

Oceans and Human Health:

New Area of Interdisciplinary Science

Professor Lora E Fleming MD PhD MPH MSC











Outline

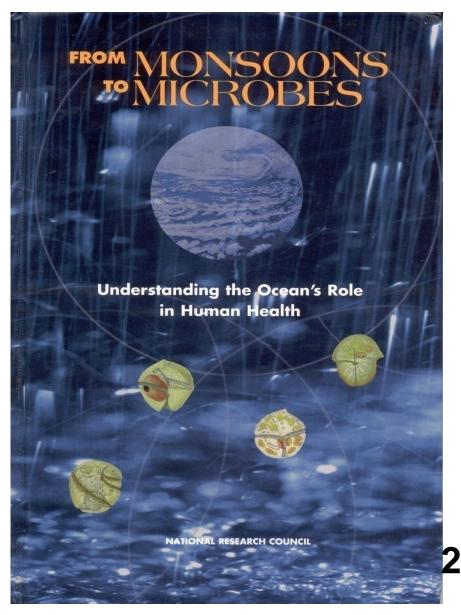
Oceans & Human Health

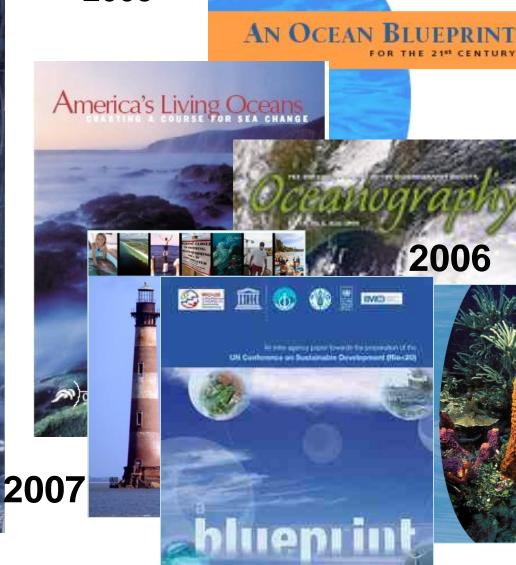
- Context
 - New "Metadiscipline"
- Issues Overview
 - Risks & Benefits/Opportunities
 - Interspersed with Fleming et al research
- Future directions











ne ocean we coastal SustainABILITY

European

MARINE BOA

Advancing Seas & Oceans So







































































Linking Oceans Human Health:

A Strategic Research Priority for Europe

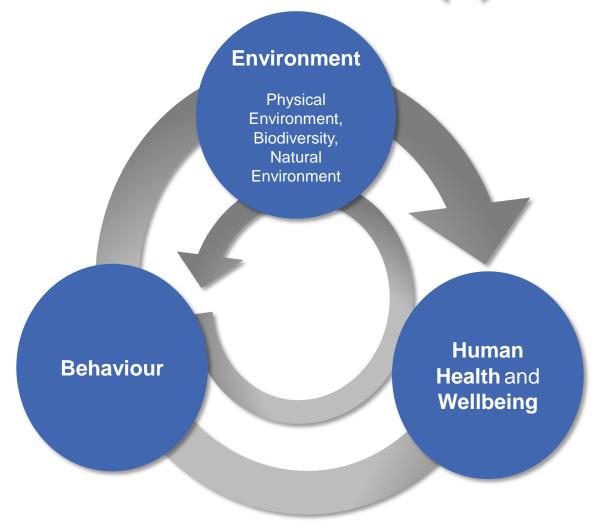
Position Paper 19

2014





Interconnections: Environment Human Health



Oceans & Human Populations: Coastal Migration

- 40-60% of the World's population lives near coastal areas
 - 53% US population in Coastal Counties with 75% by 2025
- 90% future world population growth in Sub/Tropical areas
 - 6 billion to 8.3 billion (2025)
- Increased use of coastal/marine resources







US Ocean Policy Commission Report

US Ocean Commercial:

- Ports: \$700 Billion
- Commercial Fishing: \$28 Billion
- Off shore Gas/Oil: \$25-40 Billion

US Ocean Recreational:

- Saltwater Fishing: \$20 Billion
- Cruise Industry: \$11 Billion
- Coastal Tourism: > 1.5 Million Jobs







OCEAN POLI

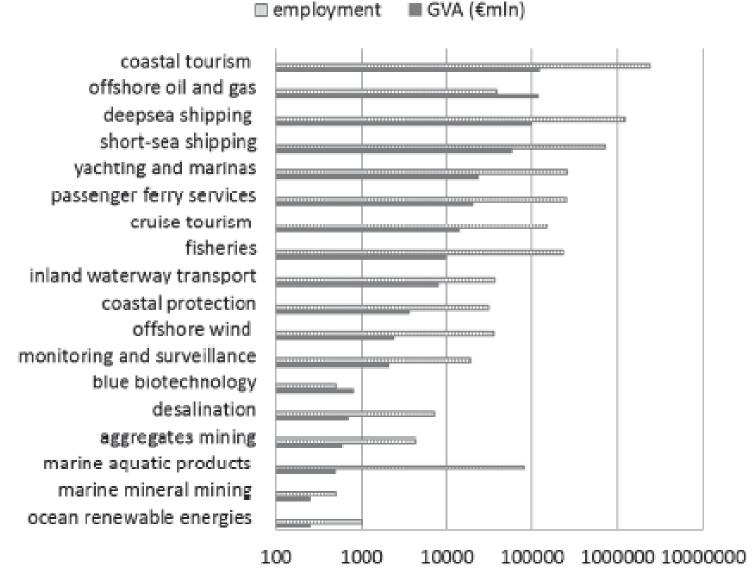
Europe – a maritime continent

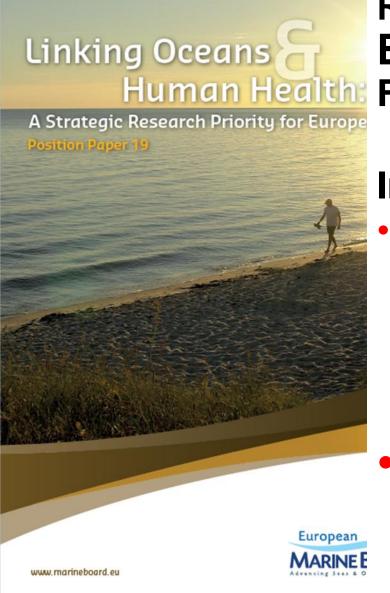
- 4 seas & 2 oceans
- 91,000km coastline (EU + Norway)
 - 50% EU population lives within 50km of coastline
 - 50% EU territory underwater
- Trade: 90% external, 40% internal
 - 40% World's Merchant Fleet
- 5.4 M jobs
- GVA = €500 Billion/year

