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1 **UPTAKE KINETICS AND STORAGE CAPACITY OF DISSOLVED INORGANIC**  
2 **PHOSPHORUS AND CORRESPONDING N:P DYNAMICS IN *ULVA LACTUCA***  
3 **(CHLOROPHYTA)**

4

5 Alexander Lubsch<sup>1,2</sup> and Klaas Timmermans<sup>1</sup>

6 (alexander.lubsch(at)nioz.nl and klaas.timmermans(at)nioz.nl)

7 <sup>1</sup> NIOZ Royal Netherlands Institute for Sea Research, Department of Estuarine and Delta

8 Systems, and Utrecht University, PO Box 140, 4401 NT Yerseke, the Netherlands, and <sup>2</sup>

9 Department Ocean Ecosystems, University of Groningen, PO Box 72, 9700 AB Groningen,  
10 the Netherlands

11

12 **Abstract**

13 Dissolved inorganic phosphorus (DIP) is an essential macronutrient for maintaining  
14 metabolism and growth in autotrophs. Little is known about DIP-uptake kinetics and internal  
15 P-storage capacity in seaweeds, such as *Ulva lactuca* (Chlorophyta). *U. lactuca* is a  
16 promising candidate for biofiltration purposes and mass commercial cultivation. We exposed  
17 *U. lactuca* to a wide range of DIP concentrations ( $1 - 50 \mu\text{mol} \cdot \text{L}^{-1}$ ) and a non-limiting  
18 concentration of dissolved inorganic nitrogen (DIN) ( $5000 \mu\text{mol} \cdot \text{L}^{-1}$ ) under fully controlled  
19 laboratory conditions in a ‘pulse-and-chase’ assay over 10 days. Uptake kinetics were  
20 standardized per surface area of *U. lactuca* fronds. Two phases of responses to DIP-pulses  
21 were measured: (1) a surge uptake ( $V_S$ ) of  $0.67 \pm 0.10 \mu\text{mol} \cdot \text{cm}^2 \cdot \text{d}^{-1}$  and (2) a steady state  
22 uptake ( $V_M$ ) of  $0.07 \pm 0.03 \mu\text{mol} \cdot \text{cm}^2 \cdot \text{d}^{-1}$ . Mean internal storage capacity ( $\text{ISC}_P$ ) of  
23  $0.73 \pm 0.13 \mu\text{mol} \cdot \text{cm}^2$  was calculated for DIP. DIP uptake did not affect DIN uptake.  
24 Parameters of DIN uptake were also calculated:  $V_S = 12.54 \pm 1.90 \mu\text{mol} \cdot \text{cm}^2 \cdot \text{d}^{-1}$ ,  
25  $V_M = 2.26 \pm 0.86 \mu\text{mol} \cdot \text{cm}^2 \cdot \text{d}^{-1}$ , and  $\text{ISC}_N = 22.90 \pm 6.99 \mu\text{mol} \cdot \text{cm}^2$ . Combining  $\text{ISC}$  and  $V_M$

26 values of P and N, nutrient storage capacity of *U. lactuca* was estimated to be sufficient for  
27 approximately 10 days. Both P and N storage capacities were filled within two days when  
28 exposed to saturating nutrient concentrations, and uptake rates declined thereafter at 90% for  
29 DIP and at 80% for DIN. Our results contribute to understanding the ecological aspects of  
30 nutrient uptake kinetics in *U. lactuca* and quantitatively evaluates its potential for  
31 bioremediation and/or biomass production for food, feed and energy.

32

33 **Keywords (5):**

34 *Ulva lactuca* - uptake kinetics - phosphate uptake - nitrate uptake - storage capacity

35

36 **Introduction**

37 Seaweeds are important primary producers. An essential macronutrient for  
38 maintaining the metabolism and growth of these autotrophs is dissolved inorganic  
39 phosphorus (DIP), along with dissolved inorganic nitrogen (DIN). Understanding the demand  
40 and management strategy for nutrients by seaweeds is economically and ecologically of  
41 central importance, as it allows for optimal manipulation in cultivation and bioremediation  
42 applications (Gao et al.2017). Furthermore, an insight into nutrient management of seaweeds  
43 opens opportunities to forecast ecological impacts of nutrient limitation and shifts in  
44 limitation from one element to another, all of which can significantly affect the internal  
45 composition, physiology and growth of seaweeds (Pederson and Borum 1996, Gevaert et al.  
46 2001).

47 Nutrient uptake by seaweed can be split into three distinct phases, referred to as surge  
48 uptake ( $V_s$ ), metabolic or internally controlled uptake ( $V_M$ ), and externally controlled uptake  
49 ( $V_e$ ) (Conway et al. 1976, Harrison et al. 1989).  $V_s$  refers to the filling of internal nutrient  
50 pools, uncoupled from growth (Conway et al. 1976), and has often been described for

51 nutrient-starved seaweeds (e.g. Fujita 1985, Harrison et al. 1989, Dy and Yap 2001). The  
52 uptake rates gradually decrease as internal nutrient pools in cytoplasm and vacuoles are filled  
53 (Rosenberg et al. 1984, Fujita 1985). When internal nutrient concentrations are constant and  
54 relative uptake rates of nutrients remain relatively stable over time,  $V_M$ , which is considered  
55 equal to the rate of assimilation, is attained (Taylor and Rees 1999, Barr et al. 2004). The  
56 previously filled nutrient pools can be utilized at times of low external nutrient availability  
57 (Probyn and Chapman 1982, Pederson and Borum 1996).

58 *Ulva lactuca* (Linnaeus), a seaweed in the division Chlorophyta, is found worldwide  
59 and is prolifically abundant where nutrients are readily available (Morand and Merceron  
60 2005). *U. lactuca* has been identified as a promising species in water treatment facilities  
61 (biofilters) and in integrated multi-trophic aquaculture (IMTA) systems (e.g. Cohen and  
62 Neori 1991, Neori et al. 2003). *U. lactuca* is also recognized as a promising species for  
63 commercial mass cultivation and subsequent production of food, animal feed and fertilizer  
64 (Critchley and Ohno 1998, Sahoo 2000, Thangaraju 2008, Holdt and Kraan 2011). Only a  
65 few studies have examined DIP-uptake kinetics and internal DIP-storage capacity in  
66 seaweeds in general (e.g. Gordon et al. 1981, Chopin et al. 1997, Gordillo et al. 2002,  
67 Pederson et al. 2010, Gao et al. 2017) and in *U. lactuca*, in particular (Runcie et al. 2004,  
68 Tsagkamilis et al. 2010). The majority of studies related to the efficiency of N and P removal  
69 from seawater by *U. lactuca* have been conducted under field conditions (Neori et al. 1991,  
70 Neori et al. 2003, Naldi and Viaroli 2002). For example, Tsagkamilis et al. (2010) indicated  
71 finding an optimal combination of biomass and water flow rates for satisfactory nutrient  
72 uptake by *U. lactuca*, by measuring DIP removal from the effluent in a small-scale water  
73 treatment facility. Quantification of DIP uptake kinetics over time, however, and the  
74 saturating storage capacity of DIP in *U. lactuca* has not yet been studied. In addition, uptake  
75 kinetics are usually expressed as functions of either fresh weight (FW), dry weight (DW) or

76 surface area to volume (SA:V), which makes it difficult to compare data accurately without  
77 conversion.

78 In this study, we present the DIP-uptake kinetics of *U. lactuca* exposed to a range of  
79 nominal  $\text{PO}_4^{3-}$  concentrations ( $1 - 50 \mu\text{mol} \cdot \text{L}^{-1}$ ). This range of concentrations is equivalent  
80 to exposing *U. lactuca* to phosphate concentrations of  $0.02 - 0.67 \mu\text{mol} \cdot \text{L}^{-1} \cdot \text{cm}^{-2}$ , which is  
81 within the range of natural concentrations. The experiments were performed under laboratory  
82 conditions, controlling for temperature, light and hydrodynamics in a “pulse-and-chase” (i.e.  
83 add a pulse of nutrients and follow their removal from the water over time) approach over 10  
84 days. DIP-uptake kinetics and storage capacity were quantified, as well as N:P-uptake  
85 dynamics, and all were standardized for SA. In order to make comparisons possible with  
86 other standardizations, we calculated factors for conversion to fresh weight (FW) and dry  
87 weight (DW).

