



Royal Netherlands Institute for Sea Research

This is a postprint of:

Carreira, C, Staal, M., Middelboe, M. & Brussaard, C.P.D.,  
(2015). Counting viruses and bacteria in photosynthetic  
microbial mats. Applied and Environmental Microbiology, 81(6),  
2149-2155

Published version: [dx.doi.org/10.1128/AEM.02863-14](https://doi.org/10.1128/AEM.02863-14)

Link NIOZ Repository: [www.vliz.be/nl/imis?module=ref&refid=245814](http://www.vliz.be/nl/imis?module=ref&refid=245814)

[Article begins on next page]

The NIOZ Repository gives free access to the digital collection of the work of the Royal Netherlands Institute for Sea Research. This archive is managed according to the principles of the [Open Access Movement](#), and the [Open Archive Initiative](#). Each publication should be cited to its original source - please use the reference as presented.  
When using parts of, or whole publications in your own work, permission from the author(s) or copyright holder(s) is always needed.

1    **Counting viruses and bacteria in photosynthetic microbial mats**

2

3    Cátia Carreira<sup>a,b,#</sup>, Marc Staal<sup>b</sup>, Mathias Middelboe<sup>b</sup>, Corina P.D. Brussaard<sup>a,c</sup>

4

5    Department of Biological Oceanography, Royal Netherlands Institute for Sea Research

6    (NIOZ), 1790 AB Den Burg, The Netherlands<sup>a</sup>; Section for Marine Biology, University of

7    Copenhagen, Helsingør, Denmark<sup>b</sup>; Aquatic Microbiology, Institute for Biodiversity and

8    Ecosystem Dynamics, University of Amsterdam, Amsterdam, The Netherlands<sup>c</sup>

9

10   **Running head:** Viral abundances in photosynthetic microbial mats

11

12   #Address correspondence to Cátia Carreira, [ccd.carreira@gmail.com](mailto:ccd.carreira@gmail.com)

13

14   **Keywords:**    viral abundance, epifluorescence microscopy, bacteria, photosynthetic

15   microbial mats, sediment, flow cytometry

16 **Abstract**

17

18       Viral abundances in benthic environments are the highest found in aquatic systems.  
19       Photosynthetic microbial mats represent benthic environments with high microbial activity  
20       and possibly high viral densities, yet viral abundances have not been examined in such  
21       systems. Existing extraction procedures typically used in benthic viral ecology were  
22       applied to the complex matrix of microbial mats but were found to inefficiently extract  
23       viruses. Here, we present a method for extraction and quantification of viruses from  
24       photosynthetic microbial mats using epifluorescence microscopy (EFM) and flow cytometry  
25       (FCM). A combination of EDTA addition, probe sonication and enzyme treatment to a  
26       glutaraldehyde fixed sample resulted in substantially higher viral (5 to 33-fold) extraction  
27       efficiency and reduced background noise as compared to previously published methods.  
28       Using this method it was found that in general, intertidal photosynthetic microbial mats  
29       harbour very high viral abundances ( $2.8 \pm 0.3 \times 10^{10} \text{ g}^{-1}$ ) compared with benthic habitats  
30       ( $10^7 - 10^9 \text{ g}^{-1}$ ). This procedure also showed a 4.5 and 4-fold increased extraction efficacy  
31       of viruses and bacteria, respectively, from intertidal sediments, allowing a single method to  
32       be used for the microbial mat and underlying sediment.

## 33 Introduction

34

35        Photosynthetic microbial mats are vertically stratified benthic microbial communities  
36 that are found worldwide from hot springs to sea ice (e.g. 1). The top layer of these mats is  
37 mostly composed of photoautotrophs (filamentous cyanobacteria and eukaryotic  
38 phytobenthos) that produce organic carbon, which is decomposed in a succession of  
39 layers of different heterotrophic prokaryotes reflecting concentration gradients in oxygen  
40 and other electron acceptors (e.g. 1-4). The intertwined filamentous cyanobacteria in the  
41 top layer and the excretion of exopolymric substances (EPS), make the microbial mats  
42 very stable and resistant to wind and wave erosion (5). Viruses are diverse, abundant and  
43 ecologically important components of microbial communities, acting as major drivers of  
44 biodiversity and organic matter flux (e.g. 6-8). In sediments, viruses have been shown to  
45 affect prokaryote host mortality (9), spatial distribution (10) and biogeochemical cycling  
46 (11). However, while microbial mats have been intensively studied in regard to their  
47 biogeochemistry and biodiversity (e.g.(12, 13), studies on the ecological role of viruses in  
48 these mats are to our knowledge lacking.

49        One of the challenges of assessing the role of viruses in sediments and other  
50 surface associated environments, as photosynthetic mats, is the need for reliable  
51 quantitative measures to determine their abundance. Depending on the type of sediment  
52 (intertidal, coastal, or deep sediments;(14-16), different methods have been used to  
53 extract viruses and bacteria. In microbial mats, EPS bind microorganisms, viruses and  
54 particles together in a complex matrix (17) making it more challenging to extract viruses  
55 and bacteria than from bulk sediments. To allow detailed studies of viruses in microbial  
56 mats, modifications to protocols currently used for quantitative assessment of benthic  
57 viruses are necessary (14, 18, 19). Here, we report an improved assay allowing efficient

58 extraction and enumeration by epifluorescence microscopy (EFM) or flow cytometry (FCM)  
59 of viruses from photosynthetic microbial mats, as well as intertidal sediments.

60

## 61 **Material and Methods**

62

63 **Sample collection.** Microbial mat samples were collected in Schiermonnikoog island (The  
64 Netherlands, 53° 29' 24.29"N, 6° 8' 18.02"E), during March 2011 and July 2012. A detailed  
65 description of the coastal microbial mats in this area is provided in Bauersachs and  
66 colleagues (20).