¹ EU Blue Growth Strategy: COM(2012)494 final; N McDonough ESF Marine Board

EU Blue Growth Strategy

Economic value by sector





RISKS & BENEFITS/OPPORTUNITIES FROM SEAS/OCEANS

International Need:

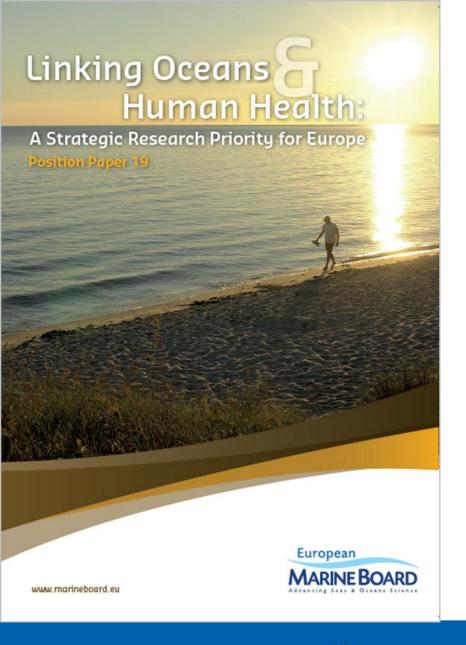
 To Increase Understanding of Human and Ecosystem Interactions with the Seas and Oceans

 Both risks AND benefits/opportunities









RISKS:

- Storms, Climate Events
- Harmful Algal Blooms (HABs) & Other Toxins
- Infectious Diseases
- Anthropogenic
 Chemicals
- Fisheries
 Destruction







Natural Events/Global Climate Change

- Hurricane Andrew (1992) \$25 BILLION
- Hurricane Mitch (1998) > 9000 deaths with > 9200 people missing in Honduras, Nicaragua, Guatemala
- Papua, New Guinea (1998) Tsunami > 2000 deaths
- Florida 4 Hurricanes (2004) & 3 Hurricanes (2005)
- Tsunami (2004) >150,000 people dead; millions homeless from Indonesia to Africa
- Hurricane Katrina (2005) >3000 dead; \$Billions GOM
- Burmese Cyclone (2008) > ?300,000 deaths; ?damage
- Hurricane Ike (2008) >194 deaths; \$ Billions
- Japan Tsunami (2011) >17,000 deaths; \$Billions
- Hurricane Sandy (2012) > 70 deaths; >\$50 Billion NYC







Natural Events/Global Climate Change

Increased CO₂ and Sea Surface Temperature (SST)

- Sea Level Rise & Increased Temperatures & Acidification
- Extreme Weather
- Human Health Impacts?
 - Drowning, trauma, migration
 - ?Infectious Diseases
 - Threat to Fisheries & Agriculture, Food Security
 - Marine Microbial
 - Harmful Algal Blooms (HABs)
 - Other Microbes
 - ?Depression
- Most Vulnerable are the Developing Nations!







Natural Events/Global Climate Change





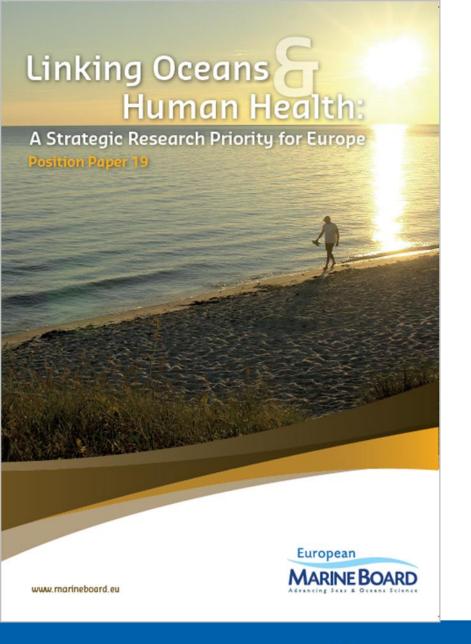


- Climate change affecting Italy's Chianti wine!
- Climate shifts will change the future of vintages!
- The World's First Conference on Wine and Global Warming in Barcelona!









RISKS:

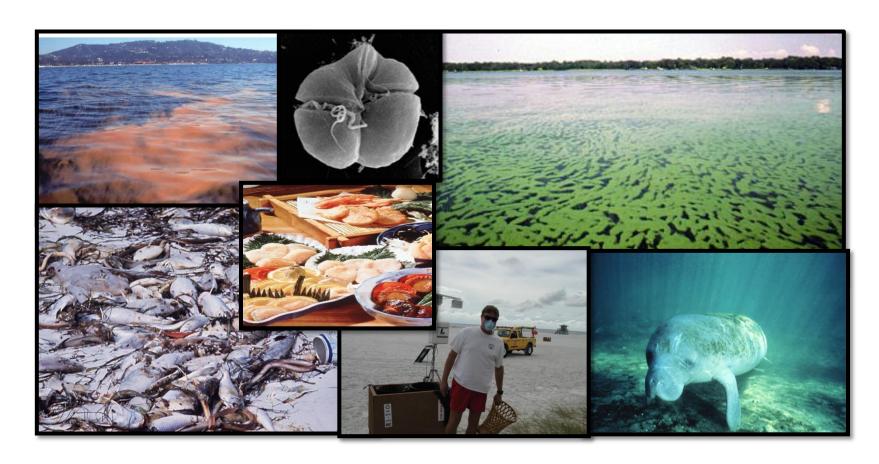
- Storms, Climate Events
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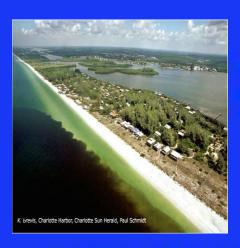
Harmful Algal Blooms (HABs)