88

## 89 **Material and methods**

90 All experiments and analyses were conducted at the Royal Netherlands Institute for  
91 Sea Research (NIOZ), Texel, the Netherlands. Clean and healthy fronds of *U. lactuca* (after  
92 Stegenga and Mol 1983), originally collected from the coastline of the island of Texel in the  
93 summer of 2013, were obtained from the NIOZ Seaweed Centre  
94 ([www.nioz.nl/seaweedcentre](http://www.nioz.nl/seaweedcentre)) cultivation tanks in September of 2014 and transferred to a  
95 temperature-controlled ( $12.0 \pm 0.6 \text{ }^\circ\text{C}$ ) room for a 10-day adaptation phase under fully  
96 controlled laboratory conditions in nutrient depleted seawater ( $\text{PO}_4^{3-} = 0.008 \mu\text{mol} \cdot \text{L}^{-1}$ ,  
97  $\text{NH}_4^+ = 0.022 \mu\text{mol} \cdot \text{L}^{-1}$  and  $\text{NO}_3^- = 0.003 \mu\text{mol} \cdot \text{L}^{-1}$ ). This ensured that the *U. lactuca* were  
98 nutrient starved after 10 days (after Fujita et al. 1985).

99 Following the adaptation/starvation phase, *U. lactuca* fronds of comparable sizes  
100 ( $76.4 \pm 11.5 \text{ cm}^2$ ) were individually transferred into 200 ml glass flasks filled with 100 ml

101 seawater medium and enriched with a range of nominal  $\text{PO}_4^{3-}$  concentrations (1 – 50  $\mu\text{mol} \cdot$   
102  $\text{L}^{-1}$  added) with three replicates for each of the  $\text{PO}_4^{3-}$  concentrations. The relation between  
103 nominal  $\text{PO}_4^{3-}$  concentration of the seawater medium and comparable SA of *U. lactuca*  
104 resulted in a mean DIP availability ranging from  $0.02 \pm 0.01$  to  $0.67 \pm 0.12 \mu\text{mol} \cdot \text{L}^{-1} \cdot \text{cm}^{-2} \cdot \text{d}^{-1}$ ,  
105 resembling a concentration range within the scope of natural phosphate concentration  
106 fluxes. The seawater medium was refreshed (“pulsed”) to its intended nominal concentration  
107 on a daily basis, and samples for dissolved nutrient analysis were taken (“chased”). Each day,  
108 after the seawater medium had been refreshed, all flasks were randomly distributed to  
109 minimize differences in light availability on a rotating table providing moderate water  
110 movement at a speed of 100 rpm. A constant water movement was maintained for optimal  
111 mixing and, hence, availability of nutrients by decreasing diffusion boundary layers between  
112 tissue and medium (e.g. Gonen et al. 1995, Hurd 2000), assuming that uptake rates become  
113 limited by factors such as enzyme activity (Wheeler et al. 1988). Two tubular fluorescent  
114 lamps (OSRAM L18 Watt 965, Deluxe cool daylight), attached 50 cm above the flasks,  
115 provided a PAR light intensity of  $80 \pm 8 \mu\text{mol} \cdot \text{m}^{-2} \cdot \text{s}^{-1}$  (light meter ULM- 500, Walz,  
116 Germany) inside the glass flasks. A light/dark period of 16/8 h was maintained throughout  
117 the experiments.

118

119 *Seawater medium*

120 As a base for the seawater medium, we used filtered (cellulose acetate filter 0.2  $\mu\text{m}$ ,  
121 Sartorius, Germany) nutrient-poor seawater from the North Atlantic Ocean (salinity 34.5)  
122 with low phosphate ( $\text{PO}_4^{3-}$ ;  $0.008 \mu\text{mol} \cdot \text{L}^{-1}$ ), ammonium ( $\text{NH}_4^+$ ;  $0.022 \mu\text{mol} \cdot \text{L}^{-1}$ ) and  
123 nitrate ( $\text{NO}_3^-$ ;  $0.003 \mu\text{mol} \cdot \text{L}^{-1}$ ) concentrations. After pasteurization of the seawater (80 °C  
124 for 2h), the salinity was adjusted to 29.5, as measured at the NIOZ seaweed centre and  
125 around the island of Texel, by mixing with ultrapure water (Milli-Q, Merck KGaA,

126 Massachusetts, USA), followed by adding mono-ammonium-dihydrogen-phosphate  
127  $((\text{NH}_4)\text{H}_2\text{PO}_4)$  and potassium nitrate ( $\text{KNO}_3$ ) as sources for  $\text{PO}_4^{3-}$ ,  $\text{NH}_4^+$  and  $\text{NO}_3^-$  until  
128 reaching the desired nominal concentrations (treatments) of 1.0, 1.5, 2.5, 4.0, 7.0, 13.0, 25.0  
129 and  $50.0 \mu\text{mol} \cdot \text{L}^{-1}$  of  $\text{PO}_4^{3-}$  and  $\text{NH}_4^+$ . The  $\text{NO}_3^-$  concentration was set to  $5000 \mu\text{mol} \cdot \text{L}^{-1}$   
130 (Table 1). The pH of the medium, measured using a pH-Meter (GHM-3511, Greisinger,  
131 Germany), was  $8.1 \pm 0.1$  ( $n=8$ ) after pasteurization and adding nutrients.

132

### 133 *Nutrient analysis*

134 Nutrients (DIP, DIN=nitrate and ammonium) were measured with colorimetric  
135 analysis using a Technicon TRAACS 800 auto-analyzer (Seal Analytical, Germany) in the  
136 NIOZ Texel nutrient laboratory. DIP was measured as ortho-phosphate ( $\text{PO}_4^{3-}$ ) at 880 nm  
137 after the formation of molybdophosphate complexes (Murphy and Riley, 1962). DIN (nitrate  
138 and nitrite) was calculated after nitrate reduction to nitrite through a copperized cadmium coil  
139 and measured at 550 nm after complexation with sulphanylamide and  
140 naphthylethylenediamine (Grasshoff et al. 1983). Ammonium ( $\text{NH}_4^+$ ) was measured at 630 nm  
141 after the formation of an indophenol blue complex with phenol and sodium hypochlorite at  
142 pH 10.5. Citrate was used as a buffer and complexant for calcium and magnesium at this pH  
143 (Koroleff 1969 and optimized by Helder and de Vries 1979). Precision for all the measured  
144 channels within the automated nutrient analyzer was better than 0.25% (personal  
145 communication K. Bakker, NIOZ).

146

### 147 *Nutrient uptake kinetics*

148 Nutrient uptake is referred to as the removal of dissolved inorganic phosphate (DIP),  
149 nitrate and nitrite (DIN), and ammonium from the medium by *U. lactuca*. Daily uptake rates

150 (V) were derived from changes in the nutrient concentrations of the seawater medium during  
 151 each day, normalized for SA (cm<sup>2</sup>) and time (d), and calculated using the following equation:

$$152 \quad V = (T_1 - T_2) SA^{-1} t^{-1},$$

153 with T<sub>1</sub> as the initial nutrient concentration, T<sub>2</sub> as the nutrient concentration before water  
 154 exchange after 24 h, SA as surface area (cm<sup>2</sup>) and t as the incubation time (hours).

155 Two different uptake rates over time were categorized: surge uptake (V<sub>S</sub>, S for surge)  
 156 after starvation and maintenance uptake with filled nutrient pools (V<sub>M</sub>, M for maintenance).

