# Improving fish welfare in recreational angling

Applied measures and future potential

A contribution from the Flemish association for recreational anglers

D. Bral- Editor in chief for 'Hengelsport'



# Sportvisserij Vlaanderen vzw

Founded in 1979 - Non profit organization

#### **Mission**

- Promote, defend & protect interests of the Flemish anglers
- Organization & coordination (club, national and international) angling competitions
- Advice and support in fish stock management & fish pond management
- Act against: litter & pollution, declining fish stocks, commercial overfishing
  habitat degradation, poaching and fish theft, spread of diseases and parasites,...

#### Recognitions

- ✓ 1980: Flemish Sports Federation by Sport Vlaanderen (formerly BLOSO)
- ✓ 1993: Association active in fauna management by the Flemish Nature Administration.
- ✓ 2002: Organization for Sporting Leisure Activities (O.S.V.) by the Flemish Community. Member of the 'animal sports cluster V.C.H.H.D. vzw

# A broad range of <u>strategies</u> to improve fish welfare.

#### Individual level

- Indirect measures
- Direct measures



- Ecosystem level
  - Short term actions
  - Long term engagement- ambition



# Indirect measures on individual level (fish & angler)

#### Informing members:

- Magazine
- Special publications: Environmental guides codes fishing guide for children
- Social media

#### Promote Best angling practice (guides)

- Code for recreational competition angling (2008)
- General code for members (2017)

# Indirect measures on individual level (fish & angler)

- **▶** Promote Catch & Release (C&R) = management tool − legislation
  - Long-term survival rate (90%)
  - Mortality related to 'low effective skill level' in anglers...

(Stunz, Gregory & Mckee, David. (2006). Catch-and-Release Mortality of Spotted Seatrout in Texas.)

- Participation in scientific research (VLIZ, ILVO, UGENT,...)
  - Data for future legislation
  - Sustainable fishery (ecological, economical & social point of view)
  - <a href="http://www.catch-and-release.be/fs-woordje-uitleg/">http://www.catch-and-release.be/fs-woordje-uitleg/</a>)
  - https://www.harteresearchinstitute.org/project/center-sportfish-science-and-conservation
  - https://www.sportfishcenter.org/research



Strategies on individual level (fish & angler)

II. DIRECT MEASURES

#### Landing fish

- Landing net
- Boga grip









#### Unhooking fish

- □ Use the right tool for the job?!
- Save precious time





#### Unhooking fish

- Unhooking mat & carp cradles
  - + avoiding contact with hard surface (ground)
  - + permanently hydrated (skin & gills)
  - + oxygen circulation
  - + reduces stress level (flap)

#### **Barotrauma**

- **Deventing tools:** (expert level skill)
- http://www.alabamawildlife.org/uploadedFiles/Fish%20Venting3%20(1).pdf

- Descender devices: effective & quick >>
- https://www.youtube.com/watch?v=emHm8UWsXnE
- https://www.seaqualizer.com/
- Legislation: US!



# B. Techniques-tactics:

- ► Handle fish (wet hands don't use dry towel/nets/etc.)
- Hook type & size (selectivity)
  - Barbless hooks or micro barbs (less tissue damage bleeding/infection)
  - Single hook inst. triple hook (lures)

https://www.youtube.com/watch?v=KPLgGT8Tw\_s

Circle hook (corner mouth)

https://www.youtube.com/watch?v=y48z3WGQtEg

Quick release rigs (use of smaller hooks)

https://releaserigshop.com/#

Safety-lead clip (fishing near obstacles)

https://www.youtube.com/watch?v=opuXx1BZmr4

- Revival time & water flow across gills
  - Move forward or side tot side (IAW natural behaviour)
  - Don't pull fish backwards (stress)
  - Time reorientation



#### D. Decontamination

prevent spreading bacteria – parasites – viruses to other ecosystems through used nets/mats/cradles.

#### C. Desinfection & skin sealant

- Wound healing: (skin & soft tissue damage) prevent secondary infections
  - ✓ A common practice in carp angling (Alan Blair, Nash Tackle, demonstrating the Medicarpcare kit)

https://www.youtube.com/watch?v=g879inZQWK8



# Angler skill level = most important factor for survival rate in released fish!

- avoid deep hooking (experience)
- use common sense (think before you act)
- scientific research on C&R methods (R&D)

https://www.youtube.com/watch?v=igQGNFaKt2o

### Summary: Strategies on individual level (fish & angler)

#### II. DIRECT MEASURES

- A. Tools-materials
- **B.** Techniques-tactics:
- c. Disinfection
- D. Decontamination
- E. Angler Skill level



# Ecosystem level

- Stewardship
  - Volunteers
  - □ First training day 11/12/2019 Ghent!
  - Social controle discouraging effect
  - □ Service contracts (maintenance of spawning beds)-ANB-PVC

#### Opportunities

- □ Participation in fish stock & ecological management
- Act against illegal commercial fishing poaching
- Visual inspection early detection pollution/oxygen depletion/algae bloom/sudden fish kill/
- Invasive plants animals (giant hogweed Heracleum mantegazzianum pumpkinseed Lepomis gibbosus)
- **...**

# Challenges & opportunities

- Steward project expansion
  - ✓ Pinpoint 'black spots' for law enforcement & nature inspectorate
- Increase skill levels
  - ✓ Specific codes (guides) & education
- Involvement in scientific projects
  - ✓ Eliminate prejudices >> open communication
- Legislation
  - ✓ Catch & release
  - Eliminate differences
    - European seabass
    - ► Sea & coastal water: 1<sup>ste</sup> April 31<sup>ste</sup> October
    - ► River-inland: 1<sup>ste</sup> July 31<sup>ste</sup> December

!Thank you for your attention!

#### Reference list photos:

#### Slide 7: photo left:

 $https://encrypted-tbn0.gstatic.com/images?q=tbn\%3AANd9GcQPnnbpAor\_MMk4FpVtOHh8QcTxltQ6aDhk-Tlv3VvyhBU3yGkR\\$ 

#### Slide 7: photo middle:

 $https://cdn11.bigcommerce.com/s-pr9amv4/images/stencil/500x659/products/35995/45763/boga\_grips\__84205.1454534459.jpg?c=2\&imbypass=on$ 

#### Slide 8&14, foto F1:

- http://4.bp.blogspot.com/-FRY1F0-7QbA/TVShXpBv9YI/AAAAAAAAAAAAAAAAhAhAba/j4wNXXN\_hLE/s1600/variety+of+dehookers.jpg

#### Slide 10, foto F2:

https://www.researchgate.net/profile/Craig\_Boys/publication/268078954/figure/fig1/AS:614152393457664@152343674 9401/Barotrauma-injury-in-adult-fish-and-can-occur-following-offshore-angling-or-after.png