did not
modify turbulence compared with the situation before patch formation. This effect may lead
to increased competition in homogeneous patches, even at the small-scales investigated in our
experiments (Commito et al. 2006). Striped patterns still slowed flow, but they also increased
turbulence both in the middle and back of patches. This differs from previous experiments
where changes in turbulence were only observed at the back or downstream of patches

(Folkard and Gascoigne 2009). The direct relationship between bed roughness and turbulent flow in mussel beds has already been observed by Butman et al. (1994), and topographic heterogeneity was also found to be directly linked with changes in turbulent flow in boulders and artificial reef systems (Guichard and Bourget 1998, Guichard et al. 2001). Thus, if the structural presence itself causes a reduction in flow rates, a pattern which is able to maximize turbulent flow should be beneficial. This has already been demonstrated at larger scales where alternation of mussels patches with bare sediment patches increased overall productivity of the system via changes to the boundary layer and resuspension-inducing mechanisms (Folkard and Gascoigne 2009, Saurel et al. 2013). Here, we showed it to be a potential driver of the pattern formation at smaller scales that is common in behavioral self-organization (van de Koppel et al. 2005, Gascoigne et al. 2005, Commito et al. 2006).

Conclusion and research directions

We showed that the survival of an ecosystem-engineering species in a physically stressful environment not only depends on their density (Bouma et al. 2009), but also on the spatial pattern in which they are distributed. In mussels, organising as a labyrinth was found to confer the advantages of group living while minimizing competition between conspecifics. We demonstrated that not organizing in spatial patterns, whether at low or high densities, was not sustainable. Trade-offs between being the right shape and size to maximize facilitation in terms of decreasing dislodgment risk (e.g. de Paoli et al. 2017) and minimizing competition have been shown for other ecosystem engineers, such as the saltmarsh plant *Spartina anglica*. In *S. anglica* systems, dislodgement is decreased by greater shoot densities, but densely packed tussocks limit light penetration. Moreover, this investment in density limits investment in lateral expansion (Van Hulzen et al. 2006). However, as behavioral organization in shapes is known to be both environment- and density-dependent (Gascoigne et al. 2005, Bouma et al. 2009, Capelle et al. 2014), we can say that these processes are

371 inherently interlinked, and density could be used as a good proxy to maximize cultivation
372 methods.

373 The theoretical emergent properties of spatial self-organization proposed for patterned
374 ecosystems as diverse as arid bushlands, patterned peatlands, and mussel beds have been
375 subject to very limited experimental verification (e.g. de Paoli et al. 2017). Here, using
376 patterns observed in real-world mussel beds, we provide a solid and process-oriented
377 experimental test on the benefits of (presumably self-organized) patterning for mussels, and
378 highlight its importance for both restoration practices and the optimization of culturing
379 techniques (Guichard 2017). Results from this study can also be used to plan restoration of
380 degraded habitats, including drivers to develop optimal ‘facilitative’ patterns. This should lead
381 towards low-maintenance restoration for ecosystems with self-organizing properties that can
382 persist over time with limited human intervention (Silliman et al. 2015).

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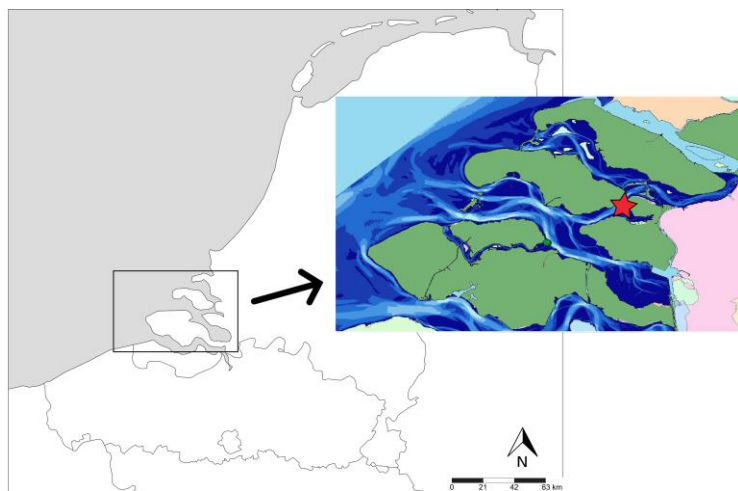
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500 Table 1. Mean (\pm SE) density and biomass estimates from patterns (estimation from
501 September 2017)