157 The intervals over which V<sub>S</sub> and V<sub>M</sub> were calculated are indicated in Figure 1. V<sub>S</sub> was  
 158 calculated from uptake rates in a non-limiting nutrient concentration using the following  
 159 equation:

$$160 \quad V_S = (V_2 - V_1) (d_2 - d_1)^{-1} = \Delta V \Delta d^{-1},$$

161 where V<sub>1</sub> and V<sub>2</sub> are daily uptake rates on days before a significant decline in uptake rates  
 162 occurs and no significant variations in nutrient uptake follow. The difference operator  
 163 between the two days is represented by d<sub>1</sub> and d<sub>2</sub>.

164 Internal storage capacity (ISC) is the maximum filling capacity of internal nutrient  
 165 pools, which was calculated using the following equation:

$$166 \quad ISC_{N,P} = \sum(i \epsilon V_S) - n V_M,$$

167 where *i* represents the daily nutrient uptake from initial exposure and is an element of V<sub>S</sub>, *n*  
 168 accounts for the number of days from initial exposure to when V<sub>S</sub> significantly declined and  
 169 V<sub>M</sub> is the daily uptake when nutrient pools are full. A saturation of these pools is indicated by  
 170 a significant decline in uptake rates (Figure 1).

171

## 172 *Surface area analysis*

173 *U. lactuca* fronds were spread flat on a white background and covered with a  
 174 transparent Plexiglas sheet to avoid folding and wrinkling of the frond. A ruler was placed



175 next to the Plexiglas for scale comparison. Photographs (Panasonic Lumix DMC-FT5) were  
176 taken on days 1, 3, 5, 7 and 10, enabling an analysis of surface area (SA) by using the open  
177 source software ImageJ (ImageJ, U. S. National Institutes of Health, Maryland, USA). For  
178 analysis of SA and to exclude non-pigmented (dead) areas and holes, the scanned colored  
179 photograph was converted into grayscale (type 8-bit) and further processed into a binary  
180 image before 'particles' (pixels) of the pigmented SA could be analyzed. The software's  
181 automated threshold displayed the pigmented SA as dark areas within the grayscale. To  
182 analyze the SA, including overlapping tissue (darker), the threshold routine was set to manual  
183 mode, which allowed for adjustment of the contrast according to the level of overlapping  
184 portions of an individual for a refined analysis. The obtained SA represents one side of the  
185 two-cell thick lamina of *U. lactuca*. Differences in SA over time were indicated as growth.  
186 Relative growth rates ( $\mu$ ) were calculated according to Kain (1987) using the following  
187 equation:

$$188 \mu = (\ln SA_1 - \ln SA_2) t^{-1},$$

189 where  $SA_1$  represents the initial surface area, and  $SA_2$  represents the final surface area after  
190 incubation time  $t$ .

191

#### 192 *Relation of SA to fresh weight (FW) and dry weight (DW)*

193 In order to make comparisons possible with our uptake kinetics standardized for SA,  
194 conversions to fresh weight (FW) and dry weight (DW) were made. Sixty individuals of *U.*  
195 *lactuca* were centrifuged in a top-loading laundry spinner (BOSCH, 2800 U/min, 350 W) for  
196 1 minute to dispose of excess water and measured for FW. After this, photographs were taken  
197 for SA analysis. Subsequently, to determine DW, the same individuals were quickly rinsed in  
198 MilliQ<sup>TM</sup> to prevent salt residue from forming on the samples after the drying process, and

199 dried for 72 h at 60°C. Both FW and DW were determined using a Mettler Toledo balance  
200 (accuracy: 0.01g).

201

## 202 *Statistics*

203 All data were tested for normality with the Kolmogorov-Smirnoff test (KS test) for  
204 cumulative probability distribution. A two-sided ANOVA was performed to test whether  
205 growth rates and nutrient uptake rates varied significantly within and between different  
206 nutrient concentrations over time.

207

## 208 **Results**

### 209 *Growth*

210 The mean initial surface area of *U. lactuca* (n = 24) in all experimental treatments was  
211  $76.4 \pm 11.5 \text{ cm}^2$  (SA $\pm$ SD) and increased to a mean SA of  $84.2 \pm 14.9 \text{ cm}^2$  after 10 days, which  
212 represents significant growth (ANOVA,  $F_{1,23} = 6.20$ ,  $p \leq 0.001$ ). Mean growth between days  
213 1 and 3 was moderate (4.4%) and gradually decreased to very low (0.6%) between days 7 and  
214 10 (Figure 2). No significant differences in growth between the different DIP treatments  
215 were observed (ANOVA,  $F_{7,23} = 4.12$ ,  $p = 0.087$ ).

216

### 217 *Relation of Surface Area to FW and to DW*

218 In order to facilitate conversion of the values determined in our study to other  
219 standardizations, for example FW or DW, the SA to FW and to DW relations were  
220 determined experimentally for *U. lactuca*. Sixty individuals of *U. lactuca* with SA ranging  
221 from 5 to 660  $\text{cm}^2$  were analyzed for FW and DW. SA was highly correlated to both, FW (R  
222 = 0.991) and DW (R = 0.988), and showed linearly increasing trends: for FW,  $y = 0.013x$ ; for

223 DW,  $y = 0.0026x$  (Figure 3). This implies, for example, that an *Ulva* frond of 100 cm<sup>2</sup> would  
224 have a FW of 1.30 g and a DW of 0.26 g. DW was 20% of corresponding FW.

225

226

227 *Nutrient uptake kinetics*

228 DIP uptake

229 The maximum DIP surge uptake rate for *U. lactuca* was calculated to be  $0.7 \pm 0.1$   
230  $\mu\text{mol} \cdot \text{cm}^{-2} \cdot \text{d}^{-1}$  (average  $\pm$  SD,  $n=3$ ), while the mean DIP maintenance uptake rate with  
231 filled storage,  $V_M$  of DIP, was  $0.07 \pm 0.03 \mu\text{mol} \cdot \text{cm}^{-2} \cdot \text{d}^{-1}$ .

232 *U. lactuca* exposed to DIP concentrations  $<7 \mu\text{mol} \cdot \text{L}^{-1}$  depleted all the DIP within 24  
233 h, which was faster than the DIP refreshment rate of the medium and indicates non-saturating  
234 DIP concentrations (Figure 4). When exposed to  $7 \mu\text{mol} \cdot \text{L}^{-1}$ , *U. lactuca* did not show any  
235 significant variations in DIP uptake rates over time (Table 2,) and removal of DIP from the  
236 flasks remained approximately 100% (Figure 4). The average DIP uptake relative to SA in  
237 this treatment was  $0.07 \pm 0.03 \mu\text{mol} \cdot \text{cm}^{-2}$  on day 10, which is equivalent to  $V_M$  and  
238 approximately accounts for 100% of the offered DIP over the 10-day assay. When exposed to  
239 concentrations  $>7 \mu\text{mol} \cdot \text{L}^{-1}$  (13, 25 and  $50 \mu\text{mol} \cdot \text{L}^{-1}$ ), DIP uptake was initially equal to  
240 available DIP, but eventually decreased to become lower than DIP availability, indicating  
241 saturating concentrations. There was a strong correlation between residual DIP concentration  
242 and time of exposure ( $R = 0.84$ ). This time lag before a significant reduction in uptake was  
243 longer for lower concentrations of DIP availability, occurring on day 5 for  $13 \mu\text{mol} \cdot \text{L}^{-1}$ , day  
244 3 for  $25 \mu\text{mol} \cdot \text{L}^{-1}$  and day 2 for  $50 \mu\text{mol} \cdot \text{L}^{-1}$  (Figure 4). DIP uptake at concentrations of 13  
245 and  $25 \mu\text{mol} \cdot \text{L}^{-1}$  converged after day 4. For the DIP availability level of  $50 \mu\text{mol} \cdot \text{L}^{-1}$ ,  
246 however, uptake increased again between days 5 and 7 (Figure 4) before significantly  
247 decreasing between days 7 and 9 (Table 2). After day 9, DIP uptake rates at  $50 \mu\text{mol} \cdot \text{L}^{-1}$

248 were similar to those that had been reached by the 13 and 25  $\mu\text{mol} \cdot \text{L}^{-1}$  treatments after day 4  
249 (Figure 4).

