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**Testing an attachment method for solar-powered tracking devices on a long-distance  
migrating shorebird**

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**1 Abstract**

2 Small solar-powered satellite transmitters and GPS data loggers enable continuous, multi-  
3 year, and global tracking of birds. What is lacking, however, are reliable methods to attach  
4 these tracking devices to small migratory birds so that (1) flight performance is not  
5 impacted and (2) tags are retained during periods of substantial mass change associated  
6 with long distance migration. We developed a full-body harness to attach tags to Red Knots  
7 (*Calidris canutus*), a medium-sized shorebird (average mass of 124 g) that undertakes long-  
8 distance migrations. First we deployed dummy tags on captive birds and monitored them  
9 over a complete migratory fattening cycle (February–July 2013) during which time they  
10 gained and lost 31–110 g and underwent a pre-alternate moult of body feathers. Using each  
11 individual's previous year fattening and moult data in captivity as controls, we compared  
12 individual mass and moult differences between years between the tagged and reference  
13 group, and concluded the attachment did not impact mass and moult cycles. However, some  
14 birds shed feathers under the tags and under the polyester harness line commonly used in  
15 avian harnesses. Feather shedding was alleviated by switching to smoothed-bottom tags and  
16 monofilament harness lines. To field-trial this design we deployed 5 g-satellite transmitters  
17 on ten Red Knots released on 3 October 2013 in the Dutch Wadden Sea. Bird movements  
18 and tag performance appeared normal. However, nine tags stopped transmitting 11–170  
19 days post-release which was earlier than expected. We attribute this to bird mortality rather  
20 than failure of the attachments or transmitters and suggest that the extra weight and drag  
21 caused by the tag and its feather-blocking shield increased the chance of depredation by the  
22 locally common Peregrine Falcons (*Falco peregrinus*). Our results demonstrate that  
23 species- and place-specific contexts can strongly determine tagging success. While captive  
24 trials are an important first step in developing an attachment method, field trials are  
25 essential to fully assess attachment designs.

26

27 Keywords: *Calidris canutus*, harness design, satellite transmitter, tag retention, telemetry

28

## 29 **Introduction**

30 In the past decade, satellite telemetry and GPS (Global Positioning System) tracking studies  
31 have revolutionized our understanding of local movements, dispersal and migration  
32 patterns (Tomkiewicz et al. 2010, Bridge et al. 2011). Satellite transmitters, also called  
33 platform transmitter terminals (PTTs), send signals at interval of 60–65 s during pre-  
34 programmed transmitting periods. The Argos receiving system (CLS, Inc. Collecte  
35 Localization Satellites, [www.argos-system.org](http://www.argos-system.org)) collects the signals via satellite, and a bird's  
36 position is subsequently calculated. GPS tags receive signals from a network of GPS  
37 satellites and store the position data within the device. Depending on tag design, tag  
38 retrieval, remote downloading, or data transmission via satellites are required to download  
39 the data (for reviews see Bridge et al. 2011 and Klaassen et al. 2014). Both satellite and  
40 GPS technologies enable animal tracking at a global scale. Solar-powered (i.e.  
41 rechargeable) satellite transmitters are now as small as 5 g (Microwave Telemetry, Inc.),  
42 while solar-powered GPS data loggers are as small as 6 g (UvA-BiTS [www.uva-bits.nl](http://www.uva-bits.nl);  
43 Bouten et al. 2013), enabling multi-year tracking of small bird species.

44 Tracking devices can be implanted or externally attached (see Hooijmeijer et al.  
45 2014), but for solar-harvesting devices, external attachment is necessary. For external  
46 devices the design components that facilitate charging (e.g., feather shields, elevating  
47 platforms) are important considerations. Since the early days of VHF radio tagging, various  
48 external attachment techniques have been developed. For shorebirds, gluing the radio tag  
49 onto the bird's back (Warnock and Warnock 1993) has been a preferred and very successful  
50 method. For example, 1.3–1.8 g glue-mounted radio tags have been used to successfully  
51 track movements of Red Knots (*Calidris canutus*) in both the Dutch Wadden Sea (van Gils  
52 and Piersma 1999; Nebel et al. 2000; van Gils et al. 2005, 2006; Spaans et al. 2009) and in

53 northwest Australia (Battley et al. 2005; Rogers et al. 2006). Gluing is a relatively simple  
54 process that can be completed at the banding site, and birds will shed the tag at or before  
55 the next moult. However, glue-mounted tags weighing more than 2.0 g are likely to be shed  
56 prematurely, within a few weeks after deployment, especially in hot and humid conditions  
57 (personal observations by YCC, TP, TLT and C. Hassell). Since most studies using satellite  
58 transmitters and GPS tags seek to track local movements and migration over a few months  
59 or years, developing methods for long-term attachment is necessary. Leg-loop harnesses  
60 (described in Rappole and Tipton 1991) have been applied in some long-legged shorebird  
61 species (Sanzenbacher et al. 2000; Watts et al. 2008; Page et al. 2014), but this harness  
62 design is unsuitable for more compact species such as the Red Knot. This is because Red  
63 Knots have no external ‘knee’ so a leg-loop harness slips off the legs within seconds after  
64 deployment, no matter whether the harness is made of fixed or elastic materials (personal  
65 observations by TP and RP). An alternative is a full-body harness consisting a neck and a  
66 body loop, first described by Brander (1968). This design has been used for attaching  
67 satellite and GPS tags on several bird taxa, such as raptors (e.g. Fuller et al. 1998; Hake et  
68 al. 2001; Klaassen et al. 2010), waterfowl (e.g. Roshier and Asmus 2009), gulls (e.g.  
69 Klaassen et al. 2012; Shamoun-Baranes et al. 2011) and Crab Plovers *Dromas ardeola* (R.  
70 Bom pers. comm.).