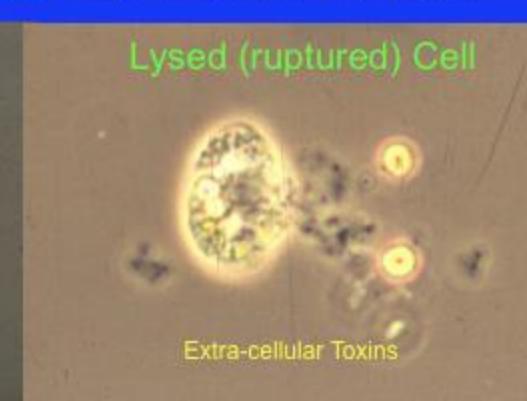


Florida Red Tide

Karenia brevis

(formerly Gymnodinium breve, Ptychodiscus brevis)

Whole (live) Cell Intra-cellular Toxins



Brevetoxins

PbTx Type-2

HQ O JO R2

H3C HO HO

H3C HO

O B C D E O

<u>R1</u>

PbTx-1: H

PbTx-7: H

PbTx Type-1

R2

CH2CH(CH=CH2)CHO

CH₂CH(CH=CH₂)CH₂OH

R1 R2PbTx-2: H $CH_2C(=CH_2)CHO$ PbTx-3: H $CH_2C(=CH_2)CH_2OH$

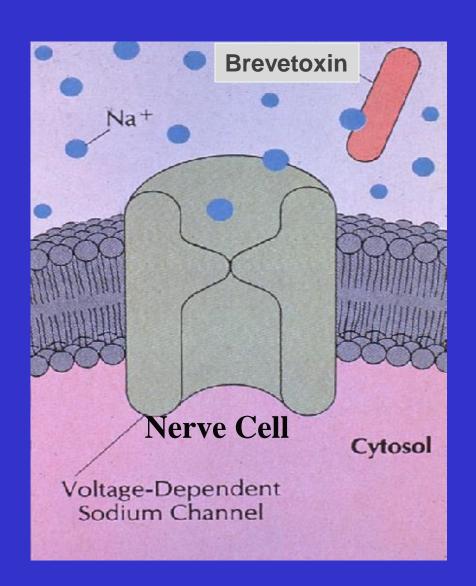
PbTx-5: CH₃CO CH₂C(=CH₂)CHO
PbTx-6: H CH₂C(=CH₂)CHO
27 28 perovide

27,28 peroxide

PbTx-8: H CH₂C(=CH₂)COCH₂CI

PbTx-9: H CH₂CH(CH₃)CH₂OH PbTx-10: H CH₂CH(CH₃)CH₂OH

Brevetoxin Effects on the Sodium Channel in Nerve Cells







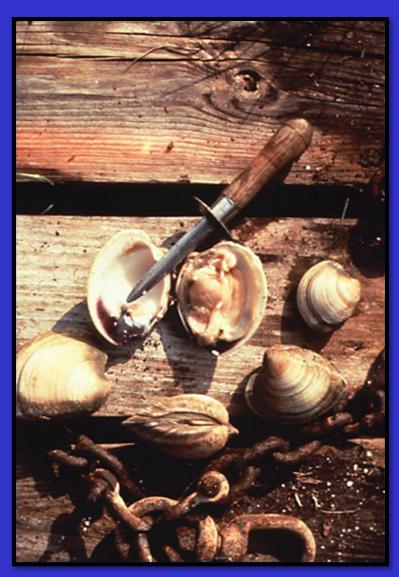






Neurotoxic Shellfish Poisoning (NSP)



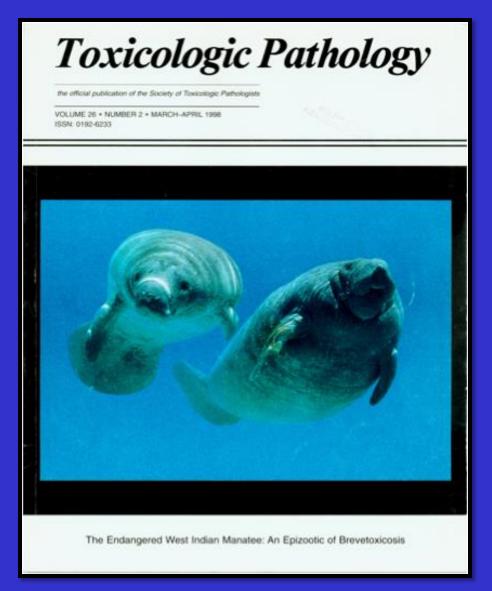




Red Tides & Fish Kills



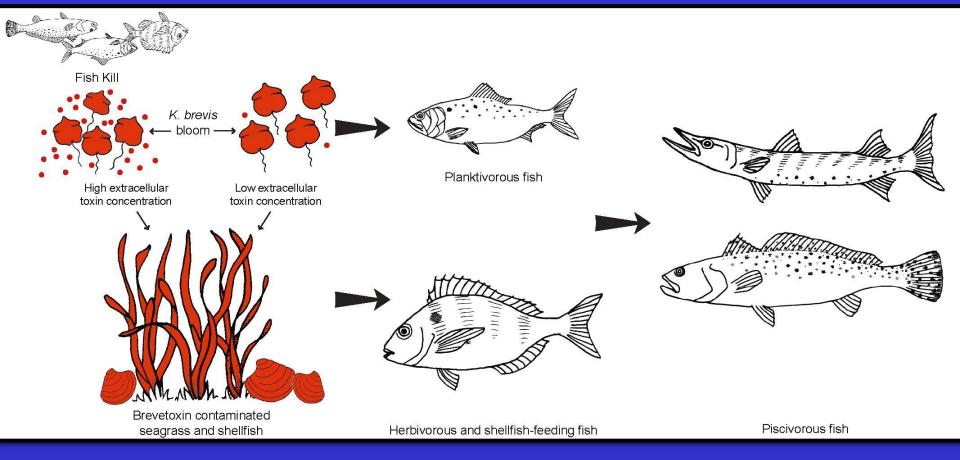
Brevetoxicosis = Zoonosis





?Brevetoxin Fish Poisoning New Pathway!