250

#### 251 DIN uptake

252 Similar to DIP uptake, the variations in DIN uptake were strongly correlated with  
253 time of exposure ( $R = 0.987$ ) and highly significant over time (ANOVA,  $F_{7,79} = 44.59$ ,  $p \leq$   
254  $0.001$ ), but not between treatments with varying DIP and  $\text{NH}_4^+$  concentrations (ANOVA,  
255  $F_{7,23} = 0.57$ ,  $p = 0.944$ ). DIN uptake showed no correlation with DIP uptake ( $R = 0.223$ ) or  
256  $\text{NH}_4^+$  availability ( $R = -0.027$ ). Mean DIN surge uptake was  $12.5 \pm 1.9 \mu\text{mol} \cdot \text{cm}^{-2} \cdot \text{d}^{-1}$   
257 (Figure 5). This surge uptake was followed by a highly significant decrease of DIN uptake on  
258 days 2 and 3, after which uptake continued without significant differences between time steps  
259 (Table 2). Mean initial DIN uptake rates with empty DIN-storage ( $V_S$ ) dropped by 80.7%  
260 within the first 4 days, indicating DIN-storage had been filled and uptake rates only served to  
261 maintain metabolism ( $V_M$ ). The  $V_{M(\text{DIN})}$  was calculated to be  $2.3 \pm 0.9 \mu\text{mol} \cdot \text{cm}^{-2} \cdot \text{d}^{-1}$ .

262

#### 263 *Storage capacity*

#### 264 DIP storage

265 Based on DIP uptake dynamics corresponding to the decline of uptake rates over time,  
266 when exposed to nominal DIP concentration of 13–50  $\mu\text{mol} \cdot \text{L}^{-1}$  (Figure 4), we calculated an  
267 internal DIP storage capacity of  $0.7 \pm 0.1 \mu\text{mol} \cdot \text{cm}^{-2}$ . The significant declines in DIP uptake  
268 found on days 5, 3, and 2 when exposed to DIP concentrations of 13, 25 and 50  $\mu\text{mol} \cdot \text{L}^{-1}$ ,  
269 respectively (Table 2), indicate a time shift in DIP saturation from accumulation of DIP from  
270 the seawater medium on days 4, 2 and 1 (Figure 4). This occurred after a mean DIP  
271 concentration of  $0.7 \pm 0.1 \mu\text{mol} \cdot \text{cm}^{-2}$  had been removed from the flasks (Figure 6).

272

#### 273 DIN storage

274 A total mean of  $43.3 \pm 5.0 \mu\text{mol} \cdot \text{cm}^{-2}$  DIN was removed from all flasks by *U. lactuca*  
275 within 10 days. 29% of all removed DIN were taken up on day 1 during maximum surge  
276 uptake with a mean DIN accumulation of  $12.5 \pm 1.9 \mu\text{mol} \cdot \text{cm}^{-2}$  (Figure 7). After no  
277 significant variations in daily DIN uptake occurred after day 3 (Table 2), we concluded that  
278 internal DIN storage had been filled. Accordingly, a DIN storage capacity of  $22.9 \pm 7.0 \mu\text{mol} \cdot$   
279  $\text{cm}^{-2}$  was calculated.

280

#### 281 *N:P dynamics*

282 DIP uptake showed no correlation ( $R = 0.223$ ) to DIN uptake, and the initial filling of  
283 the internal nutrient pools during  $V_S$  indicated an N:P ratio of 20:1. After internal storage  
284 cells had been filled and uptake proceeded after reaching  $V_M$ , the N:P ratio levelled off to  
285 30:1.

286

#### 287 **Discussion**

288 *U. lactuca* has a maximum thickness of two cell layers; consequently, every cell is in  
289 contact with its environment, which makes it an ideal candidate to analyze nutrient uptake  
290 kinetics and apply standardized functions of SA for an accurate analysis of nutrient uptake.  
291 Growth and nutrient uptake rates in starved *U. lactuca* were not linear over time, and DIP  
292 uptake dynamics were clearly different between non-saturating ( $<7 \mu\text{mol} \cdot \text{L}^{-1}$ ) and saturating  
293 ( $>7 \mu\text{mol} \cdot \text{L}^{-1}$ ) DIP concentrations.

294

#### 295 *Growth*

296 As growth was not significantly different in treatments with different DIP  
297 concentrations, the range of offered nominal DIP concentration ( $1\text{-}50 \mu\text{mol} \cdot \text{L}^{-1}$ ) was not the  
298 decisive factor for increasing surface area (SA). The increase of total SA is in agreement with

299 reported growth rates for *U. lactuca* (Fortes and Lüning 1980, Fujita 1985). Determination of  
300 SA, as a non-destructive method to infer growth, showed a gradual decrease in growth  
301 (Figure 2), which aligns with reported results for *U. lactuca* by other authors (Ale et al.  
302 2011). This decrease in growth may be caused by a shift to a reproductive state, inhibiting  
303 vegetative growth in *U. lactuca* (Bruhn et al. 2011).

304

### 305 *Nutrient uptake dynamics*

306 Two phases of transient responses to nutrient pulses were measured: (1) an initial  
307 surge uptake (sensu Conway et al. 1976) after starvation and (2) maintenance (steady state)  
308 uptake rates, as measured in continuous cultures (Probyn and Chapman 1982).

309

### 310 *DIP uptake*

311 In agreement with the total DIP availability in different treatments,  $V_S$  was  
312 maintained until the ISC had been filled (Figure 4, Table 2). This initial filling of internal  
313 nutrient pools under  $V_S$  has often been described for nutrient-starved seaweeds (e.g. Fujita  
314 1985, Harrison et al. 1989, Dy and Yap 2001). Although maximum  $V_S$  for DIP could not be  
315 determined accurately, since all offered DIP was depleted in all the treatments on day 1  
316 (Figure 4), an approximation of  $0.66 \pm 0.12 \mu\text{mol} \cdot \text{cm}^{-2} \cdot \text{d}^{-1}$  appears realistic. The  $V_{M(\text{DIP})}$  for  
317 maintenance DIP requirements in *U. lactuca* was calculated as  $0.07 \pm 0.04 \mu\text{mol} \cdot \text{cm}^{-2} \cdot \text{d}^{-1}$ . A  
318 similar DIP uptake was found by Gao et al. (2017) for a mutant strain of *Ulva rigida*, with an  
319 uptake of  $5.7 \pm 0.04 \mu\text{mol} \cdot \text{g FW}^{-1} \cdot \text{d}^{-1}$ , which resembles an uptake of  $0.06 \pm 0.04 \mu\text{mol} \cdot \text{cm}^{-2} \cdot$   
320  $\text{d}^{-1}$ , given our correlation factors (Figure 3).

321 The oscillation in DIP uptake over a five-day interval, when exposed to DIP  
322 concentration of  $50 \mu\text{mol} \cdot \text{L}^{-1}$ , could have been caused by various interacting mechanisms,  
323 such as luxury uptake, over-compensation or stress-related responses. In general, luxury

324 uptake describes the ability of plants to store extra nutrients (for seaweeds, e.g. Harrison and  
325 Hurd 2001, and Naldi and Viaroli 2002) without prior starvation (Eixler et al. 2006). Factors  
326 that influence luxury uptake are poorly understood, but external phosphorus concentration is  
327 correlated with accumulation and utilization of acid-soluble polyphosphates (ASP) and acid-  
328 insoluble polyphosphates (AISP) in microalgae (Powell et al. 2009). Some of these  
329 polyphosphates, which are normally involved in metabolic processes, are considered to also  
330 form part of the internal short-term phosphorus storage with turnover times of approximately  
331 five days (Powell et al. 2009). This 5-day period perfectly matches our finding of re-  
332 occurring enhanced DIP uptake rates (Figure 3) when *U. lactuca* was exposed to DIP  
333 concentrations of  $50 \mu\text{mol} \cdot \text{L}^{-1}$ . Alternatively, over-compensation can be considered as an  
334 explanation for oscillating DIP uptake (Cembella et al. 1984). Over-compensation of  
335 internally stored phosphorus can occur when phosphorus-starved algae are re-introduced to  
336 high concentrations of external DIP (Aitchison and Butt 1973, Chopin et al. 1997). Finally,  
337 oscillating uptake can also reflect a stress reaction to high external nutrient concentration  
338 (e.g. Fourcroy 1999, Jiang and Yu-Feng 2008), allowing for mobilization and uptake of  
339 sufficient DIP to provide temporary relief.