71 An important issue confronting attachment in many long-distance migrants relates  
72 to their dramatic changes in body mass before and after migratory flights. For example, the  
73 body mass of Red Knots increases up to 190% before making long distance migratory  
74 flights (Piersma et al. 1995; Piersma et al. 2005), resulting in a marked change in  
75 circumference. For small migratory bird species that cannot wear a leg-loop harness, no  
76 harness designs have been developed to cope with these regular, substantial changes in bird  
77 size. A potential solution is fitting a full-body harness with dimensions larger than the  
78 maximum size the bird could attain; such a harness would need to fit loosely, but securely

79 when a bird is not at its peak mass. We set out to investigate the effects of full-body  
80 harnesses on Red Knots in captivity and subsequently in a field setting, in preparation for a  
81 world-wide tracking study of the migratory behaviour of this species (see Piersma 2007 for  
82 context).

83 We used an iterative refinement approach involving two captive trials. Our first  
84 captive trial lasted for four months in spring and tested the effect of this attachment design  
85 on bird behaviour, body mass and moult cycles. The individual Red Knots we instrumented  
86 show seasonal cycles in mass and moult, with a mass peak in May to June (Piersma et al.  
87 1995). Since their mass and moult cycles are highly repeatable between years (J.  
88 Karagicheva, MB and TP unpublished data), we were able to compare an individual's  
89 weekly body mass and plumage score between years in both tagged and untagged birds to  
90 assess effects of tag attachment.

91 During the first trial, we observed problems of irritation associated with wearing the  
92 harness. We examined the possible causes of these problems and came up with further  
93 refinements of the attachment technique, and then conducted a second trial to test our  
94 improved design on a subset of the captive birds. On the basis of improved results from the  
95 second trial, we deployed 5-g solar-powered satellite transmitters on ten free-ranging Red  
96 Knots to test field performance of our attachment method.

97

## 98 **Methods**

### 99 **1. Testing the effect of the attachment on mass and moult cycles**

100 **Study animals and housing.** The Red Knots used in the captive trials were caught in the  
101 Dutch Wadden Sea between 1994 and 2004, and since then have been held in captivity at  
102 the NIOZ Royal Netherlands Institute for Sea Research on Texel, the Netherlands. The  
103 birds are housed in aviaries of approximately 4 m x 2 m and 2.5 m high, in groups of 6 to 7  
104 birds per aviary. During the harness trials, birds were fed *ad libitum* with protein-rich trout

105 pellets (Trouvit, Produits Trouw, Vervins, France). Each aviary contained a tray with  
106 running fresh water for the birds to bathe and drink, and a patch of mudflat with running  
107 salt water where the birds could probe the sediment.

108       **Attachment design and deployment.** Using a 3D printer, we produced  
109 Acrylonitrile Butadiene Styrene (ABS) dummy tags of 24 x 14 x 8 mm, weighing 3.5 g  
110 each, in the same shape of the 5 g satellite transmitters manufactured by Microwave  
111 Telemetry, Inc. that we intended to use in the field. We glued a 3 mm layer of neoprene to  
112 the underside of the dummy tags to give them a higher profile in anticipation that the real  
113 tags would need this extra height to prevent feathers from covering the solar panels (as  
114 observed in Cohen et al. 2007). Our first harness was made of inelastic braided polyester  
115 line (1.5 mm wide, Kivikangas Oy, Finland) that has been used successfully in many  
116 tagging studies of raptors (RHGK personal observations). It consisted of a neck loop and a  
117 body loop that went underneath the wings and in front of the legs (Fig. 1). We first  
118 constructed the neck loop that measured 55–65 mm when stretched by a calliper placed  
119 within the loop, and then attached this loop to the front end of the tag. Then the neck loop  
120 was put over the bird's head and neck. The tag sat on the bird's back and was held in place  
121 while the body loop was constructed: we slid the two lines underneath the wings, passed  
122 them through the mounting loops at the tag's rear end, and tied them to the tag. In our first  
123 deployment session, to ensure the body loop was not too tight, we placed a finger between  
124 the tag and the back of the bird when tightening the 'rear knot' (see Fig. 1). However, we  
125 found that it was difficult to tell the actual size of the body loops when tightening it on the  
126 bird, therefore in later sessions, we drew a mark on each of the harness lines at 120 mm  
127 from the 'breast knot' (Fig. 1), and tightened the rear knot at 15–25 mm (to create variation  
128 in body loop widths) away from the marks. The exact size of the body loop was measured  
129 after removing the harness at the end of the trial. We deployed the dummy tags with  
130 harnesses on one Red Knot on 5 November 2012 during a pilot trial, and on 22 Red Knots

131 between 25 February 2013 and 7 March 2013. At deployment, the dummy tag with harness  
132 weighed about 3% of the body mass of the birds.