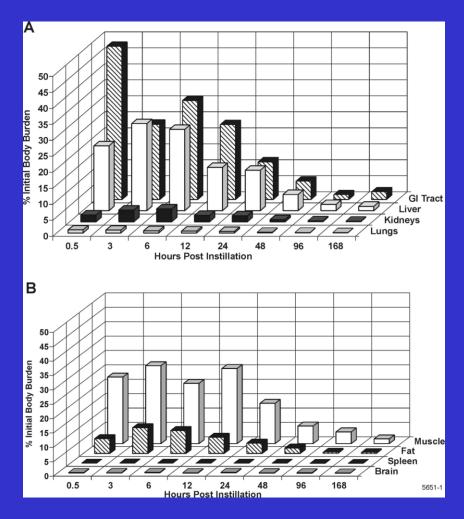




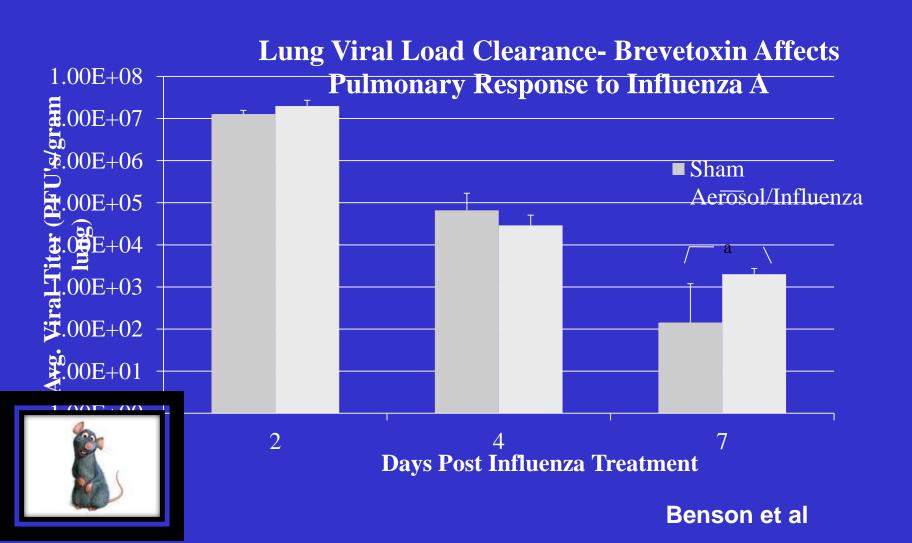
Naar, Flewelling, et al

Distribution of Brevetoxins



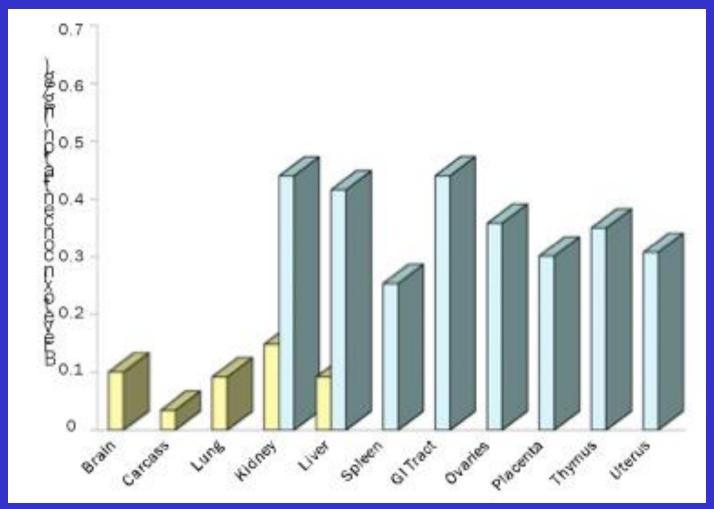


Brevetoxin Inhalation alters Pulmonary Response to Influenza A in F344 Rats





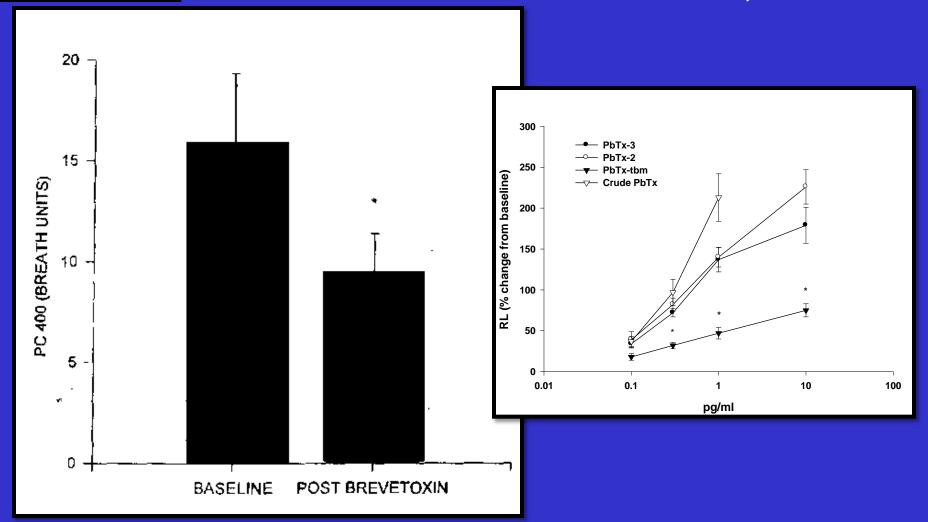
Brevetoxin Exposures during Pregnancy



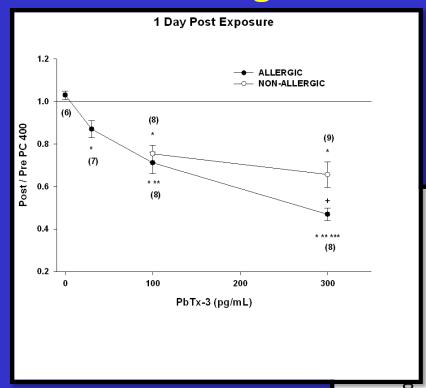


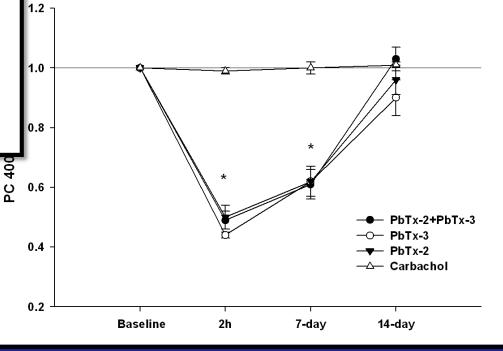
Sheep as Model Systems

Abraham, Zaias et al



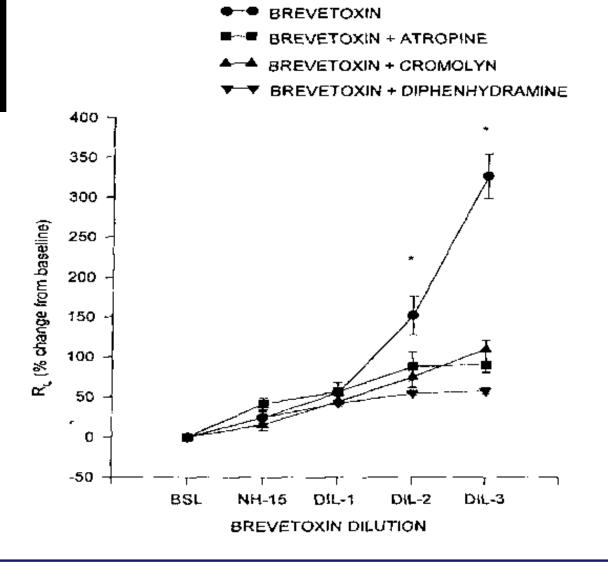
1 and 4 -Consecutive Day Challenges produce Prolonged Airway Hyper-responsiveness







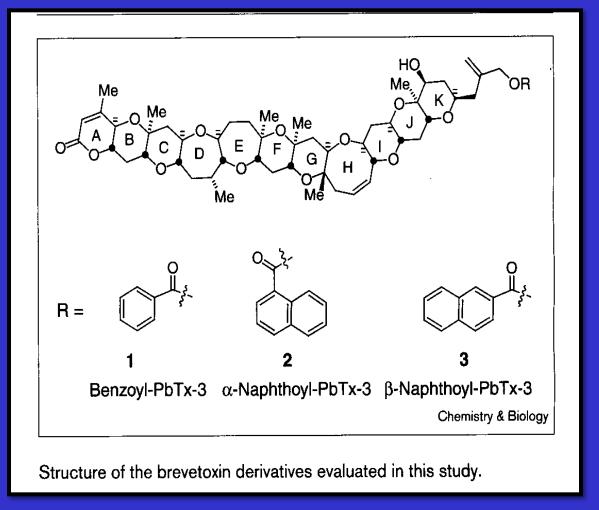




Treatment & Prevention of Brevetoxin Aerosol Effects

Synthetic & Natural Toxin Derivatives: Brevenal & Cystic Fibrosis