340

341 *DIP storage capacity*

342         The calculated internal storage capacity (ISC) for DIP in *U. lactuca* was  $0.73 \pm 0.13$   
343  $\mu\text{mol} \cdot \text{cm}^{-2}$ . This storage can be utilized during times of low external DIP availability  
344 (Chapman and Craigie 1977, Pederson and Borum 1996) and considering the  $V_M$  value  
345 ( $0.07 \pm 0.04 \mu\text{mol} \cdot \text{cm}^{-2} \cdot \text{d}^{-1}$ ), a fully filled internal DIP storage system can fuel metabolic  
346 processes for 10 days. This corresponds with results from Fujita (1985), which showed  
347 inhibited growth of *U. lactuca* after 10 days of exposure to nutrient depleted seawater.

348

349 *DIN uptake*

350           The calculated value of the  $V_M$  for DIN in *U. lactuca* ( $2.3 \pm 0.9 \mu\text{mol} \cdot \text{cm}^{-2} \cdot \text{d}^{-1}$ ) was  
351 approximately 20% of the  $V_S$ . DIN uptake was consistent with uptake rates in other published  
352 research on *U. lactuca*. Ale et al. (2011) reported nitrate uptake of  $\sim 70 \mu\text{mol} \cdot \text{g DW}^{-1} \cdot \text{d}^{-1}$   
353 for *U. lactuca*, which is an equivalent to  $\sim 3.5 \mu\text{mol} \cdot \text{cm}^{-2} \cdot \text{d}^{-1}$ , given our correlation factors  
354 (Figure 3). It should be noted that the presence of ammonium ( $\text{NH}_4^+$ ) can influence the  
355 uptake of nitrate in *U. lactuca* (Holdt and Kraan 2011, Ale et al. 2011). In our study, daily  
356 DIN uptake was not significantly affected ( $R = -0.027$ ) by the presence of ammonium ( $\text{NH}_4^+$ ).  
357 This, in combination with the low  $\text{NH}_4^+$ : DIN ratios and the full removal of  $\text{NH}_4^+$  in all  
358 treatments throughout the experiment (not depicted), give us full confidence that the presence  
359 of ammonium had no significant effects on DIP uptake kinetics in *U. lactuca*.

360

361 *DIN storage*

362           A mean DIN storage capacity of  $22.9 \pm 7.0 \mu\text{mol} \cdot \text{cm}^{-2}$  was calculated. Thus the DIN-  
363 ISC was a 10-fold higher than DIN- $V_M$ , which is also in agreement with findings of inhibited  
364 growth in *U. lactuca* after exposure to nutrient depleted seawater for 10 days (Fujita 1985).

365

366 *N:P dynamics*

367           Uptake rates between starved ( $V_S$ ) to saturated state ( $V_M$ ) differed by a magnitude of  
368 10 for DIP and 5 for DIN. This aspect can reflect the ecological competitiveness for DIN  
369 (pulses) in opportunistic seaweed (after Littler and Littler 1980), such as *U. lactuca*.

370 Alternatively, we can conclude that *U. lactuca* was successfully starved of nutrients in the  
371 precondition phase of our experiment, independent of its nutritional history. There was no  
372 correlation between rates of uptake of DIP and DIN ( $R = 0.223$ ), which is contrary to the  
373 strong evidence of co-limitation in DIP and DIN in the brown macroalga *Fucus vesiculosus*



374 (Perini and Bracken 2014) and the red macroalga (Rhodophyta) *Palmaria palmata* (Lubsch  
375 and Timmermans, unpublished).

376 Based on  $V_M$ , an optimal N:P ratio for *U. lactuca* was estimated to be 30:1, consistent  
377 with a mean N:P ratio estimated for marine macrophytes (Atkinson and Smith, 1983).  
378 Consequently, *U. lactuca* is twice as likely to suffer from N-limitation as P-limitation when  
379 considering the Redfield ratio, the relatively consistent stoichiometric atomic ratio of N and P  
380 (16:1) found in coastal regions to open ocean. Yet, *U. lactuca* most commonly inhabits  
381 coastal zones, which can receive considerable nutrient pulses with high N:P ratios from land-  
382 based anthropogenic activities through rivers (Jickells 1998) or near-shore fish aquaculture  
383 (Pearson and Black 2001). Burson et al. (2016) reported an offshore gradient from DIP to  
384 DIN limitation in the North Sea during spring, with a nearshore N:P ratio of 375:1 and a 1:1  
385 ratio in the central North Sea. Exactly such a nearshore nutrient stoichiometry can allow *U.*  
386 *lactuca* to thrive, given its low DIP requirements.

387

#### 388 *Starvation prior to determination of DIP and DIN uptake kinetics*

389 A set-up with comparable initial physiological conditions for all organisms is a key  
390 element for representative laboratory experiments. *U. lactuca* has been reported to be able to  
391 grow for 9 days under external nitrogen depletion (Fujita 1985). Accordingly, we assumed  
392 that 10 days of nutrient starvation (P and N) would result in *U. lactuca* individuals with  
393 similar physiological status with respect to depletion of internal P and N pools, which would  
394 lead to representative and comparable responses by all individuals to varying DIP treatments.  
395 This assumption is supported by the reproducible DIP and DIN uptake kinetics found in our  
396 experiments. Our experimental results moreover confirm the period of time that *U. lactuca* is  
397 able to grow under nutrient starvation: using the experimentally determined  $V_M$  values, ISC  
398 depletion is calculated to take exactly 10 days.

399

400 *Applications and Implications*

401 In this study we offer correlation factors for SA with FW and DW in *U. lactuca*,  
402 which enables conversions between these standardization units and allows for accurate  
403 comparison of data to other studies.

404 Moreover, our standardized data adds to the physiological understanding of *U.*  
405 *lactuca*, enables estimation of ecological effects on nutrient availability and can contribute to  
406 development and modification of applications in a bio-based economy. In order to predict the  
407 efficiency of *U. lactuca* as efficient biofilter, for example in land-based tank systems (e.g.  
408 Robertson-Andersson et al. 2008, Copertino et al. 2009) or in *situ* applied biofilters at inlets  
409 of cooling water for power plants, information about uptake kinetics are indispensable and  
410 can help to control effluent and productivity for environmentally responsible practices.  
411 Despite the quickly filled ISC and the corresponding declines in nutrient uptake rates of  
412 approximately 90% for DIP and 80% for DIN in saturating concentrations, saturated state  
413 uptake rates in *U. lactuca* can significantly contribute to excess nutrient uptake, leading to  
414 less eutrophic waters and production of valuable biomass for food, feed and energy.

415

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422

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- 553



554 **Figure captions**

555 **Figure 1.** Example graph of nutrient uptake over time (days) illustrated with surge uptake  
556 ( $V_S$ ), maintenance uptake ( $V_M$ ), internal storage capacity (ISC), and  $d_1$  and  $d_2$  as difference  
557 operator between days, after a significant decrease in nutrient uptake occurs.

558 **Figure 2.** Mean surface area (SA)  $\pm$  SD (n=24) of *Ulva lactuca* on day 1, 3, 5, 7, and 10 of all  
559 treatments. No significant differences in growth between treatments with different DIP  
560 concentrations were found (ANOVA,  $F_{7,23} = 1.67$ ,  $p = 0.113$ ).

561 **Figure 3.** Relation of freshweight (FW), dryweight (DW) and surface area (SA) of *Ulva*  
562 *lactuca* (n = 60). Trendlines (FW:  $y = 0.013x$ ,  $R^2 = 0.978$ ; DW:  $y = 0.0026x$ ,  $R^2 = 0.974$ ) are  
563 illustrated.