133         **Monitoring bird's response to the attachment.** Bird response was assessed by  
134 observing their behaviour through the one-way aviary window at least 3 times a day for the  
135 first 72 hours after tagging; afterwards they were checked daily and weighed weekly. We  
136 noted if abnormal behaviours (e.g., excessive preening, movements to remove the tag and  
137 harness) occurred. From late April onwards, we observed that a few birds had shed feathers  
138 beneath the tag and on the breast especially around the area of the 'breast knot', to the  
139 extent that the skin had become bare. Subsequently, during weekly handling, we closely  
140 examined birds for skin irritations and scored the degree of feather shedding under the tag  
141 and on the breast under the harness lines (quantified by a score from zero, no feather  
142 shedding, to three, large area of bare skin similar in size to the surface area of the tag). As  
143 feather shedding could have been related to constant rubbing of harness/dummy tag on the  
144 feathers, we hypothesised that the tighter the harness, the more feathers the bird would  
145 shed. Using Poisson regression, we tested whether (1) the maximum body mass, (2) the  
146 length of the neck loop and (3) the length of the body loop, predicted the degree of feather  
147 shedding (quantified by a score from zero, no feather shedding, to three). Statistical  
148 analysis was conducted in R version 3.01 (R Core Team 2013).

149         Six birds that were clearly irritated by the harness lines in the first few weeks after  
150 deployment were relieved of their harnesses by 1 April. Together with 5 birds that never  
151 wore harnesses, they served as the reference group ( $n = 11$  birds) in analyses of timing and  
152 magnitude of mass and moult changes in the birds that wore harnesses for 4 months till the  
153 end of the trial on 8 July 2013 ( $n = 13$ ).

154         **Body mass cycle.** To determine if the harness attachment prevented birds from  
155 following normal fattening patterns we calculated the between-year differences in mass by  
156 week of individuals between 2012 and 2013, from the start of April (week 14), which was



157 the onset of mass increase, until the end of the trial in 8 July (week 27). This weekly mass  
158 difference was then compared between the reference group and harness group by two-way  
159 ANOVA.

160 **Moult cycle.** During the weekly handling, we scored the amount of breeding  
161 plumage (from 1, complete winter plumage, to 7, complete breeding plumage, methods  
162 described in Piersma et al. 2008). The plumage score could differ by one score point  
163 between observers scoring the same bird, or within observer scoring the same bird again on  
164 the following day; therefore a difference of one point would not indicate plumage  
165 differences. To assess whether between-year differences in the timing of plumage gains  
166 were different between the reference group and harness group, we visually examined each  
167 individual's plot of plumage score against time.

168

## 169 **2. Testing alternative attachment materials**

170 In an attempt to alleviate the feather shedding and skin irritation problems observed in the  
171 first trial, we produced a new batch of ABS dummy tags. To prevent feather shedding  
172 underneath the tag, we did not glue neoprene on the underside surface of the tag; instead we  
173 smoothed the surface by wiping it with a solvent (Tangit PVC-U/C/ABS Cleaner). Two  
174 other types of harness lines were tested: (1) multifilament Dacron (Micron) fly line backing  
175 (0.5 mm diameter, Cortland Inc., USA) and (2) monofilament nylon fishing line (0.5 mm  
176 diameter, Albatros Inc., Netherlands). For the nylon harness, we wrapped a heat-shrink  
177 tubing around the 'breast knot' (Fig. 1) so that it was less irritable to the bird, and prevented  
178 the 'breast knot' from loosening.

179 We applied these attachment designs to birds that had their harnesses removed  
180 during the spring trial due to irritation. Birds were checked by watching their behaviour  
181 through the one-way aviary window at least 3 times a day for the first 72 hours after

182 tagging; afterwards they were checked daily and weighed weekly. During the weekly  
183 handling we checked for any feather shedding beneath the tag and the harness lines.

184 Initially, we applied the monofilament nylon harness to two birds on 4 July 2013,  
185 and then on 24 July we equipped one bird with the monofilament nylon harness and three  
186 with the Dacron harness. Three more birds were equipped with monofilament nylon  
187 harness on 30 July, two of which had worn the Dacron harness but had it removed (see  
188 Results). From 30 July onwards six birds in total were wearing the monofilament nylon  
189 harness, and this second trial ended on 18 September 2013.

190

191

### 3. Field test

192 Five second calendar year and five adult Red Knots (*C. c. islandica*) were caught in Richel  
193 (53.3°N, 5.1°E) on 6 September 2013 and transported about 40 km to the NIOZ aviary  
194 facilities. The housing conditions were the same as described in section 1. By housing the  
195 new birds with birds that have been kept in captivity for years, the new birds learnt to feed  
196 on trout pellets within two days, and were fed *ad libitum*.