Aerosolized (Brevetoxin) Florida Red Tide





Florida Red Tide (Brevetoxin) & Organism & Toxin Monitoring



Florida Red Tide (Brevetoxin) Air Monitoring & Environmental

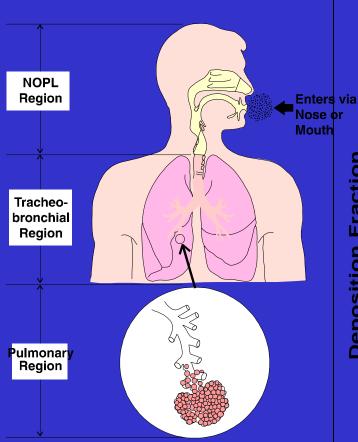
Conditions



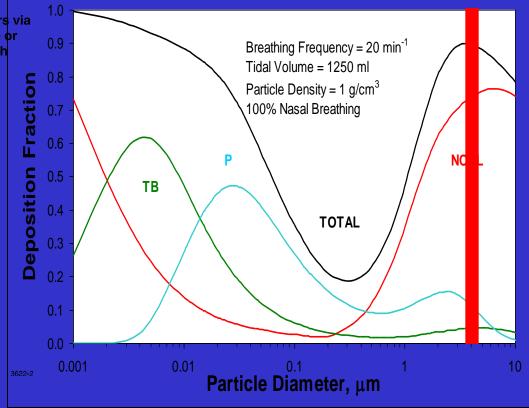




Respiratory Particulate Deposition



LUNG DEPOSITION PATTERN FOR LIGHT EXERCISE



Cheng, Pierce et al

Florida Red Tide Populations & Baseline and Pre/Post Exposure Interviews







Florida Red Tide (Brevetoxins) & Baseline & Pre/Post Exposure Spirometry

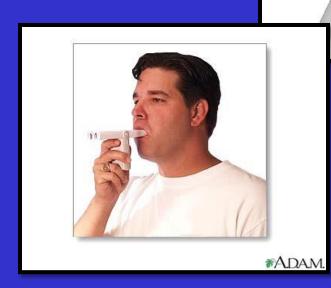


Fleming, Backer, Kirkpatrick, et al

Exhaled Breath Condensates, Peak Flow, Follow up & Longitudinal



Studies



Fleming, Backer, Kirkpatrick, et al

*ADAM

Peak flow meter

Emergency Room Admissions: Respiratory, Gl



Conclusions:



Serb.