67 Ten samples of 15 x 8 x 4 cm (L x W x H) were individually collected and placed in  
68 clean plastic boxes at *in situ* temperature and taken to the laboratory within 3-4h. In the  
69 laboratory, samples were kept at 8°C in a 16:8h L:D cycle with a low light intensity (15  
70  $\mu\text{mol quanta m}^{-2} \text{s}^{-1}$ ) until sampled for viral and bacterial enumeration.

71 Subsamples were collected with a core (0.7 cm inner diameter). The top 1 mm  
72 (~100 mg), containing the photosynthetic microorganisms, was sliced with a knife and  
73 placed in a sterile 2 ml Eppendorf tube and fixed with 800  $\mu\text{l}$  of 2 % glutaraldehyde final  
74 concentration (25 %, EM-grade, Merck) diluted in sterile seawater. Samples were kept for  
75 15 min at 4°C in the dark. Tests were performed with four replicate samples each  
76 obtained from an individual core. As the various tests were not always performed with the  
77 same natural microbial mat samples, the obtained viral and bacterial abundances in the  
78 individual tests may show some variation.

79

80 **Extraction of viruses and bacteria from photosynthetic microbial mats.** The  
81 extraction efficiency of viruses (and bacteria) from the top layer of the photosynthetic  
82 microbial mats was tested using a combination of chemical and physical treatments (Table  
83 1). Solutions used for extraction were made with MilliQ water (18.2 M $\Omega$ ) and only added

84 after fixation of the sample, therefore avoiding osmotic shock. To promote the release of  
85 particle-associated viruses (and bacteria) in the microbial mat samples, chemical  
86 treatment was first tested with tetrasodiumpyrophosphate (TSPP; 14) and  
87 Ethylenediaminetetraacetic acid (EDTA; 18, 21) in combination with water bath sonication  
88 (14). TSPP is commonly used to extract viruses and bacteria from sediment particles (14).  
89 EDTA was chosen because it destroys cation links between EPS polymers and sediment  
90 particles, thus releasing EPS-bound viruses, and because it is known to permeabilise  
91 outer membranes, thereby facilitating dye uptake (22). Both tests were performed with  
92 water bath sonication as described by Danovaro and Middelboe (14).

93 The most efficient release of viruses was obtained by addition of 0.1 mM EDTA and  
94 this addition was then applied in the following comparison of the efficiency of water bath  
95 sonication versus probe sonication. Probe sonication resulted in a visual destruction of the  
96 microbial mat and showed improved extraction efficiency compared with the sonication  
97 bath treatment. From this comparison, probe sonication was then applied in a series of  
98 10 s sonication cycles (0, 2, 3, 4, 6 and 8) using an ultrasonic probe (Soniprep 150; 50 Hz,  
99 4  $\mu$ m amplitude, exponential probe) with 10 s intervals while keeping the sample tubes on  
100 ice-water. Finally, different EDTA concentrations (no addition, 0.01, 0.1, and 1 mM, final  
101 concentrations) were tested specifically in combination with probe sonication. Viruses and  
102 bacteria in the treated samples were enumerated using epifluorescence microscopy (EFM),  
103 as is standard for benthic microbial ecology (14).

104 One of the challenges of quantification of fluorescently stained viruses in sediment  
105 samples is the large background fluorescence due to the staining of free nucleic acids. To  
106 reduce this background fluorescence in the sample, three nucleases were tested: DNase I  
107 from bovine pancreas ( $\sim 4000$  Kunitz units  $\text{mg}^{-1}$ ; final concentration 5  $\mu\text{g ml}^{-1}$ ; Sigma-  
108 Aldrich), RNase A from bovine pancreas ( $\geq 70$  kunitz units  $\text{mg}^{-1}$ ; final concentration 10  $\mu\text{g}$   
109  $\text{ml}^{-1}$ ; Sigma-Aldrich) and benzonase endonuclease from *Serratia marcescens* (final

110 concentration  $>250 \text{ U } \mu\text{L}^{-1}$ ; Sigma-Aldrich). Benzonase degrades both free DNA and RNA  
111 in several forms (single-stranded, double-stranded, linear, circular and supercoiled) and  
112 has been found to leave adenoviruses intact (23). A subsample of  $1 \mu\text{l}$  from the extracted  
113 samples was diluted in 1 ml of sterile MilliQ water, after which the enzyme was added and  
114 the sample incubated for 30 min at  $37^\circ\text{C}$  (optimal conditions provided by the  
115 manufacturer). Three enzyme combinations were tested:  $1 \mu\text{L}$  of DNase I, a mixture of  $1$   
116  $\mu\text{L}$  DNase I and  $1 \mu\text{L}$  RNase A, and  $1 \mu\text{L}$  of benzonase. EDTA concentrations above 1 mM  
117 can partly inhibit benzonase activity (conditions provided by the manufacturer), however  
118 the final concentration of EDTA after the addition of benzonase was much lower ( $0.1 \mu\text{M}$ ),  
119 and did not appear to inhibit nuclease activity in our test.

120 As the viral abundances in the microbial mats were high, small sample volumes  
121 were used. To test if this small sample size affected the results, subsamples of  $1 \mu\text{l}$  and  $10$   
122  $\mu\text{l}$  were compared. Also, the effect of sample storage conditions and time, on viral and  
123 bacterial abundances were examined. Fixed subsamples were directly snap frozen with  
124 liquid nitrogen and stored at  $-80^\circ\text{C}$  either before or after extraction, and subsequently  
125 stored for 2h, 1-2 weeks, 4-5 weeks and 10-14 weeks before analysis. Lastly we tested  
126 counting variability by analysing four replicate subsamples of the same original sediment  
127 sample. A schematic overview of the procedure is given in Figure 1.