197 We deployed satellite transmitters (5.0 g solar PTT, Microwave Telemetry, Inc.) on  
198 these 10 birds on 27 September 2013, using a harness constructed with monofilament nylon  
199 line as described above. We tied a small transparent plastic shield with a height of 7–8 mm  
200 around the front of the transmitter (Fig. 1c) to block feathers from covering the solar panels.  
201 The tag with shield and attachment weighed c.a. 3.1–4.0% of body mass at release. After  
202 deployment, we kept the birds for 7 days in the aviaries so they could acclimate to the  
203 harness and tag, and we could monitor their condition.

204 We released the birds on 3 October 2013 at mudflats at De Schorren, Texel (53.1°N,  
205 4.9°E), 25 km away from the capture site. We chose this location over the capture location  
206 because it is easily reached by car from the NIOZ aviaries thus minimizing stress caused by  
207 transportation; moreover, a Red Knot's wintering home range is much wider than 25 km

208 (Piersma et al. 1993; van Gils and Piersma 1999; Spaans et al. 2009) and birds released at  
209 De Schorren in the past were subsequently resighted at Richel and locations further away  
210 (NIOZ resighting database).

211 Transmitters were programmed to operate on a duty cycle of 10 h on and 48 h off  
212 and data were collected via the Argos data collection system. Received data were converted  
213 to locations which were classified according to accuracy (CLS 2015 website); generally  
214 four or more messages received during a satellite overpass resulted in a ‘standard’ location  
215 with an estimated radius of error, whereas fewer messages, or overpasses low on the  
216 horizon, resulted in an ‘auxiliary’ location without an estimate of accuracy. The  
217 transmitters also measured battery voltage.

218 We evaluated the field performance of our attachment method by assessing the  
219 duration of tag retention (as determined by length of satellite contact with the tags) and its  
220 effect on tracked bird movements as compared to what is known of typical movements of  
221 Red Knots in the Wadden Sea (van Gils and Piersma 1999; van Gils et al. 2006). We also  
222 assessed patterns of battery voltage and the ratio of standard to auxiliary locations since  
223 these variables reflect how well a tag is positioned on a bird, i.e., how well it is receiving  
224 sunlight and how well the antenna is oriented. Regular field observations were also  
225 conducted in a section of the Wadden Sea for an unrelated mark-resighting project, in  
226 which the tagged Knots were searched for and recorded.

227

## 228 **Results**

### 229 **1. Testing the effect of the attachment on mass and moult cycles**

230 **Harness effects.** When captive birds gained weight, harnesses became tighter and  
231 the tags moved upwards along the back. However, with the exception of one bird, a small  
232 gap always remained between the bird’s back and the tag even when birds were at their  
233 maximum masses. For the exception, the neck loop circumference was 132 mm (widest of

234 all birds) and body loop was 145 mm; the harness was so tight that we had to remove it  
235 before the end of the trial. A different bird repeatedly put one foot into the body loop which  
236 was 189 mm; however, it was behaving normally otherwise so we did not remove the  
237 harness.

238 In the course of the experiment, but mainly early on, the harnesses were removed  
239 from ten birds which were clearly irritated by the inelastic braided polyester line and/or the  
240 tag. These individuals either got their bills stuck in the harness multiple times as a result of  
241 intense preening around the harness (seven birds); or the harness became very tight during  
242 fattening up in May (one bird); or many feathers were shed beneath the tag and on the  
243 breast (two birds). For the remaining 13 birds, their harnesses were completely covered by  
244 feathers within a few days as the birds preened the harness lines down towards their skin.  
245 These birds went through the cycle of fattening up and slimming down from April to June  
246 without obvious problems and were the 'harness group' in the analysis of the body mass  
247 and moult cycles.

248 **Feather shedding.** The amount of feathers shed in the 13 birds in the harness group  
249 varied between individuals, and even within individuals; some individuals shed feathers on  
250 the back but none on the breast, or *vice versa*. In mid-June, new feathers started to grow on  
251 the bare parts, and by mid-July, all bare parts were covered by new feathers. We did not  
252 find any associations between the lengths of the neck and body loops, or the maximum  
253 body mass, with the degree of feather shedding at the back or the breast (all  $P > 0.1$ ).

254 **Body mass cycle.** Body masses of all captive birds increased from early April  
255 onward and peaked in mid to late May (Fig. 2a). The pattern was similar in both years, but  
256 in 2013 the decline in masses occurred earlier than in 2012; thus the mass differences  
257 ( $\text{mass}_{2013} - \text{mass}_{2012}$ ) in week 26 and 27 were significantly more negative than in other  
258 weeks ( $t_{\text{week}26} = -4.725$ ,  $t_{\text{week}27} = -6.405$ , both  $P < 0.001$ ; Fig. 2b). The individual mass  
259 differences were the same between the harness group and reference group for all weeks

260 (ANOVA,  $F = 1.7885$ ,  $P = 0.1822$ ; Fig. 2b).

261 **Moult cycle.** Starting in March, plumage scores increased and reached a plateau in  
262 early May; birds then kept their breeding plumage until the end of the experiment. No  
263 differences in plumage progression were detected in the majority ( $n = 22$ ) of the birds (Fig.  
264 3). However, for one bird the increase in plumage score was faster in 2013 than in 2012,  
265 and for a second bird the maximum plumage reached was higher in 2013 than in 2012 (bird  
266 427 and 609 in Fig. 3). Both birds belonged to the harness group.