Patterns	Estimated density (number/m ²)	Estimated biomass (kg/m ²)
Clumps	305 \pm 79	0.6 \pm 0.16
Stripes	1513 \pm 210	3 \pm 0.4
Homogeneous	4229 \pm 360	8.5 \pm 0.7

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[Figure 1 site location \(red star in insert\)](#)

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Observed patterns

Modelled patterns
(Liu et al. 2013)

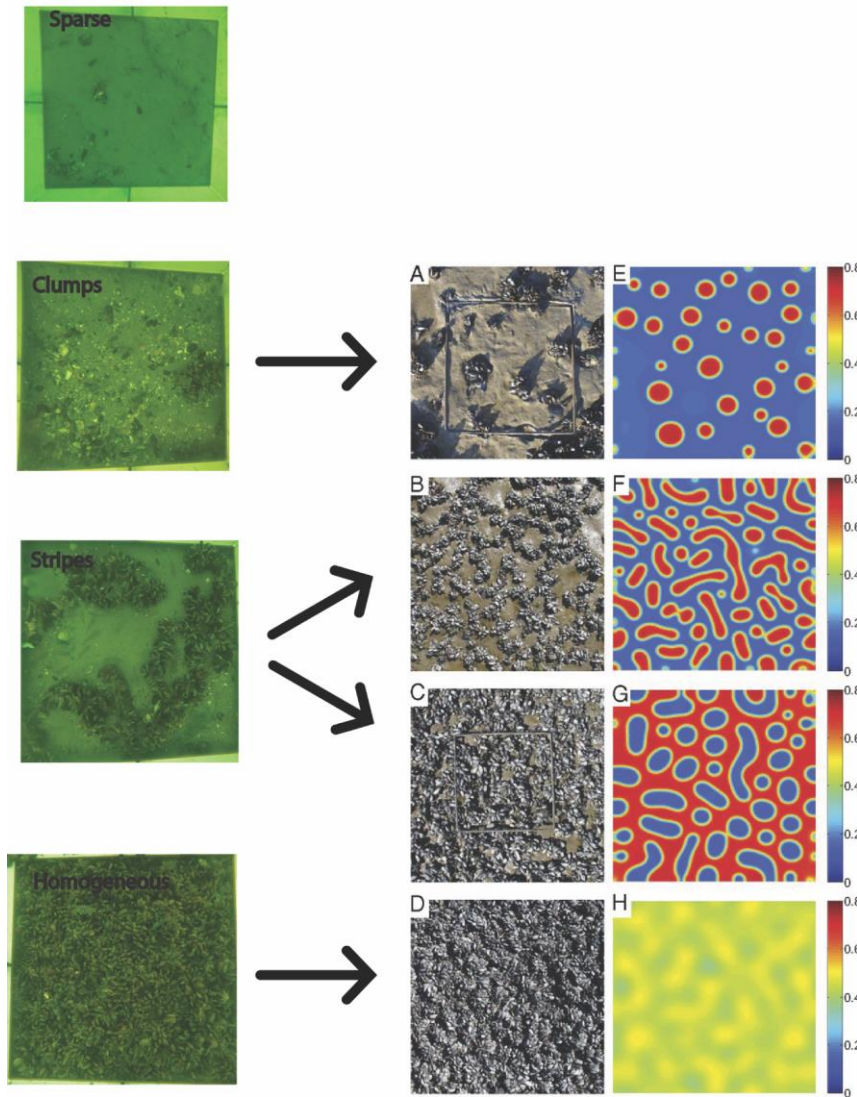
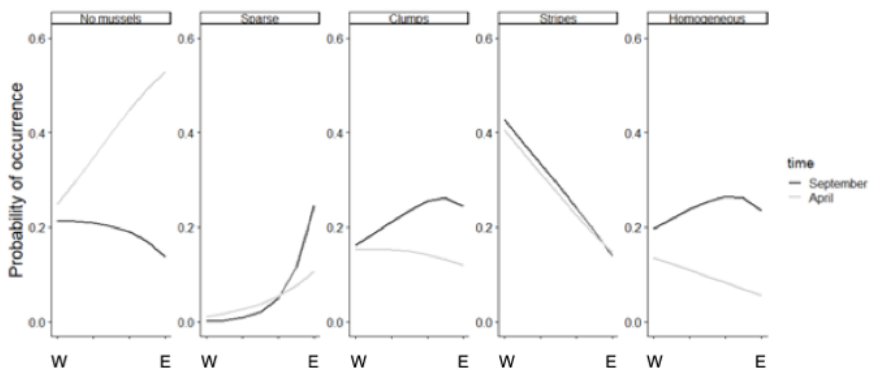