128  
129 **Epifluorescence microscopy.** Filtration and staining procedures were performed  
130 according to Noble and Fuhrman (24). Samples were filtered onto  $0.02 \mu\text{m}$  pore size filters  
131 (Anodisc 25, Whatman), stained with a green fluorescent nucleic acid-specific dye ( $400\times$   
132 dilution of commercial stock in MilliQ water) and washed with sterile MilliQ water (3 times).  
133 After staining, the filters were placed in glass slides with an anti-fade solution consisting of  
134  $50:50 \%$  (v/v) glycerol:PBS ( $0.05 \text{ M Na}_2\text{HPO}_4$ ,  $0.85 \%$  NaCl, pH 7.5) with  $1 \%$  *p*-  
135 phenylenediamine (Sigma-Aldrich, The Netherlands). Two different nucleic acid specific

136 fluorescent dyes, SYBR Gold and SYBR Green I (25) (Life Technologies™, NY, USA),  
137 were tested. Slides were stored at -20°C and viruses and bacteria were counted within a  
138 1-3 week period using a Zeiss Axiophot EFM (x1150 magnification). At least 10 fields and  
139 400 viruses and bacteria were counted per sample and quantified per gram (wet weight).

140

141 **Comparison to other methods.** To assess the validity of our methodology, we compared  
142 the results of our optimized protocol with results obtained using previously published  
143 protocols: Lunau et al. (16); Kallmeyer et al. (15); Danovaro and Middelboe (14) (extraction  
144 from sediments); and Garren and Azam (21) (extraction from coral mucus). Further to  
145 testing existing methods, we also tested if the combination of each method with probe  
146 sonication yield a better extraction of viruses (and bacteria). The details of each method  
147 and the physical treatment used are presented in Table 1.

148

149 **Viral and bacterial abundance in sediment.** As intertidal photosynthetic microbial mats  
150 are also closely associated with the underlying sediments beneath the layer of  
151 photosynthetic microorganisms, we examined the suitability of our method to extract  
152 viruses and bacteria from sediments and compared these results with those of the  
153 Danovaro and Middelboe (14) method, using intertidal sediment (Mokbaai, Texel, The  
154 Netherlands).

155 Sediment samples were collected using a sediment core (5 cm, internal diameter)  
156 and kept for about 1h at *in situ* conditions, prior to processing in the laboratory. The top 1  
157 cm was sliced and homogenized and eight subsamples of 100 mg of sediment were used  
158 for viral and bacterial extraction. All samples were fixed with 2 % glutaraldehyde (final  
159 concentration) for 15 min at 4°C. After fixation, four samples were treated according to our  
160 method (see schematic overview in Fig. 1), and the remaining four samples were treated  
161 according to Danovaro and Middelboe (14). Briefly, the second set of samples received



162 TSPP (10 mM final concentration) for 15 min in the dark after which they were sonicated  
163 (water bath sonicator; Pleuger, Sonicator, 50-60 Hz) in three cycles of 1 min with 30 s of  
164 manual shaking in an ice bath. One microliter of DNase I from bovine pancreas (~4000  
165 Kunitz units  $\text{mg}^{-1}$ ) and 1  $\mu\text{l}$  of RNase A from bovine pancreas ( $\geq 70$  kunitz units  $\text{mg}^{-1}$ ) were  
166 added and the samples were incubated for 15 min in the dark. Filtration and staining was  
167 conducted as described above for all samples.

168

169 **Flow cytometry (FCM) counting of viruses.** To examine if our extraction method could  
170 be used to count viruses by FCM, the sample extracts from the microbial mats and  
171 sediment beneath were either filtered, stained and frozen for EFM analysis, or flash frozen  
172 in liquid nitrogen and stained for FCM according to Brussaard et al. (26). Flow cytometric  
173 enumeration of viruses was carried out using a standard bench top Becton-Dickinson  
174 FACSCalibur flow cytometer, equipped with an air-cooled argon laser (excitation 488 nm,  
175 15 mW power). Samples were diluted (10-50 x) in TE buffer (Tris 10 mM, EDTA 1 mM, pH  
176 8.0), stained with SYBR Green I (Molecular Probes®, Invitrogen Inc., Life Technologies™,  
177 NY, USA) to a final concentration of  $10^{-4}$  of the commercial stock solution, and incubated  
178 for 10 min in the dark at 80°C. The trigger was set for green fluorescence and the data  
179 was analysed using CYTOWIN 4.31 freeware (27).

180

181 **Statistical analysis.** Prior to statistical analysis, normality was checked. All statistical  
182 analyses were performed in SigmaPlot 12.0 (SYSTAT Software) with a confidence level  
183 set at 95%. To determine differences between the different extraction methods, a one-way  
184 ANOVA with a post hoc Tukey HSD test was performed. Linear regression analyses were  
185 performed to obtain the best-fitting coefficients between pairs of variables of the regression  
186 model II (28), when comparing the EFM versus FCM viral counts.

187

## 188 Results

189

190 **Chemical and physical dispersion.** The extraction of viruses from the photosynthetic  
191 layer of microbial mats was initially tested using a water bath sonication treatment in  
192 combination with the addition of EDTA (0.1 and 10 mM) or TSPP (5 and 10 mM; as used  
193 by Danovaro and Middelboe, 14). Results showed a statistically significant ( $p < 0.05$ )  
194 increase after addition of 0.1 mM EDTA compared to TSPP or 10 mM EDTA, with a 2-2.5  
195 fold increase in viral abundance compared to the other treatments (Fig. 2).