564 **Figure 4.** Mean DIP uptake ( $\mu\text{mol} \cdot \text{L}^{-1}$ )  $\pm$  SD (n = 3) by *Ulva lactuca* in treatments with not-  
565 saturating ( $<7 \mu\text{mol} \cdot \text{L}^{-1}$ ) and saturating DIP concentrations ( $>7 \mu\text{mol} \cdot \text{L}^{-1}$ ) and daily offered  
566 (pulsed) DIP.

567 **Figure 5.** Mean DIN uptake ( $\mu\text{mol} \cdot \text{L}^{-1}$ )  $\pm$  SD (n = 24) of *Ulva lactuca* in saturating DIN  
568 concentration ( $5000 \mu\text{mol} \cdot \text{L}^{-1}$ ). No significant variances in DIN uptake between DIP  
569 treatments were found (ANOVA,  $F_{7,23} = 0.57$   $p = 0.944$ ).

570 **Figure 6.** Mean accumulation of daily removed DIP ( $\mu\text{mol} \cdot \text{cm}^{-2}$ )  $\pm$  SD (n = 3) by *Ulva*  
571 *lactuca* in not-saturating ( $<7 \mu\text{mol} \cdot \text{L}^{-1}$ ) and saturating ( $>7 \mu\text{mol} \cdot \text{L}^{-1}$ ) treatments.

572 **Figure 7.** Mean accumulation of daily removed DIN ( $\mu\text{mol} \cdot \text{cm}^{-2}$ )  $\pm$  SD (n = 24) by *Ulva*  
573 *lactuca* in all treatments with DIP concentrations ranging from 1 to  $50 \mu\text{mol} \cdot \text{L}^{-1}$ .

574

575

576 **Tables**577 **Table 1.** Daily ‘pulsed’ DIP and DIN (in  $\mu\text{mol} \cdot \text{L}^{-1}$ ) to *Ulva lactuca* in a 10 day uptake

578 experiment.

Treatment	Phosphate	Nitrate	Ammonium
A	1.0	5000	1.0
B	1.5	5000	1.5
C	2.5	5000	2.5
D	4.0	5000	4.0
E	7.0	5000	7.0
F	13.0	5000	13.0
G	25.0	5000	25.0
H	50.0	5000	50.0

in  $\mu\text{mol} \cdot \text{L}^{-1}$

579

580

581

582 **Table 2.** Significances of differences (paired T-test) in DIP and DIN uptake ( $\mu\text{mol} \cdot \text{cm}^{-2} \cdot \text{d}^{-1}$ )583 <sup>1)</sup> of *Ulva lactuca* in treatments with not-saturating ( $<7 \mu\text{mol} \cdot \text{L}^{-1}$ ) and saturating DIP.

Day	Pulsed DIP conc. ( $\mu\text{mol} \cdot \text{L}^{-1}$ )				Pulsed DIN conc. ( $\mu\text{mol} \cdot \text{L}^{-1}$ )
	7.0	13.0	25.0	50.0	5000
1 to 2	0.476	0.448	0.305	<b>0.005</b>	<b>&lt;0.001</b>
2 to 3	0.442	0.121	<b>0.006</b>	0.317	<b>0.048</b>

3 to 4	0.414	0.302	0.061	0.007	0.109
4 to 5	0.389	<b>0.001</b>	0.010	0.090	0.083
5 to 6	0.115	0.025	0.075	0.302	0.248
6 to 7	0.267	0.065	0.061	0.146	0.317
7 to 8	0.418	0.115	0.045	0.045	0.272
8 to 9	0.272	0.339	0.161	0.024	0.092
9 to 10	0.139	0.090	0.495	0.424	0.335