Figure 2 pictures of frames from the field (50 x 50 cm) and their classification (left) from top to bottom, sparse, clump, stripes and homogeneous, corresponding respectively to field observation (quadrat for scale 50 x 50 cm) and model outcomes (right) by Liu et al. (2013): "isolated clumps" (A,E), "open labyrinth" & "gapped patterned" (B,C,F,G) and "uniform" (D,H). Colours in E-H represent density of mussels.

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[Figure 3. Probability of occurrence of areas of no mussel cover and patterns from sparse to homogeneous in September 2017 \(black line\) and April 2018 \(grey line\) from West to East \(left to right\).](#)

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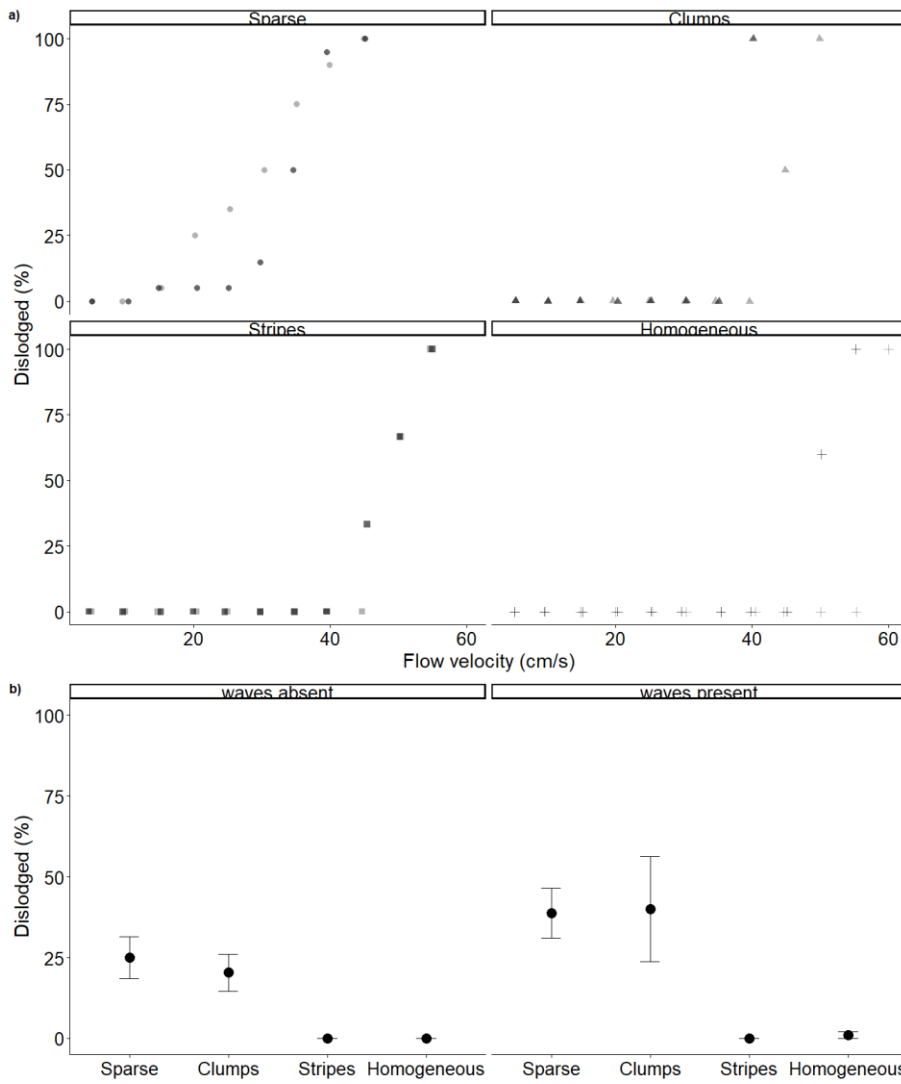