196 Comparison of water bath sonication versus probe sonication showed a 4.5-fold  
197 increase in the viral abundances ( $p < 0.001$ ) and 7.7-fold increase in the bacterial  
198 abundances ( $p < 0.01$ ) when using probe sonication (data not shown). Moreover, probe  
199 sonication was less dependent on addition of EDTA for optimal extraction of the viruses  
200 from the photosynthetic mat as there were no statistical differences between the  
201 concentrations of EDTA tested (0.01, 0.1, and 1 mM final concentration). However, the  
202 addition of 0.1 mM EDTA improved microscope images (ease of counting) and the EDTA  
203 treatment was, therefore, maintained in subsequent tests. The ultrasonic probe disrupted  
204 the microbial mat (visible by eye) and significantly ( $p < 0.001$ ) increased the extraction  
205 efficiency up to 15- and 34-fold for viruses and bacteria after three cycles of 10 s  
206 compared to no sonication (Fig. 3). Although the statistical analysis showed that the  
207 number of probe sonication cycles did not significantly affect the viral and bacterial  
208 abundances, we observed by light microscopy that 20 s of probe sonication did not  
209 completely disrupt the mat, and that 60 s induced cell disruption. Therefore, three cycles of  
210 10 s were chosen.

211 The addition of different combinations of enzymes (DNase I, DNase I + RNase A,  
212 and benzonase) resulted in comparable counts of viruses and bacteria without significant  
213 differences (data not shown). Nonetheless, the addition of benzonase helped to produce

214 substantially clearer images (lower background noise; Fig. 4). Moreover, as benzonase is  
215 able to digest both DNA and RNA, the addition of only benzonase is more practical than  
216 using a combination of different enzymes.

217         Subsampling a volume of 1 or 10  $\mu$ l from the extracted sample to count showed  
218 comparable viral and bacterial abundances without any significant statistical differences.  
219 The reproducibility of EFM counts of viruses and bacteria in the extracts was also tested  
220 by counting four subsamples of the same original sample. The coefficient of variation for  
221 viral and bacterial counts was 1.5 and 10 %, respectively. This means that the standard  
222 deviation observed for viral and bacterial abundances in the various tests was the result of  
223 spatial heterogeneity in the distribution of viruses and bacteria among the collected  
224 subsamples rather than variability in the actual counting analysis. Counting viruses and  
225 bacteria by EFM using SYBR Gold showed 1.3-fold higher counts for viruses ( $p < 0.05$ ),  
226 but no differences for bacteria as compared to SYBR Green I stained samples (data not  
227 shown).

228         Freezing of the fixed microbial mat sample before extraction resulted in a rapid  
229 statistical significant loss of viruses and bacteria (Fig. 5), i.e. the abundance of viruses  
230 after one week storage was reduced ( $p < 0.05$ ). However, when samples were stored  
231 frozen after the chemical and physical extraction there was no significant loss, even after  
232 several months of storage.

233         In summary, the optimal protocol for extraction of viruses and bacteria from  
234 photosynthetic microbial mats (Fig. 1) comprised the fixation with 2 % glutaraldehyde (final  
235 concentration) for 15 min at 4°C, followed by incubation with 0.1 mM EDTA (final  
236 concentration) on ice and in the dark for another 15 min. Thereafter, probe sonication is  
237 applied in three cycles of 10 s with 10 s intervals, while keeping the samples in ice-water.  
238 A subsample of 1  $\mu$ L is diluted in 1 ml sterile MilliQ water and incubated with 1  $\mu$ l of

239 benzonase in the dark for 30 min at 37°C. Finally, the sample is placed on ice until filtration  
240 for EFM analysis, or frozen in liquid nitrogen and kept at -80°C for EFM or FCM analysis.

241

242 **Comparison to other methods.** The selected existing procedures (Table 1) showed a  
243 significantly lower extraction efficiencies of viruses and bacteria from photosynthetic mat  
244 samples when compared to the current protocol (5-33 and 14-21-fold lower abundances  
245 for viruses and bacteria, respectively; Fig. 6). Addition of a probe sonication step to the  
246 published protocols resulted in a statistically significant increase ( $p < 0.001$ ) in viral and  
247 bacterial abundances compared to the original protocols. Still, our method showed an  
248 additional improvement as illustrated by the significant increase in viral ( $p < 0.001$ ) and  
249 bacterial ( $p < 0.05$ ) abundances compared to the published protocols even with the  
250 additional probe sonication step (Fig. 6). On average, our method gave 2.5 and 2.2-fold  
251 higher viral and bacterial abundances, respectively, compared to the other methods  
252 performed with probe sonication.

253

254 **Sediment counts of viruses and bacteria.** When applying our microbial mat extraction  
255 protocol to intertidal sediment samples, a 4.5 and 4-fold increase ( $p < 0.001$ ) in both viral  
256 and bacterial abundance, respectively, was obtained as compared to the Danovaro and  
257 Middelboe (14) method, *i.e.*  $3.08 \pm 0.63 \times 10^9$  vs.  $0.75 \pm 0.12 \times 10^9$  viruses  $g^{-1}$ , and  $3.36 \pm$   
258  $0.68 \times 10^9$   $g^{-1}$  vs.  $0.75 \pm 0.28 \times 10^9$  bacteria  $g^{-1}$ , respectively. Consequently, no change in  
259 average viruses to bacteria ratio was found for the two methods.

260

261 **Flow cytometry.** The present method allowed an easy analysis of viruses using FCM (Fig.  
262 7). Two virus clusters with different green fluorescence intensities (V1 with lowest and V2  
263 with highest intensity) could be distinguished. Comparing virus quantification from  
264 microbial mats using EFM and FCM (Fig. 8) showed a good correlation ( $r^2 = 0.74$ ;  $p <$

0.0001) with FCM giving higher counts. As also observed for pelagic samples (29), bacterial abundances obtained by EFM and FCM matched well ( $r^2 = 0.88$ ;  $p < 0.0001$ ;  $y = 1.02x$ ).