- Animals in the wild
 - Fish mortality
 - Brevetoxicosis
 - ?Brevetoxin fish poisoning
- Evaluation in Animal Models
 - Possible acute & chronic immune effects
 - No effects pregnant/fetus
 - Acute & Subacute pulmonary effects in asthmatic sheep
 - Possible Mitigation & Treatment
 - New Compound with Therapeutic Potential
- Documented Environmental Aerosolized Exposures
 - Cells & Toxins in water & air
 - Wind and Wind Direction Important
 - Detect brevetoxin > 1 mile inland
 - Particulate Size (10-20% respirable)



Conclusions: Humans

- Emergency room visits GI & Respiratory
- Acute Respiratory Effects
 - Symptoms in Asthmatics & Occupational
 - PFTs in Asthmatics
- Sub Acute Respiratory Effects
 - Symptoms & PFTs Asthmatics
 - Increased ER Respiratory Admissions
- Chronic Respiratory Effects
 - ?None in stable asthmatics; ?Unstable
 - ?Pneumonia, Bronchitis increased risk

Visit our website at: www.mote.org/niehsredtidestudy



Inter-disciplinary/Agency Collaborators

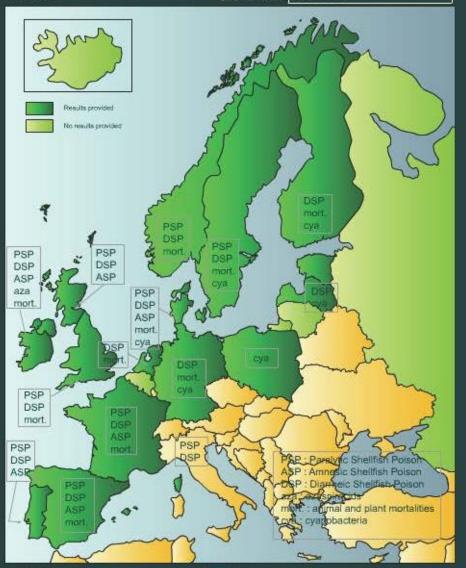
- CDC
- Florida Department of Health
- Florida Department of Environmental Protection
- Florida Marine Research
 Institute
- Harbor Branch
- Lovelace Institute
- Mote Marine Lab
- NIEHS
- S. Florida Poison Information
- Univ Miami School of Medicine & RSMAS
- Univ North Carolina (Wilmington)



DISCLAIMER - WARNING

HAEDAT maps should be interpreted with caution regarding risk of interestation by seafood products from the respective areas/regions/countries. The IOC and ICES are not liable for possible misuse.

ICES countries of the information.









Shellfish Safety – Algal toxins

EU working group on emerging toxins (May 2012)

1. Ciguatoxins

Emerging in southern European waters

2. Ovatoxins

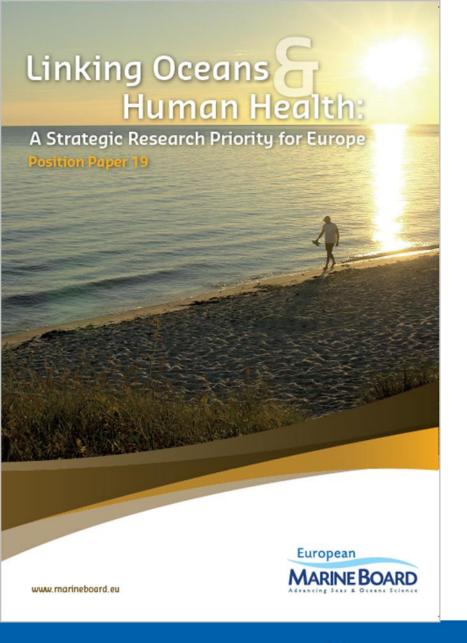
Emerging in Mediterranean

3. Cyclic Imines

Spirolides everywhere, others sporadic

4. TTX

Gasteropod (PT) & fish in Mediterranean



RISKS:

- Storms, Climate **Events**
- Harmful Algal Blooms (HABs) & **Other Toxins**
- Infectious Diseases
- Anthropogenic **Chemicals**
- Fisheries **Destruction**









Microbes & Infectious Diseases

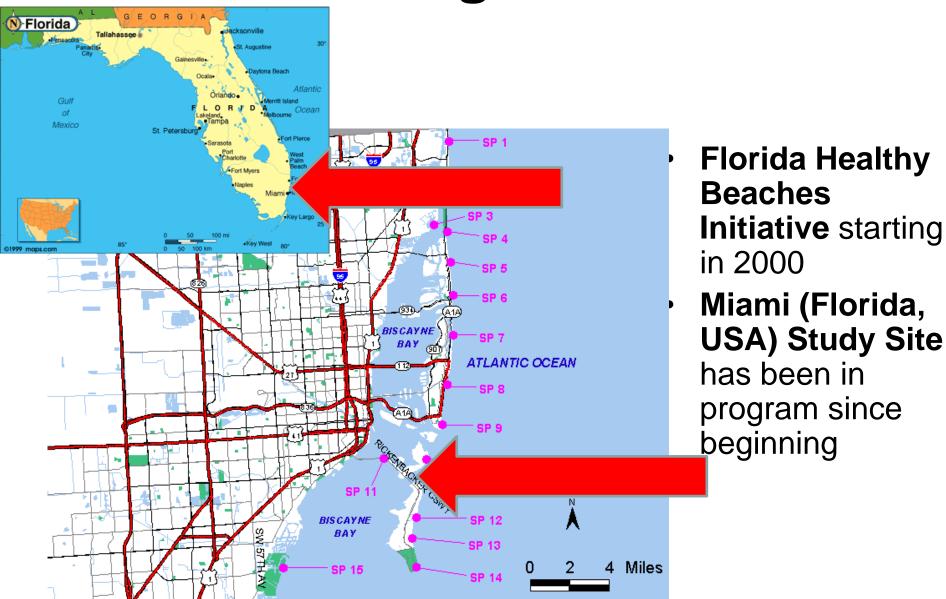


Environment & Human Health

Microbial Pollution



Background

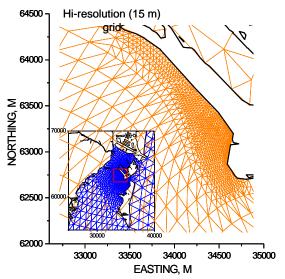


Primary Goal:

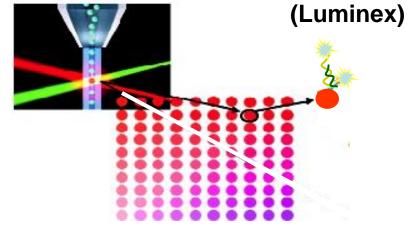
Evaluate relationship between human health and physical & microbial characteristics of non point source sub/tropical recreational marine waters

Project Goals

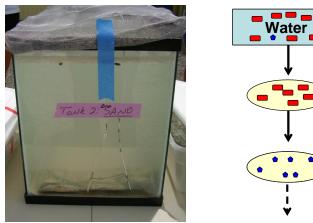
Develop a Microbial Fate and **Transport Model**



Explore new innovative technology



Measure indicators/pathogens and human health outcomes



Train scientists concerning health issues related to coastal water quality







Wright 2009; Abdelzaher 2013

Adult Bather Shedding Studies



Large Pool Study

Elmir 2007; Plano 2011 Elmir 2009; Plano 2013

Toddler Shedding Study









































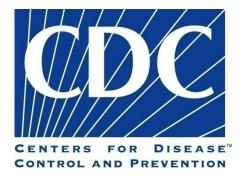


NATIONAL SCIENCE FOUNDATION • NATIONAL INSTITUTE OF ENVIRONMENTAL HEALTH SCIENCES

B.E.A.C.H.E.S

Beach Environmental Assessment and Characterization Human Exposure Study





BEACHES STUDY





Randomization









Conclusions

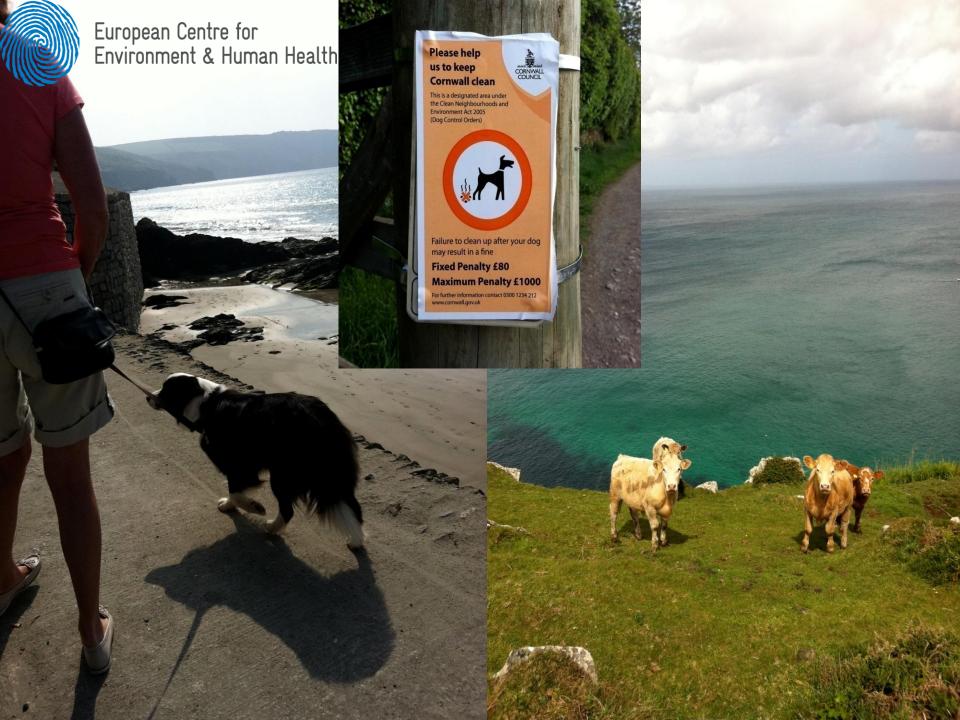
Non Point Source Subtropical Marine Waters

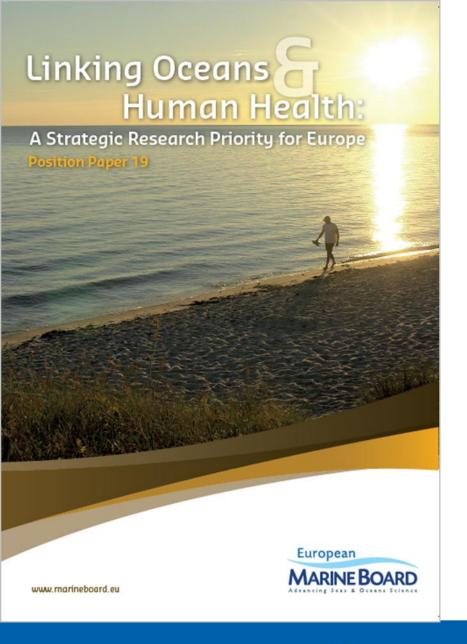
- +Increased reported illness
 - Gastrointestinal
 - Skin
 - Respiratory
- Associated with Indicator Organism (MF)
 - No Threshold: Skin only
- Associated with Environmental Measures
 - Rain (Skin) & Temperature (AFI)
- No Association other FIB or Env Measures
 - Enterococcus QPCR, Source Tracking, Staph

<u>A</u>cknowledgeme









RISKS:

- Storms, Climate Events
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- Anthropogenic Chemicals
- Fisheries
 Destruction







Anthropogenic Pollution



Mixtures!!!

Chemicals, HABs, Microbial Pollution, Climate Change, Acidification, Ocean Currents, Demographic Change, etc