267

## 268 **2. Testing alternative attachment materials**

269 Within the first 24 hours of wearing the Dacron harness, all three birds had their  
270 bills stuck multiple times and we had to remove the harnesses. Three out of the six birds  
271 wearing the monofilament nylon harness also stuck their bills in the harness: for one bird  
272 this occurred once, and for another bird twice, both within the first 24 hours; for a third bird  
273 this was observed once at 53 hours after deployment. We did not detect this behaviour  
274 again for the remaining 7–10 weeks of the trial. All six birds spent almost no time preening  
275 around the monofilament harness, in contrast to the intense preening exhibited when they  
276 were wearing harnesses made of the multifilament braided polyester or Dacron. When the  
277 trial ended, the birds had almost completed their contour feather and wing moult, and none  
278 of these birds showed any feather shedding on their backs or breasts.

279

## 280 **3. Field test**

281 During their one week in captivity, none of the 10 field-trial birds stuck their bills into the  
282 harness. Of the 10 tags, we lost contact with two in the first month: the last signals were  
283 obtained 9 and 19 days after release. From December onwards we lost contact with more  
284 tags (Fig. 4), and by mid-March we were only receiving continuous data from one tag  
285 (which is still transmitting from a live bird as of July 2015). Median retention time for the

286 nine tags was 65 days. A few signals were received from three tags at certain times  
287 afterwards, but no locations were generated, therefore it is doubtful whether these signals  
288 came from tags on live birds; they also could have been parity errors. Battery voltage and  
289 number of locations per duty cycle dropped from October through December and then  
290 increased gradually from January onwards (Fig. 4), while percentage of ‘standard quality’  
291 locations (Argos location class 3, 2 and 1) received per duty cycle ranged from 23% to  
292 37%. On average, we received 2.8 standard quality locations per duty cycle of 10 hours.

293         Two birds moved more than 300 km away from the release site shortly after release:  
294 one bird travelled over 300 km to mudflats around the islands Föhr and Sylt (54.7°N, 8.6°E)  
295 in northern Germany within 2 days of release, and another bird flew 340 km to the Wash  
296 (52.9°N, 0.1°E) in England within 9 days. Most other birds remained in the Wadden Sea  
297 within 150 km of the release site. As the area where the tagged Red Knots occurred is large  
298 and mostly difficult to access (e.g. Piersma et al. 1993), we had only two field observations  
299 of tagged birds, and in both cases the bird had normal appearance and behaviour.

300

## 301 **Discussion**

302 Through our first and second captive trials, we developed a method of attaching small  
303 solar-powered tags onto Red Knots that showed more potential for successful field  
304 application than any other method had shown previously. Provided that the harness was  
305 constructed large enough, it could accommodate the seasonal changes in body size of Red  
306 Knots. By using suitable harness line material, any skin irritation to the birds was minimal.  
307 We first discuss several aspects in attachment methodology that we learnt from our captive  
308 trials. Then, based on the field test results, we discuss how attachment design, tag  
309 properties, and the specific ‘environment’ that the birds experience jointly determine the  
310 success of a field application.

311           **Harness construction.** Before actual deployments using our harness, trials with  
312 captive birds are necessary to determine the appropriate size for each (sub-) species.  
313 Although wider loops will prevent the harness from getting too tight when a bird fattens, a  
314 neck loop that is too wide will not lie on the bird's shoulder and might fall sideways,  
315 possibly affecting wing movement. If the body loop is too wide, there is a risk of the bird  
316 putting its foot into the loop; moreover the tag will be lower on the bird's back away from  
317 the centre of gravity. Thus, we determined that the suitable harness size for *islandica* Red  
318 Knots is a neck loop of 100–110 mm in circumference, and a body loop of 160–170 mm.  
319 Visible marks at equal distances from where the 'rear knot' is tied (in this case, about 120  
320 mm from the 'breast knot') are very useful for checking whether the two sides of the body  
321 loop are symmetrical during deployment (Fig. 1). Symmetry of the loops will ensure that  
322 the tag sits on the central axis of the bird and that the weight load is balanced. As birds  
323 preened the harness so that it is trapped by feathers, the harness position on the body was  
324 stabilized and the harness sat close to the skin, therefore there is very little risk of the  
325 harnesses getting tangled with vegetation.

326           **Materials.** We reasoned that the feather shedding we observed was caused by the  
327 multifilament polyester lines and the neoprene layer constantly rubbing against the tiny  
328 barbs and hooks and bases of feathers which are connected to nerves. This resulted in  
329 irritation to birds (as manifested in increased preening) and wearing of the feathers. Our  
330 second trial tackled this particular problem by testing materials that would minimize  
331 irritation. Monofilament nylon line had a smooth surface and did not appear to rub against  
332 feathers as much as multi-threaded Dacron and polyester lines. We found it to be the least  
333 irritating among the three materials we tested. Although tubular Teflon Ribbon is the most  
334 commonly used material for harnesses (e.g. Klaassen et al. 2012; Kesler et al. 2014; Page et  
335 al. 2014), we did not test this material because of its extra weight and thickness (thinnest  
336 available Teflon thread is 3.5 mm width, weighing 1.0 g per 40 cm, whereas the nylon line

337 weighs 0.1 g per 40 cm).