## Discussion

Intertidal photosynthetic microbial mats are mainly composed of intertwined filamentous cyanobacteria and microalgae, glued together in a biofilm composed of EPS, sediment particles, bacteria and viruses (3, 17). To extract viruses and bacteria from such mats a combination of chemical and physical treatments is necessary. This is most likely related with the need to disrupt the strong links between cyanobacterial filaments and EPS structures. The combination of probe sonication with a low EDTA concentration (0.1 mM) and a nuclease treatment provided an efficient method for the extraction of viruses and bacteria from microbial mat samples, as well as optimized conditions for subsequent counting by EFM or FCM.

EDTA has been widely used to extract EPS from both intertidal sediments (30) and microbial mats (31) because it chelates bivalent ions ( $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ ) destroying the links between the EPS polymers and between EPS and sediment particles, thereby releasing attached viruses and bacteria. EDTA has also been used earlier for the extraction of bacteria from coral mucus (21), and in combination with other chemicals for bacterial and viral extraction from sediments and biofilms (15, 18, 19, 21). In these studies, EDTA was used in concentrations ranging from 0.01 to 10 mM and showed good results in the extraction of viruses and/or bacteria.

Our study is the first comprehensive study comparing water bath sonication with the effects of a probe sonication directly on microbial mat samples. Probe sonication had been previously used in a few studies for the extraction of viruses in marine sediments (e.g. 32).

291 In the current study, the application of probe sonication visually disrupted the microbial  
292 mats, significantly increasing the viral and bacterial abundances and strongly improving  
293 the counting yield of viruses and bacteria. Probe sonication proved more effective in viral  
294 extraction from microbial mat samples than water bath sonication, the methodology  
295 routinely used in sediments. Moreover, we did not observe cell disruption with the  
296 sonication times proposed in the current protocol, contrary to previous studies, where  
297 probe sonication had disrupted bacterial cells during extended treatment (1-22 min) at high  
298 energy levels (33). Nonetheless, we recommend initial visual inspection of the material  
299 when utilizing our protocol.

300 The effect of nuclease addition on the extraction methodology has shown  
301 contradictory results in previous studies. Danovaro et al. (34) claimed that the increase in  
302 viral counts after nuclease addition was due to the disruption of bulks of matter where  
303 viruses could be found, and thus a release of attached viruses. Maruyama et al. (35)  
304 ascribed the decrease in the viral fraction to the degradation of uncoated DNA (or  
305 extracellular DNA; eDNA) by DNase. Finally, Fischer et al. (36) showed no differences in  
306 viral counts after nuclease addition because of insignificant amounts of eDNA in the  
307 analysed samples. In our study, the endonuclease benzonase helped to optimize the  
308 counting efficiency by reducing the background fluorescence likely derived from staining  
309 free nucleic acids (eDNA). This is supported by previous measurements of high eDNA  
310 concentrations in marine sediments ( $3.5\text{--}55.2\text{ }\mu\text{g g}^{-1}$ ; 37) and in activated waste water  
311 biofilms ( $4\text{--}52\text{ mg g}^{-1}$  of volatile suspended solids; 38), where it has been suggested to  
312 have an important structural role in bacterial microcolonies by binding bacterial cells  
313 together (38). Microbial mats are highly active biofilms (17) and most probably also contain  
314 high concentrations of eDNA. Nucleases have been shown not to degrade viral particles  
315 (39), therefore, the addition of nucleases does not have negative implications on viral  
316 abundance.

317 Clearly probe sonication contributed most to the method improvement, however, the  
318 addition of EDTA (viruses and cells are shown brighter) and nuclease (cleaner samples)  
319 allowed easier counts. The extraction protocol presented in this study is an effective  
320 extraction method for recovery of viruses and bacteria from photosynthetic microbial mats.  
321 Using this method, viral and bacterial abundances obtained from intertidal microbial mats  
322 were 1.7-2.8 and 2-2.5-fold, respectively, higher than those found using other published  
323 methods for extraction of viruses and bacteria from sediments (14-16) and coral mucus  
324 (21), even after adding probe sonication to these protocols.

325 The microbial mat extraction protocol was shown to improve also the extraction  
326 efficiency of viruses and bacteria from bulk intertidal sediment underlying the  
327 photosynthetic microbial mat when compared to previous published methods (4.5 and 4-  
328 fold higher viruses and bacteria, respectively). With this method it is thus possible to count  
329 viruses and bacteria in both microbial mats and sediments, allowing a direct comparison of  
330 viral and bacterial abundances without biases derived from the use of different extraction  
331 methods.

332 Application of the assay to sediment samples in combination with FCM analysis  
333 showed two clear virus clusters as has been observed also for pelagic samples (26). The  
334 higher virus counts using FCM compared to EFM was most likely due to the reduced  
335 quenching of the green fluorescent signal using FCM in combination with sensitive  
336 detection of the green fluorescent signal (thus overall improved FCM counts of low  
337 fluorescent viruses). Our method resulted in less background noise and an improved  
338 correlation between EFM and FCM virus counts ( $r^2 = 0.74$ ) as compared to what is  
339 published thus far (freshwater sediment;  $r^2 = 0.55$ ; 40). Compared to EFM counting of  
340 viruses, FCM has the advantage of being faster and more accurate.

341 The application of our method to natural photosynthetic microbial mats showed that  
342 viral abundances in these environments are among the highest recorded in natural aquatic

343 systems ( $2.8 \pm 0.3 \times 10^{10} \text{ g}^{-1}$ ). Higher viral numbers have been reported only in eutrophic  
344 sediments with large anthropogenic influence, e.g. Chesapeake Bay ( $1.5 \times 10^{11} \text{ ml}^{-1}$ ; 41)  
345 and Brisbane River ( $2.2 \times 10^{11} \text{ ml}^{-1}$ ; 42). Furthermore, the presented extraction procedure  
346 may also be beneficial for capturing genetic information (e.g. next-generation sequencing)  
347 from the recovered microbes, thereby coupling quantitative abundance analysis to  
348 biodiversity information. However, for DNA extraction, we advice on testing the protocol  
349 without the use of a fixative, as this might inhibit good DNA extraction. Alternatively, heat  
350 treatment has been suggested to reverse the cross linking of DNA/RNA to proteins caused  
351 by fixatives (43). We anticipate that the methodology here presented will stimulate a  
352 systematic and quantitative exploration of viral ecology in benthic microbial mat systems.