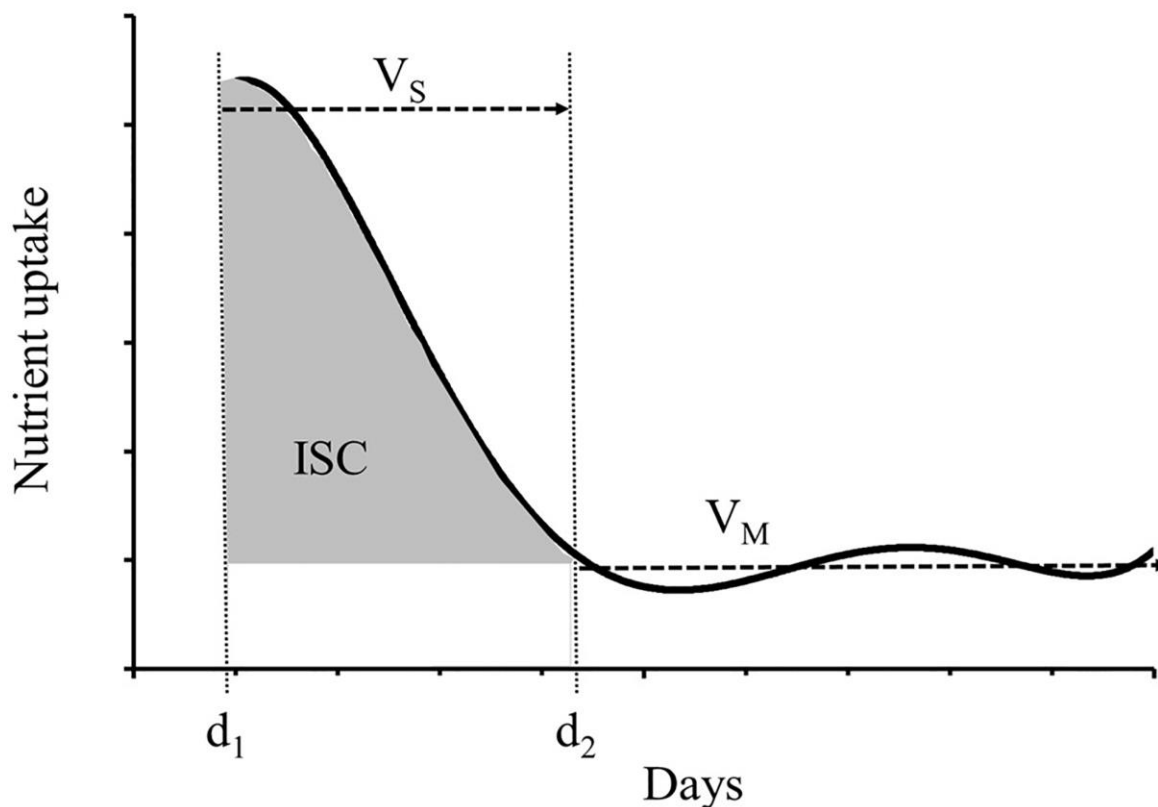
for DIP n = 3; for DIN n = 24

584

585

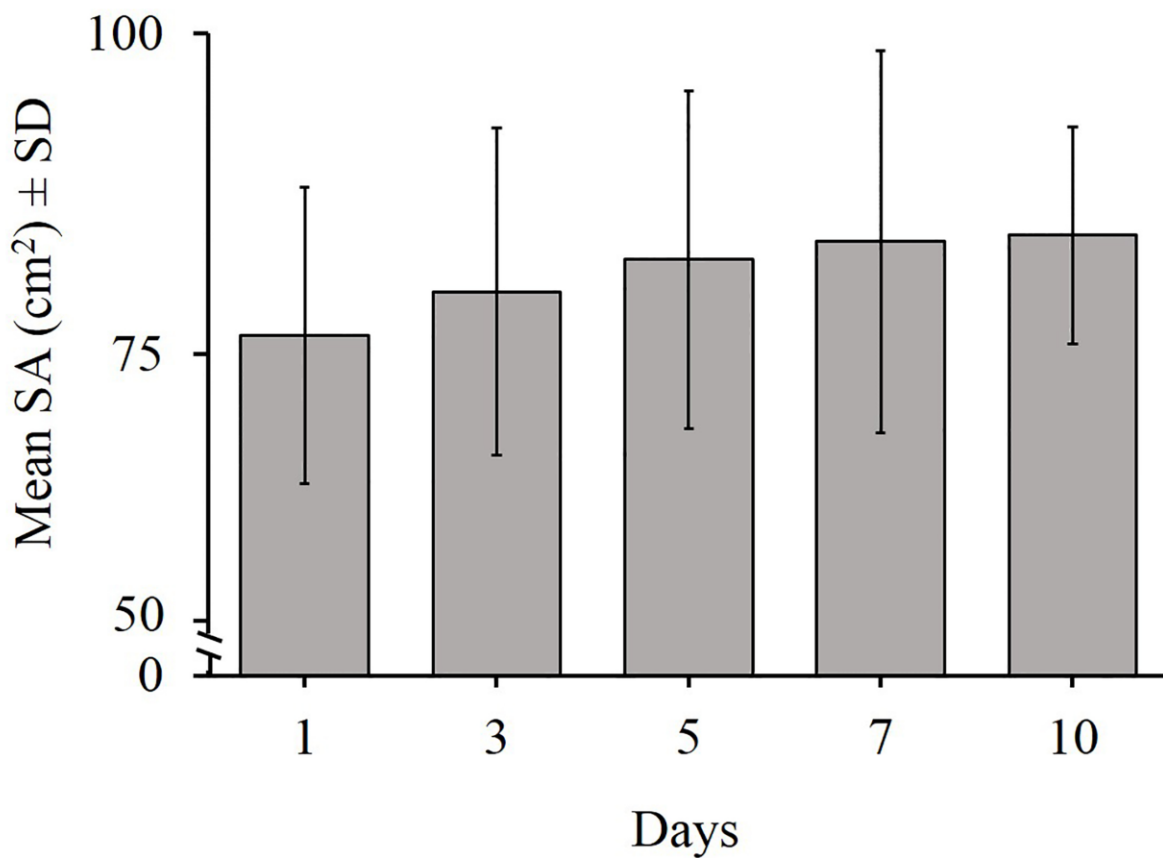
586 **Figures**

587 Figure 1



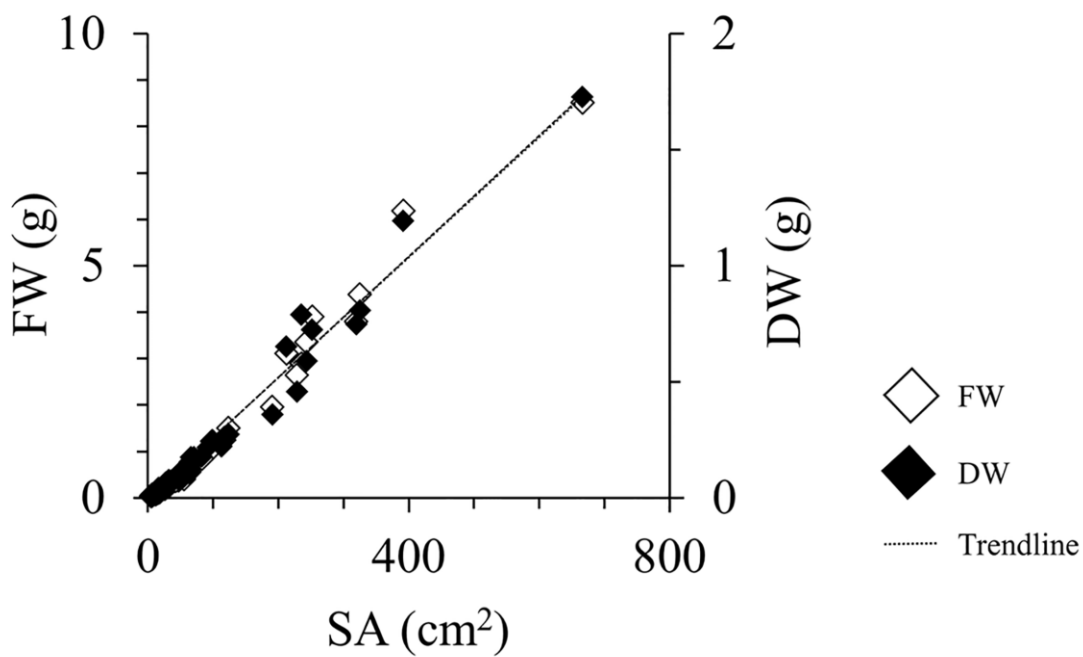
588

589 Figure 2



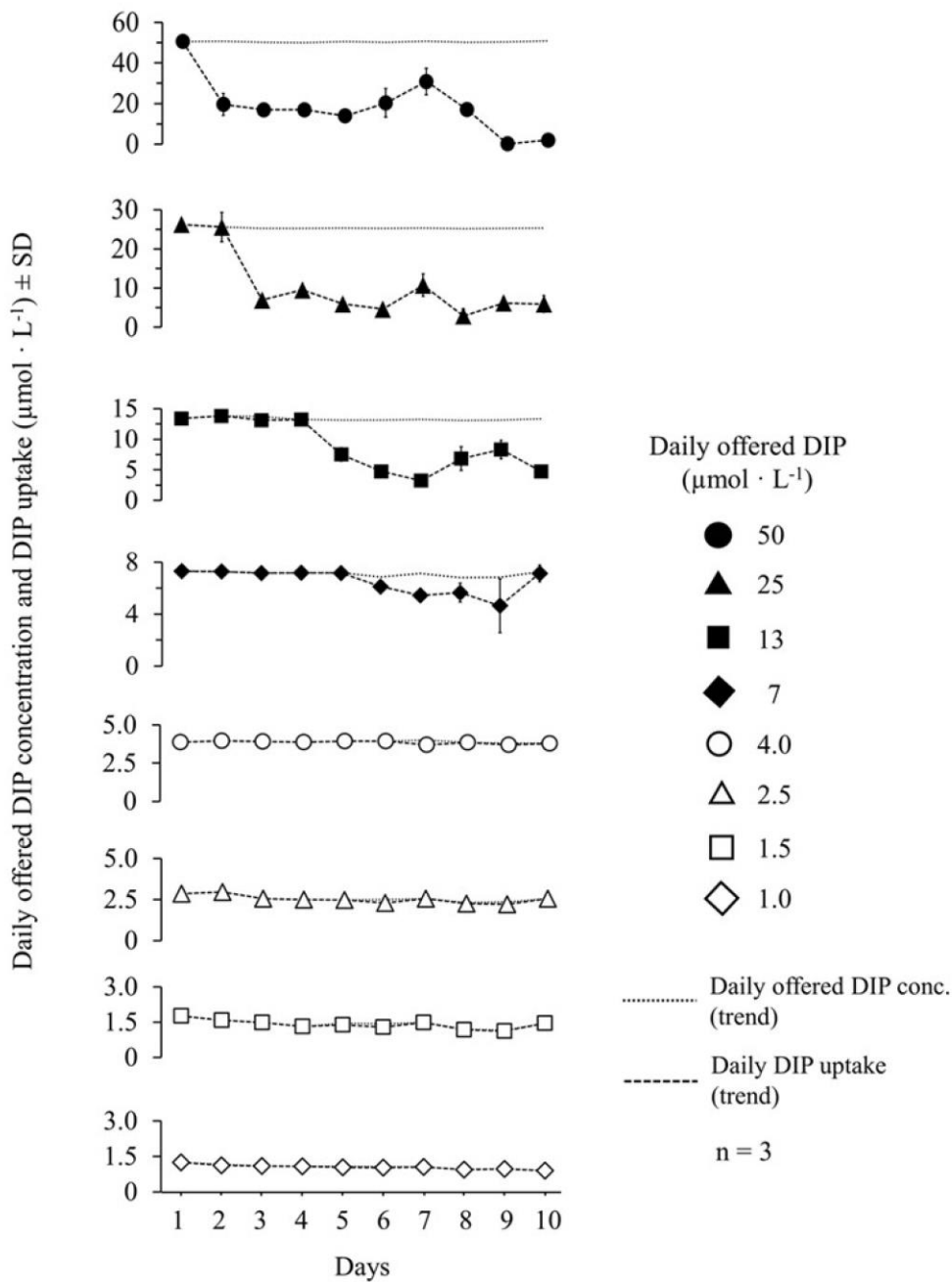
590

591 Figure 3



592

593 Figure 4



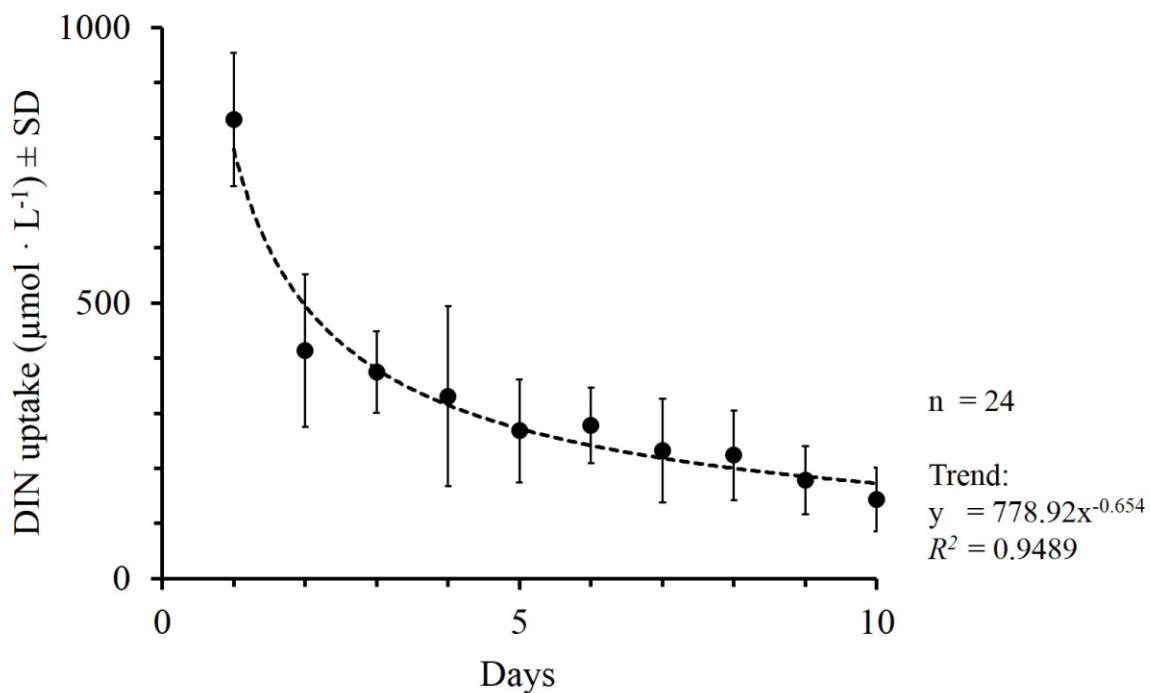