Figure 4 Cumulative dislodgement of mussels in a) flume during dislodgement trials, b) wave tanks experiments at the end of each trial, according to organization treatments and hydrodynamic conditions (continuous flowvelocity (a) and absence or presence of wave action (b)). The two levels of grey in (a) represent two replicates.

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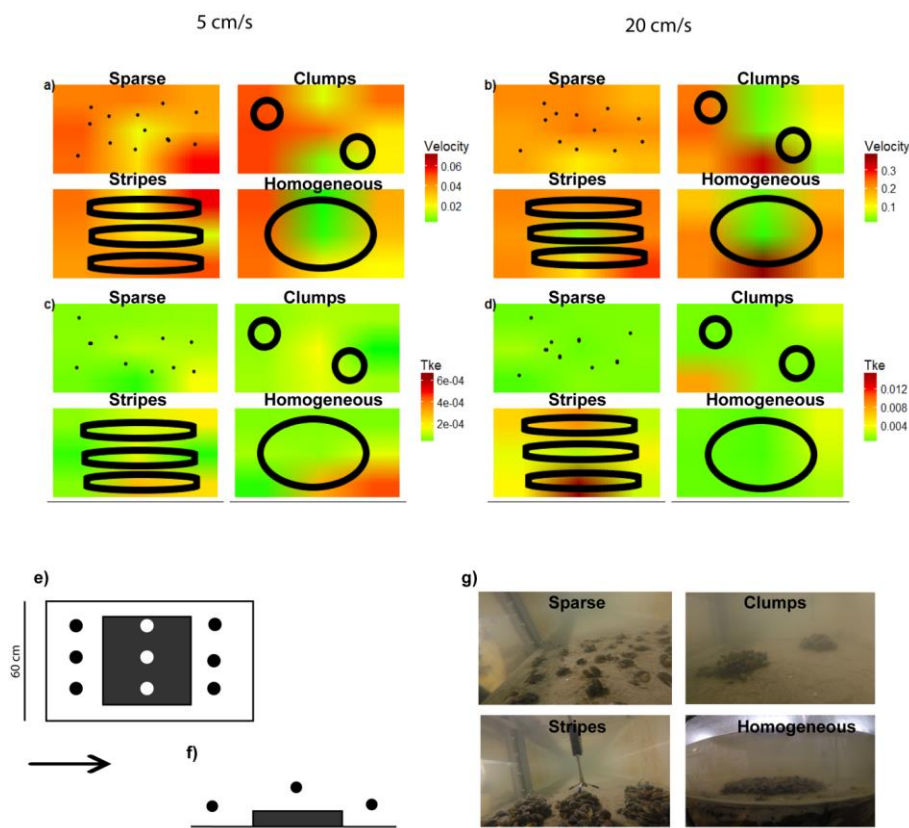


Figure 5 Panels a-d represent results of velocity profiles (a-b) and turbulence (c-d) averaged over the two replicates for the four designs with patches drawn in black outlines. Y axis represents flume width (60 cm); X axis represent length of experimental arena (80 cm). Flow direction as shown by the arrow was from left to right and measurements were taken at three points along the x axis: 10 cm before patches, in the middle and 10 cm behind the patches, and at 3 points on the y axis (panel e) and 2 cm above substratum (panel f). Colours represent measurements of flow speeds (expressed as m/s) close to seabed (c. ca 2 cm) in experimental patches when flow was set at a) 5 cm/s and at b) 20 cm/s & TKE (expressed as (m/s)²) at c) 5 cm/s and at d) 20 cm/s. Panel g) shows pictures of the mussels in the four patterns in the flume

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