338           In many satellite/GPS tag deployments, a layer of neoprene is attached to the  
339 underside of the tag (TLT and K. Camphuysen pers. comm.), to (1) insulate the tag from the  
340 bird's back; (2) raise the height of the tag so that the solar panels are not covered by  
341 feathers; and (3) act as a 'padding' so that the bird feels more comfortable. However, our  
342 first trials showed that this material irritated birds. K. Camphuysen (pers. comm.) also  
343 observed that Herring Gulls *Larus argentatus* constantly pecked and eventually removed  
344 the neoprene. While neoprene could still be useful for tags attached by gluing onto the skin,  
345 a smooth surface seems more suitable for tags attached with our harness design for Red  
346 Knots.

347           **Deployment protocol.** The chance of birds trapping their bills in the harness was  
348 related to the type of harness material used as some materials were more irritating to birds  
349 than others. This response was very individualistic – some individuals preened furiously  
350 around the harnesses which provided many more opportunities for the bill to become  
351 trapped. Even for the nylon monofilament lines, the least irritating material, the chance of  
352 getting stuck was high during the first 24 hours of wearing the harness (2 out of 6 birds).  
353 This problem still persisted when using a flexible material such as an elastic nylon line and  
354 silicon-rubber line (YCC et al. unpublished data). Based on these observations, we strongly  
355 recommend keeping birds in captivity for at least 24 hours prior to release so that they can  
356 acclimate to the harness and tag in a safe environment. Then, those individuals that do not  
357 appear suitable for satellite tagging, i.e. those that are stressed or repeatedly putting their  
358 bills into the harness, can be identified and their tags removed. It follows that tagging  
359 should not be done for species that could become too stressed in captivity, or when this  
360 observation period is not possible e.g. the breeding season when birds need to care for  
361 young. As keeping birds in captivity requires a lot of effort and can be carried out  
362 adequately only by experienced bird handlers, some researchers might opt to skip this



363 procedure; however, we feel that in such cases they would be introducing an avoidable  
364 source of mortality by including some 'unsuitable' birds. Although the risks get smaller  
365 with time, it is still possible that birds will get stuck after the first 24 hours, so we further  
366 recommend a longer assessment period (e.g. 7 days for our field trial) in those situations  
367 where the infrastructure is suitable for keeping birds and the tagged species can be  
368 maintained in good condition. Finally, keeping extra birds in captivity along with the tagged  
369 birds helps distinguish tag-induced behaviours from captivity-induced behaviours thus  
370 helping to focus the assessment.

371 **Field performance.** Initially, the full-body harness appeared to have minimal  
372 negative effects on free-ranging Red Knots as all birds moved between tidal basins of the  
373 Wadden Sea, and two birds performed long-distance flights within the first two weeks in  
374 the wild. These latter movements were much longer than the typical daily flights between  
375 roosting and foraging areas performed by Red Knots in the region (van Gils and Piersma  
376 1999; van Gils et al. 2006) and would require considerable energy expenditure.

377 The voltage levels of the transmitters closely tracked the winter decrease/spring  
378 increase in day length and sun angle indicating that tags were positioned well and that  
379 feathers were not interfering with charging. The ample number of total and standard class  
380 Argos locations also indicated that the antennas were positioned well. Overall, percent of  
381 standard class locations (31% of locations were standard class) was sufficient to describe  
382 wintering movements of Red Knots in good detail even though it was lower than published  
383 figures of 55% in Marbled Godwits (*Limosa fedoa*) with 9.5 g tags (Olson et al. 2014) and  
384 58% in Long-billed Curlews (*Numenius americanus*) with 18 g tags (Page et al. 2014).

385 We lost contact with nine of the ten transmitters 10 days to 5 months after releasing  
386 the birds into the wild. We considered insufficient battery charging as an unlikely cause,  
387 since we did not receive signals from the lost tags when battery charge began increasing in  
388 the functioning tags in spring. We doubt that birds could have escaped their harnesses,

389 since none ever slipped a harness during the four month captive trial and the harnesses were  
390 unlikely to break. Although malfunctioning of a small percentage of transmitters has been  
391 observed in some studies (RHGK, YCC, TLT, and C. Hassell unpublished data), it is  
392 unlikely that all nine of the missing transmitters failed. Transmitter failure is usually  
393 confirmed by resighting a live bird wearing a non-transmitting device, but the low  
394 resighting rate of  $0.26 \text{ yr}^{-1}$  of colour-marked Red Knots in the Dutch Wadden Sea  
395 (Rakhimberdiev et al. 2015) precluded us from using resightings to assess transmitter  
396 failure. If the birds died and their transmitters were subsequently 'lost' in sea, mud or  
397 vegetation, their survival rate would have been lower than the wild population's average  
398 survival rate of  $0.81 \text{ yr}^{-1}$  calculated from mark-and-resight data of colour-ringed individuals  
399 from 1999 to 2013 (Rakhimberdiev et al. 2015). A likely explanation of the high mortality  
400 rate of our tagged birds is that they experienced high depredation. In the Wadden Sea,  
401 predators like Peregrine Falcon (*Falco peregrinus*) are common in winter (van den Hout  
402 2010 p. 59). The tactic knots use to escape predation by falcons is persistent coordinated  
403 aerial escape flight maneuvers performed by the whole flock (van den Hout et al. 2010,  
404 2012). Even if the extra load and drag from the 5 g transmitter is relatively small, any slight  
405 handicap in maneuverability experienced by a tagged bird could have led to a higher  
406 probability of them being singled out of the flock into a one-to-one chase with a raptor and  
407 being killed.