353

#### 354 **Acknowledgements**

355 The study received financial support from Fundação para a Ciência e a Tecnologia  
356 (FCT – SFRH/BD/43308/2008), the Royal Netherlands Institute for Sea Research (NIOZ),  
357 and The Danish Research Council for Independent Research (FNU). We are grateful to  
358 Christian Lønborg, Tim Piel and Robin van de Ven for field and laboratory assistance.



359 **References**

- 360 1. **Van Gernerden H.** 1993. Microbial mats: a joint venture. *Mar. Geol.* **113**:3-25.
- 361 2. **Canfield DE, Thamdrup B, Kristensen E.** 2005. *Aquatic Geomicrobiology*, vol. 48. Elsevier.
- 362 3. **Stal LJ.** 1994. Microbial mats in coastal environments, p. 21-32. *In* Stal LJ, Caumette P (ed.),
- 363 *Proceedings of the NATO advanced research workshop on structure, development and*
- 364 *environment significance of microbial mats*, vol. G35. Springer-Verlag, Arcachon, France.
- 365 4. **Teske A, Stahl DA.** 2002. Microbial mats and biofilms: evolution, structure, and function of fixed
- 366 microbial communities, p. 49-100. *In* Staley JT, Reysenbach A-L (ed.), *Biodiversity of microbial life:*
- 367 *foundations of Earth's biosphere*, First Edition ed. Wiley-Liss, Inc., New York.
- 368 5. **De Brouwer JFC, Ruddy GK, Jones TER, Stal LJ.** 2002. Sorption of EPS to sediment particles and the
- 369 effect on the rheology of sediment slurries. *Biogeochemistry* **61**:57-71.
- 370 6. **Larsen A, Castberg T, Sandaa RA, Brussaard CPD, Egge J, Heldal M, Paulino A, Thyrhaug R, Hannen**
- 371 **EJv, Bratbak G.** 2001. Population dynamics and diversity of phytoplankton, bacteria and viruses in a
- 372 seawater enclosure. *Mar. Ecol. Prog. Ser.* **221**:47-57.
- 373 7. **Lønborg C, Middelboe M, Brussaard CPD.** 2013. Viral lysis of *Micromonas pusilla*: impacts on
- 374 dissolved organic matter production and composition. *Biogeochemistry* **116**:231-240.
- 375 8. **Rohwer F, Thurber RV.** 2009. Viruses manipulate the marine environment. *Nature* **459**:207-212.
- 376 9. **Danovaro R, Dell'Anno A, Corinaldesi C, Magagnoli M, Noble R, Tamburini C, Weinbauer M.** 2008.
- 377 Major viral impact on the functioning of benthic deep-sea ecosystems. *Nature* **454**:1084-1088.
- 378 10. **Carreira C, Larsen M, Glud RN, Brussaard CPD, Middelboe M.** 2013. Heterogeneous distribution of
- 379 prokaryotes and viruses at the microscale in a tidal sediment. *Aquat. Microb. Ecol.* **69**:183-192.
- 380 11. **Middelboe M, Glud RN.** 2006. Viral activity along a trophic gradient in continental margin
- 381 sediments off central Chile. *Mar. Biol. Res.* **2**:41-51.
- 382 12. **Des Marais DJ.** 2003. Biogeochemistry of hypersaline microbial mats illustrates the dynamics of
- 383 modern microbial ecosystems and the early evolution of the biosphere. *Biol Bull* **204**:160-167.
- 384 13. **Ward DM, Bateson MM, Ferris MJ, Kühl M, Wieland A, Koeppel A, Cohan FM.** 2006.
- 385 Cyanobacterial ecotypes in the microbial mat community of Mushroom Spring (Yellowstone
- 386 National Park, Wyoming) as species-like units linking microbial community composition, structure
- 387 and function. *Philos T R Soc B* **361**:1997-2008.
- 388 14. **Danovaro R, Middelboe M.** 2010. Separation of free virus particles from sediments in aquatic
- 389 sediments, p. 72-79. *In* Wilhelm SW, Weinbauer MG, Suttle CA (ed.), *Manual of Aquatic Viral*
- 390 *Ecology*. ASLO.
- 391 15. **Kallmeyer J, Smith DC, Spivack AJ, D'Hondt S.** 2008. New cell extraction procedure applied to deep
- 392 subsurface sediments. *Limnol Oceanogr Methods* **6**:236-245.
- 393 16. **Lunau M, Lemke A, Walther K, Martens-Habbena W, Simon M.** 2005. An improved method for
- 394 counting bacteria from sediments and turbid environments by epifluorescence microscopy.
- 395 *Environ. Microbiol.* **7**:961-968.
- 396 17. **Decho AW.** 2000. Microbial biofilms in intertidal systems: an overview. *Cont. Shelf Res.* **20**:1257-
- 397 1273.
- 398 18. **Helton RR, Liu L, Wommack KE.** 2006. Assessment of factors influencing direct enumeration of
- 399 viruses within estuarine sediments. *Appl. Environ. Microbiol.* **72**:4767-4774.
- 400 19. **Hewson I, Fuhrman JA.** 2003. Viriobenthos production and virioplankton sorptive scavenging by
- 401 suspended sediment particles in coastal and pelagic waters. *Microb. Ecol.* **46**:337-347.
- 402 20. **Bauersachs T, Compaoré J, Severin I, Hopmans EC, Schouten S, Stal LJ, Sinninghe Damsté JS.** 2011.
- 403 Diazotrophic microbial community of coastal microbial mats of the southern North Sea. *Geobiology*
- 404 **9**:349-359.
- 405 21. **Garren M, Azam F.** 2010. New method for counting bacteria associated with coral mucus. *Appl.*
- 406 *Environ. Microbiol.* **76**:6128-6133.
- 407 22. **Zhang L, Dhillon P, Yan H, Farmer S, Hancock REW.** 2000. Interactions of bacterial cationic peptide
- 408 antibiotics with outer and cytoplasmic membranes of *Pseudomonas aeruginosa*. *Antimicrob.*
- 409 *Agents Chemother.* **44**:3317-3321.