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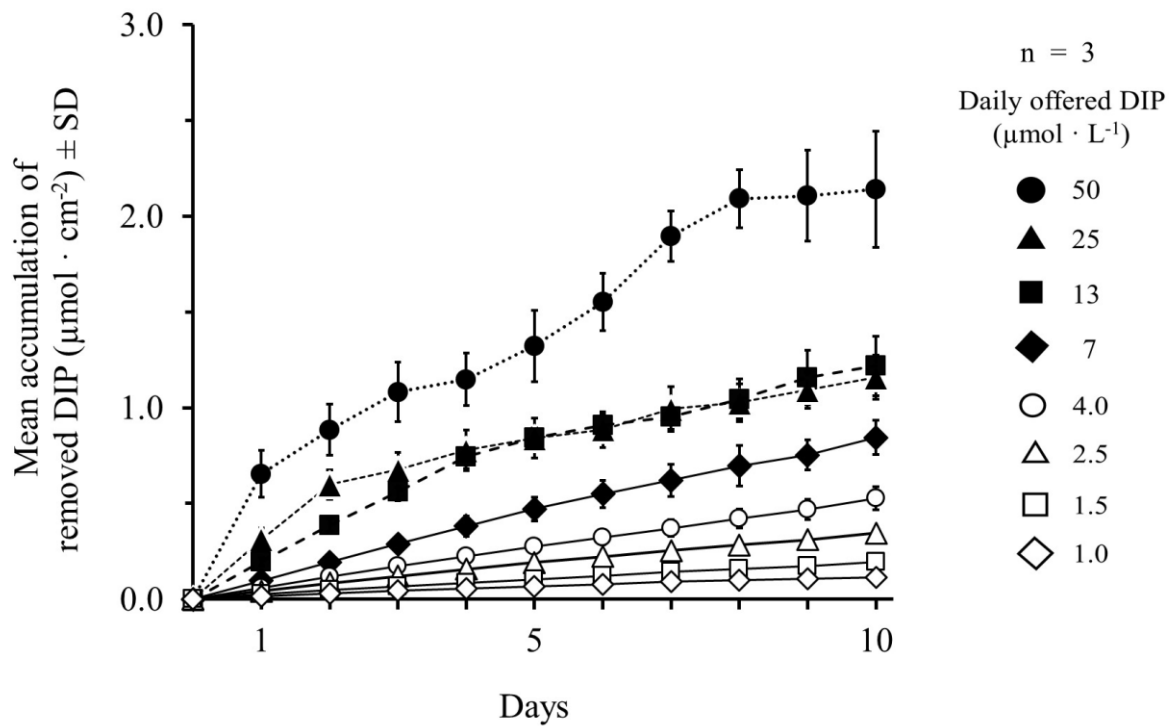
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598 Figure 5:



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600 Figure 6:

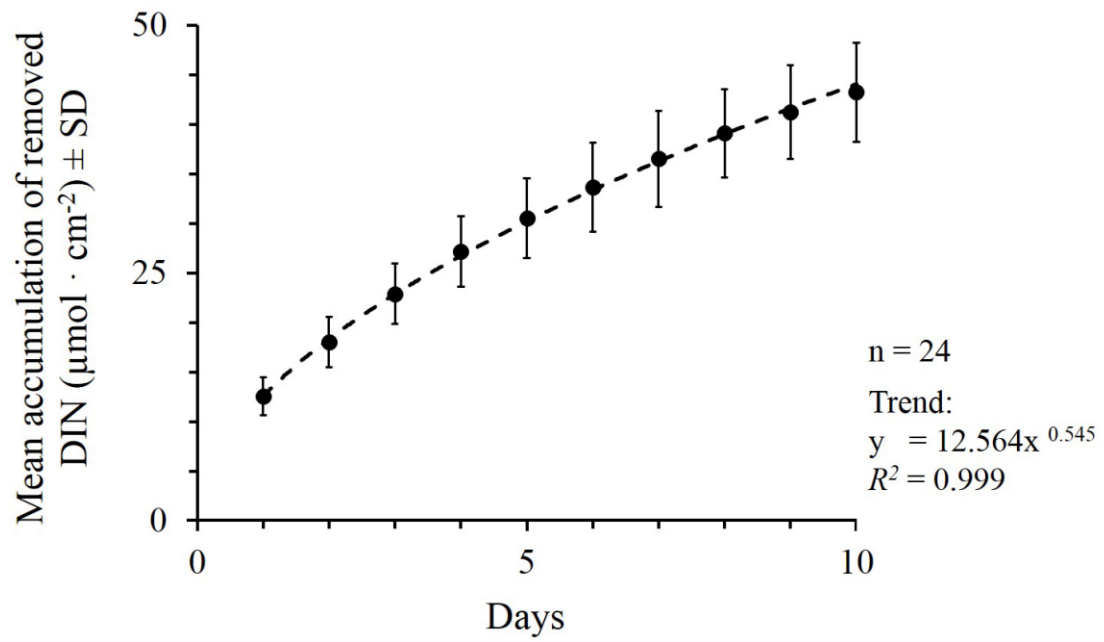


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604 Figure 7:



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