408         When determining the suitability of tags, much emphasis is placed on tag mass (e.g.  
409 the 5% rule in Kenward 2001), whereas tag size and associated drag are often not  
410 considered (Barron et al. 2010). As turning maneuverability is determined by weight and  
411 drag (van den Hout et al. 2012), a tag's effects on these aspects need to be considered such  
412 that agility is not significantly hampered. Although the feather-blocking shield likely  
413 contributed to the overall good performance of the transmitters, the shield rises an extra 3–

414 4 mm above the tag which significantly increases the drag coefficient (Pennycuick et al.  
415 2012). Consequently, we do not recommend using the shield when tagging Red Knots or  
416 other species where flocks are attacked at high rates by aerial predators and individuals  
417 must successfully evade them (van den Hout et al. 2012). Experiments to examine the  
418 effects on aerodynamics of different tag sizes, shapes, and varying antenna length and  
419 angle, would greatly aid future tag design. These experiments would also help researchers  
420 balance the risk of negative effects on survival caused by the increased drag of tags or  
421 feather-blocking shields against benefits of data collection during months or situations with  
422 low solar radiation.

423 In our study, deleterious effects of the tagging, beyond what could be tested in  
424 captivity, appeared to be determined by species and environmental factors in the wild,  
425 including the presence of certain species of predators. The loss of so many of the tagged  
426 birds in the field after using what we thought was a suitable tag attachment method, points  
427 to the need for further refinement of our methods for Red Knots. Given that the harness  
428 worked well in the captive trials, and if the missing birds were indeed depredated, the  
429 reduced agility caused by a large tag was limiting the success of the field applications. If  
430 this is indeed the case, our harness design may currently be suitable for attaching 5 g  
431 satellite transmitters to larger shorebird species with Red Knot-like body structure, or for  
432 studies of Red Knot-sized shorebirds in areas with few aerial predators.

433

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448

#### 449 **Conflict of Interest**

450 The authors declare that they have no conflict of interest.

451

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561 **Figure Captions**

562 **Fig. 1 a** The loose neck-body loop harness attached to Red Knots. (Top) The harness before  
563 deployment, where a mark at 120 mm away from the breast knot is drawn on each side of  
564 the line forming the body loop. (Middle) Top view of the harness after deployment.