- 410 23. **Huyghe BG, Liu X, Sutjipto S, Sugarman BJ, Horn MT, Shepard HM, Scandella CJ, Shabram P.** 1995.  
411 Purification of a type 5 recombinant adenovirus encoding human p53 by column chromatography.  
412 *Hum. Gene Ther.* **6**:1403-1416.
- 413 24. **Noble RT, Fuhrman JA.** 1998. Use of SYBR Green I for rapid epifluorescence counts of marine  
414 viruses and bacteria. *Aquat. Microb. Ecol.* **14**:113-118.
- 415 25. **Suttle CA, Fuhrman JA.** 2010. Enumeration of virus particles in aquatic or sediment samples by  
416 epifluorescence microscopy, p. 145-153. *In* Wilhelm SW, Weinbauer MG, Suttle CA (ed.), *Manual of*  
417 *Aquatic Viral Ecology*. ASLO.
- 418 26. **Brussaard CPD, Payet JP, Winter C, Weinbauer MG.** 2010. Quantification of aquatic viruses by flow  
419 cytometry, p. 102-109. *In* Wilhelm SW, Weinbauer MG, Suttle CA (ed.), *Manual of Aquatic Viral*  
420 *Ecology*. ASLO.
- 421 27. **Vaulot D.** 1989. CYTOPC: Processing software for flow cytometric data. *Signal and Noise* 2:8
- 422 28. **Sokal RR, Rohlf FJ.** 1995. *Biometry the principles and practice of statistics in biological research*, p.  
423 850, 3rd Edition ed. W. H. Freeman and Company, New York.
- 424 29. **Monfort P, Baleux B.** 1992. Comparison of flow cytometry and epifluorescence microscopy for  
425 counting bacteria in aquatic ecosystems. *Cytometry* **13**:188-192.
- 426 30. **Underwood GJC, Paterson DA, Parkes RJ.** 1995. The measurement of microbial carbohydrate  
427 exopolymers from intertidal sediments. *Limnol. Oceanogr.* **40**:1243-1253.
- 428 31. **Decho AW, Visscherb PT, Reid RP.** 2005. Production and cycling of natural microbial exopolymers  
429 (EPS) within a marine stromatolite. *Palaeogeogr., Palaeoclimatol., Palaeoecol.* **219**:71-86.
- 430 32. **Middelboe M, Glud RN, Filippini M.** 2011. Viral abundance and activity in the deep sub-seafloor  
431 biosphere. *Aquat. Microb. Ecol.* **63**:1-9.
- 432 33. **Holm ER, Stamper DM, Brizzolara RA, Barnes L, Deamer N, Burkholder JM.** 2008. Sonication of  
433 bacteria, phytoplankton and zooplankton: Application to treatment of ballast water. *Mar. Pollut.*  
434 *Bull.* **56**:1201-1208.
- 435 34. **Danovaro R, Dell'Anno A, Trucco A, Serresi M, Vanucci S.** 2001. Determination of virus abundance  
436 in marine sediments. *Appl. Environ. Microbiol.* **67**:1384-1387.
- 437 35. **Maruyama A, Oda M, Higashihara T.** 1993. Abundance of virus-sized non-DNase-digestible DNA  
438 (Coated DNA) in eutrophic seawater. *Appl. Environ. Microbiol.* **59**:712-717.
- 439 36. **Fischer UR, Kirschner AKT, Velimirov B.** 2005. Optimization of extraction and estimation of viruses  
440 in silty freshwater sediments. *Aquat. Microb. Ecol.* **40**:207-216.
- 441 37. **Danovaro R, Dell'anno A, Pusceddu A, Fabiano M.** 1999. Nucleic acid concentrations (DNA, RNA) in  
442 the continental and deep-sea sediments of the eastern Mediterranean: relationships with  
443 seasonally varying organic inputs and bacterial dynamics. *Deep Sea Res. (I Oceanogr. Res. Pap.)*  
444 **46**:1077-1094.
- 445 38. **Dominiak DM, Nielsen JL, Nielsen PH.** 2011. Extracellular DNA is abundant and important for  
446 microcolony strength in mixed microbial biofilms. *Environ. Microbiol.* **13**:710-721.
- 447 39. **Jiang SC, Paul JH.** 1995. Viral contribution to dissolved DNA in the marine environment as  
448 determined by differential centrifugation and kingdom probing. *Appl. Environ. Microbiol.* **61**:317-  
449 325.
- 450 40. **Duhamel S, Jacquet S.** 2006. Flow cytometric analysis of bacteria- and virus-like particles in lake  
451 sediments. *J. Microbiol. Methods* **64**:316-332.
- 452 41. **Helton RR, Wang K, Kan J, Powell DH, Wommack KE.** 2012. Interannual dynamics of viriobenthos  
453 abundance and morphological diversity in Chesapeake Bay sediments. *FEMS Microbiol. Ecol.*  
454 **79**:474-486.
- 455 42. **Hewson I, O'Neil JM, Heil CA, Bratbak G, Dennison WC.** 2001. Effects of concentrated viral  
456 communities on photosynthesis and community composition of co-occurring benthic microalgae  
457 and phytoplankton. *Aquat. Microb. Ecol.* **25**:1-10.
- 458 43. **Gilbert MTP, Haselkorn T, Bunce M, Sanchez JJ, Lucas SB, Jewell LD, Marck EV, Worobey M.** 2007.  
459 The isolation of nucleic acids from fixed, paraffin-embedded tissues-which methods are useful  
460 when? *PLoS ONE* **2**:e537.

462

463

464 **Table 1.** Chemical and physical treatment parameters of the five extraction methods (four  
 465 previously published and the present study), used to extract and count viruses and  
 466 bacteria from photoautotrophic microbial mat samples. n.a. – not applicable.

| Reference                 | Chemical treatment  | Physical Treatment   |
|---------------------------|---|--|
| Lunau et al. 2005         | MeOH (10 - 30 %) at 35°C  | ultrasonic bath (15 min)   |
| Kallmeyer et al 2008      | Acetate buffer (pH 4.6 in NaCl) 2 h                                     | vortex 30 - 60 min;<br>ultrasonic probe (outside<br>sample) (10 sec x 3) |
|                           | MeOH (10 %)+EDTA (10 mM) + Tween  |  |
|                           | 80 (0.1 % v/v)+Na <sub>4</sub> O <sub>7</sub> P <sub>2</sub> (10 mM)    |  |
|                           | 50 % Nycodenz   |  |
| Danovaro & Middelboe 2010 | Na <sub>4</sub> O <sub>7</sub> P <sub>2</sub> (5 - 10 mM) 15 min on ice | ultrasonic bath (1 min x 3)  |
|                           | DNase (1 µL) + RNase (1 µL) 15 min at<br>room temperature               |  |
| Garren & Azam 2010        | EDTA (0.01 mM) 30 min on ice  | n.a.   |
|                           | Trypsin (0.4 %) 15 min at 37 °C   |  |
| Present study             | EDTA (0.1 mM) 15 min on ice   | ultrasonic probe (10 sec x 3)  |
|                           | Benzonase (1 µL) 30 min at 37 °C  |  |

467

468

469 **Figure Legends**

470

471 **Figure 1** Flow diagram of the method established in the present study to extract viruses  
472 and bacteria from microbial mat samples and sediment.

473

474 **Figure 2** Viral and bacterial abundance ( $\times 10^9 \text{ g}^{-1}$ ) in the top 1 mm of photosynthetic  
475 microbial mat samples using water bath sonication combined with the Danovaro and  
476 Middelboe 2010 extraction method (5 and 10 mM TSPP), and the present method (0.1 and  
477 10 mM EDTA). Standard deviations are shown ( $n = 4$ ). Significant differences ( $p < 0.05$ )  
478 are noted by upper case letters for viral abundance and lower case for bacterial  
479 abundance.

480

481 **Figure 3** Effect of sonication cycles (10 s) on viral and bacterial abundance ( $\times 10^{10} \text{ g}^{-1}$ ),  
482 after the addition of 0.1 mM EDTA. Standard deviations are shown ( $n = 4$ ). Significant  
483 differences ( $p < 0.01$ ) are noted by upper case letters for viral abundance and lower case  
484 for bacterial abundance.

485

486 **Figure 4** Epifluorescence microscopy images of viruses and bacteria from the top 1 mm of  
487 photosynthetic microbial mat samples (A) with and (B) without benzonase. Scale bar  
488 indicates 5  $\mu\text{m}$ . Small and big arows indicate viruses and bacteria, respectively.

489

490 **Figure 5** Effect of storage period on viral and bacterial abundance before extraction from  
491 top 1 mm of photosynthetic microbial mat samples (relative units). Samples were snap  
492 frozen in liquid nitrogen ( $-80^\circ\text{C}$ ) before storage. Standard deviations are shown ( $n = 4$ ).  
493 Significant differences ( $p < 0.05$ ) are noted by upper case letters for viral abundance and  
494 lower case for bacterial abundance.

495

496 **Figure 6** Viral and bacterial abundances ( $\times 10^{10} \text{ g}^{-1}$ ) in the top 1 mm of photosynthetic  
497 microbial mat samples, using the extraction methods of Lunau et al. 2005 (I), Kallmeyer et  
498 al. 2008 (II), Danovaro & Middelboe 2010 (III), Garren & Azam 2010 (IV), and the method  
499 from the present study (V). P indicates probe sonication step added. Standard deviations  
500 are shown ( $n = 4$ ). Statistical analysis showed a significant difference between the original  
501 and the combined method with probe sonification ( $p < 0.001$  for viral and bacteria  
502 abundance), and significant differences between the present method and the other four  
503 methods ( $p < 0.001$  and  $p < 0.05$  for viral and bacteria abundance, respectively).  
504 Significant differences are noted by upper case letters for viral abundance and lower case  
505 for bacterial abundance.

506

507 **Figure 7** Cytogram (A) of viruses from photosynthetic microbial mat samples using flow  
508 cytometry after staining with nucleic acid-specific dye SYBR Green I, and (B) from control  
509 sample without viruses. Green fluorescence (V1 and V2) allows the distinction of two virus  
510 clusters. R.u. stands for relative units.

511

512 **Figure 8** Comparison of viral counts ( $n = 40$ ) using flow cytometry (FCM) and  
513 epifluorescence microscopy (EFM) after extraction with the present method.

Microbial mat sample (100 mg)



Fix sample with 2 %  
glutaraldehyde (800  $\mu$ l), 15 min



Add 0.1 mM EDTA (final  
concentration) in ice 15 min



Probe sonication in ice-water  
3 x 10 sec



Incubate 1  $\mu$ l sample with 1  $\mu$ l  
Benzonase in 1 ml MilliQ  
30 min 37°C



Filter samples for EFM or  
freeze samples for FCM