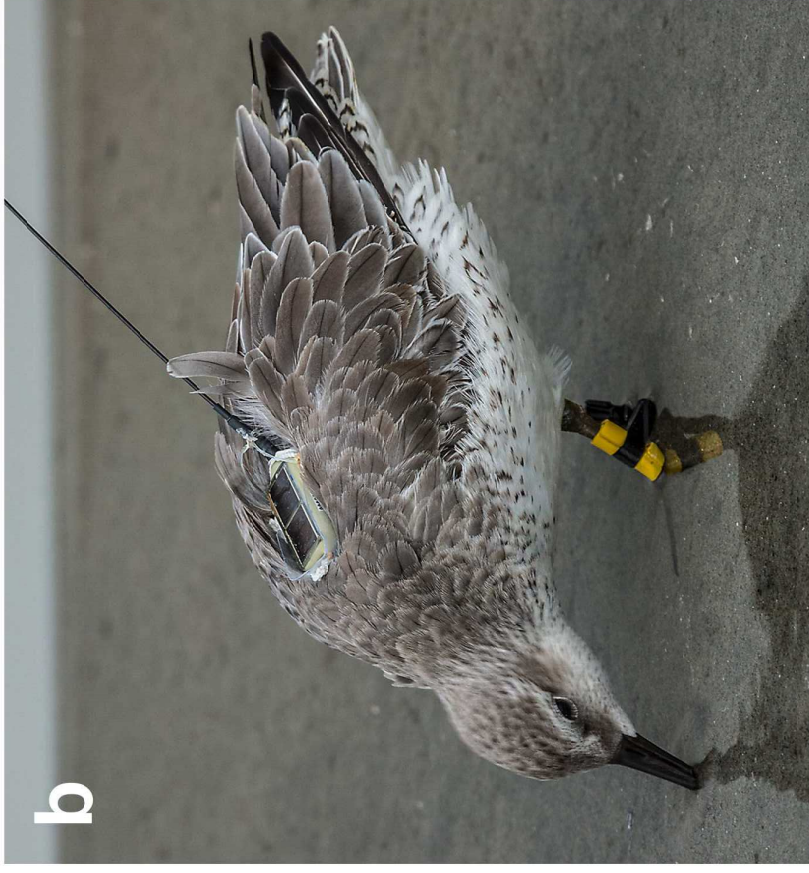
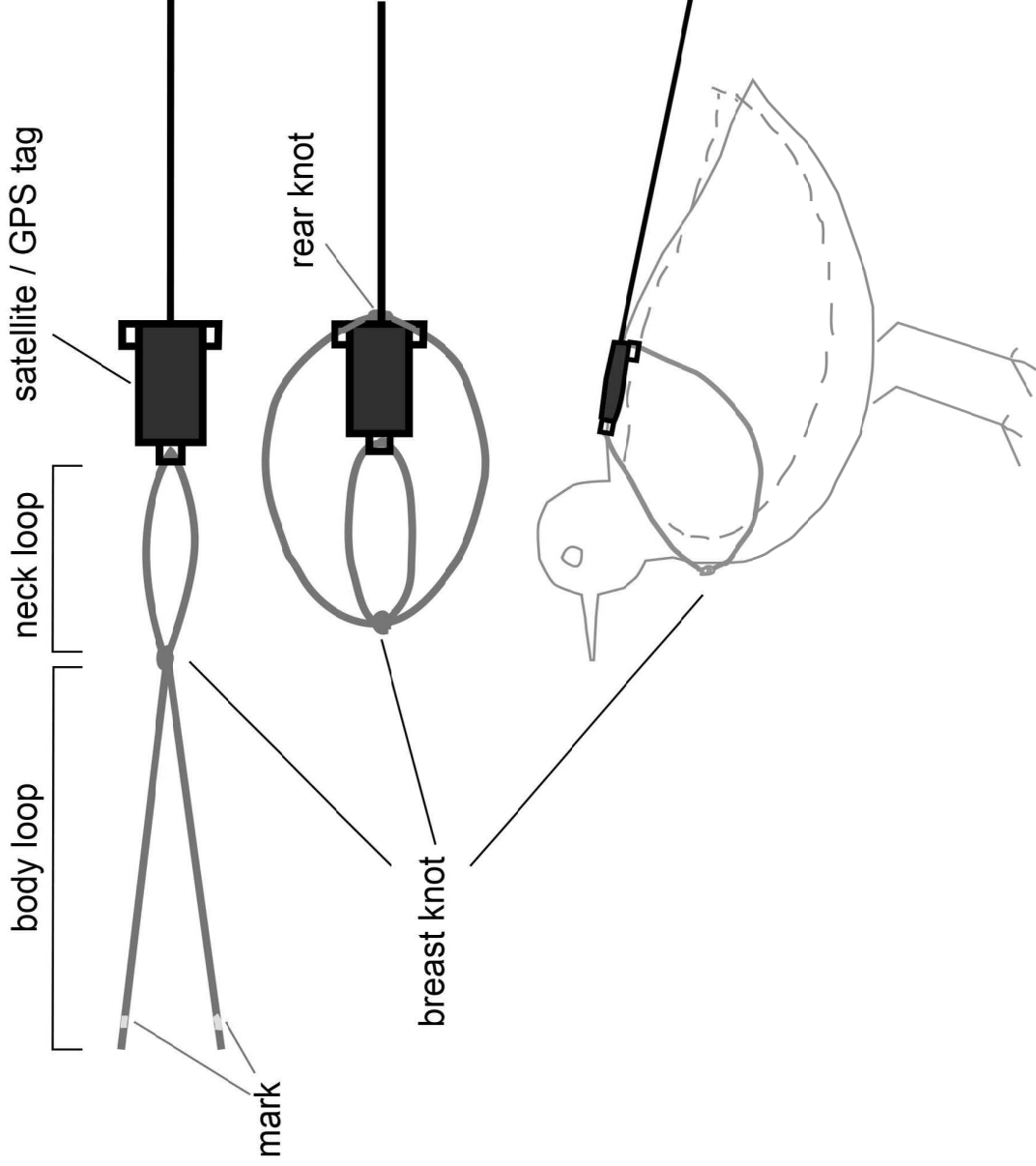
565 (Bottom) The position of the harness on a Red Knot. **b** A Red Knot with 5 g solar satellite  
566 transmitter deployed. **c** A small transparent plastic shield (in grey in the diagram for  
567 illustration purposes) was tied to the transmitter to prevent feathers from covering the solar  
568 panels

569 **Fig. 2 a** Body masses of captive Red Knots carrying dummy tags in 2013 from week 14 (2  
570 April 2012; 1 April, 2013) to 27 (2 July 2012; 1 July, 2013) **b** The weekly within-individual  
571 mass difference ( $\text{mass}_{2013} - \text{mass}_{2012}$ ) of the harness group (grey) and the reference group  
572 (white)

573 **Fig. 3** Plots of individual plumage scores in 2012 (dotted line) and 2013 (grey line) by  
574 week. Bird IDs belonged to the reference group are enclosed in rectangle

575 **Fig. 4** (*upper graph*) Signals received from each tag per duty cycle, (*middle line*) mean  
576 battery voltage within the first two hours of a duty cycle and (*lower bars*) number of  
577 standard (dark grey) and all locations (whole bar) per duty cycle per half a month (first half,  
578 1<sup>st</sup> to 15<sup>th</sup>, second half, 16<sup>th</sup> onwards), from satellite-tagged Red Knots released on 3  
579 October 2013 at De Schorren, Texel (53.1°N, 4.9°E) in the Wadden Sea.

**a**



**c**