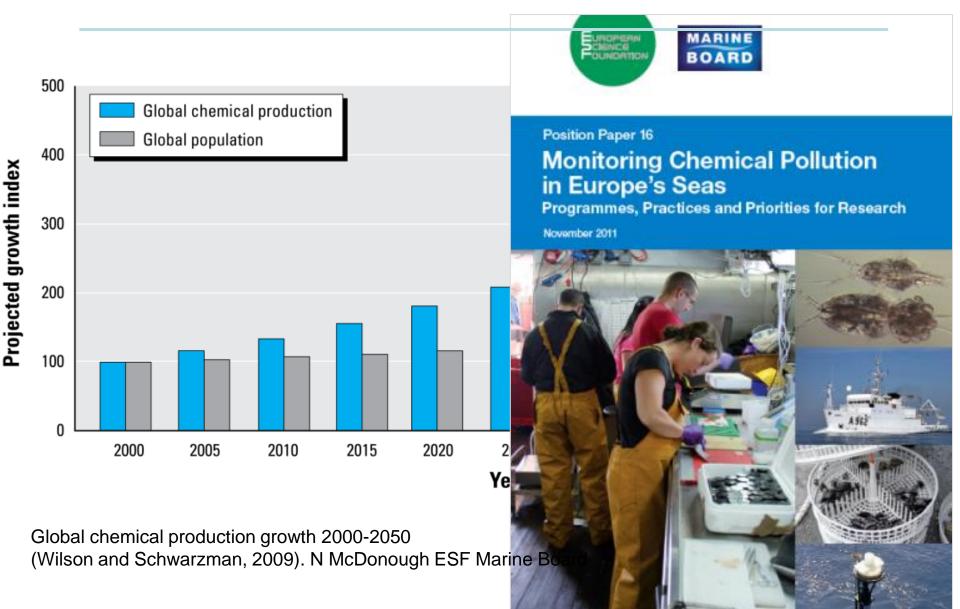


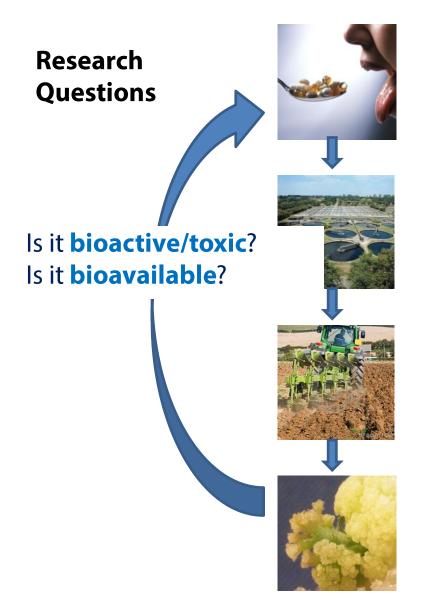




Marine Chemical Pollution







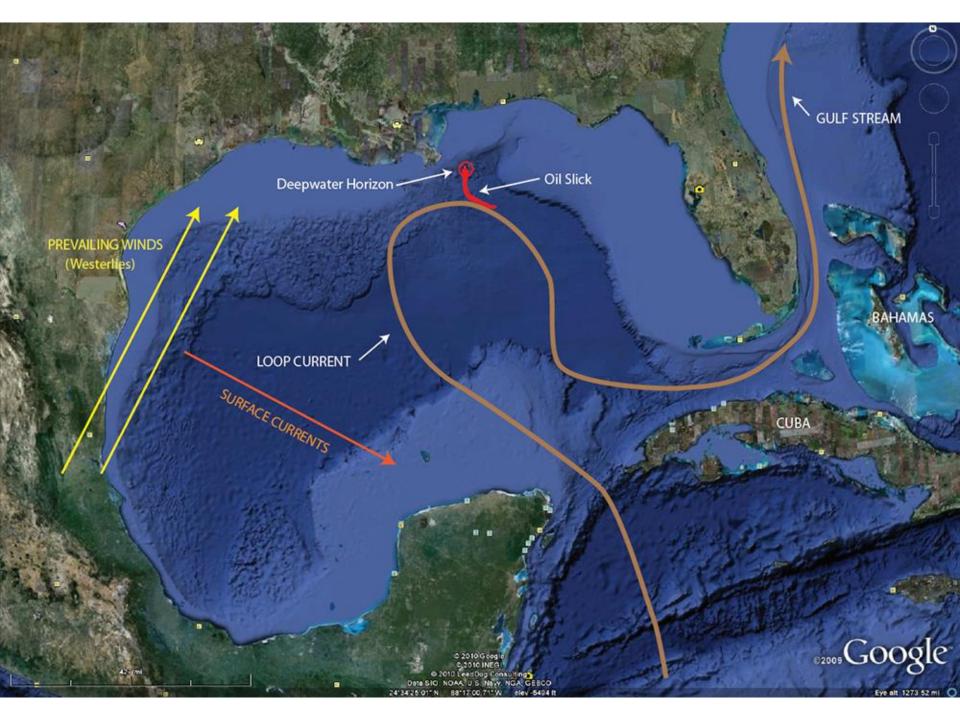
Which pharmaceuticals should we research? How much is excreted? What are the metabolites?

Degradation in the sewage treatment works? **Partition** into sludge or biosolids? Can we use **models** to predict this?

Does the **biosolid form** matter? Does the **soil type** matter? Does it **degrade**?

Do crop plants uptake?
Does the crop matter?
Can we predict uptake?

Redshawe PhD et al



Coastal Populations & Food Chain



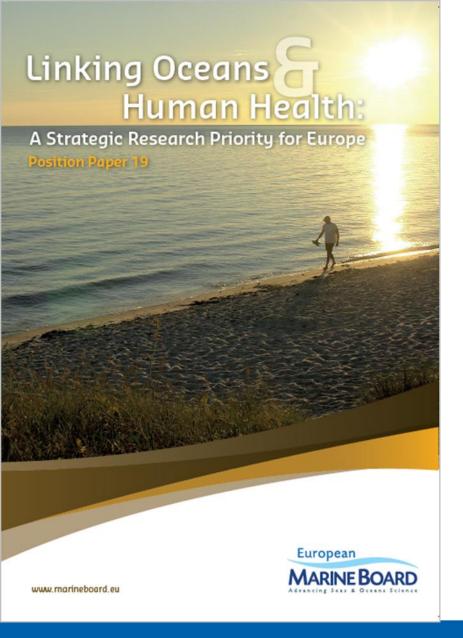












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Seafood Depletion



"Seafood (fish and shellfish harvested from capture fisheries and aquaculture production in marine and freshwater environments) contributes at least 15% of average animal protein consumption to 2.9 billion people" (Smith 2010)







Communicating Mixed Messages: Example of Seafood

Benefits

- Health
 - Protein
 - Omega 2 fatty acids
 - Other essential nutrients
 - ?Decreased chronic diseases
 - Cardiovascular diseases
 - Cancer
 - Dementia
- Historic/Cultural/Local
- ?Aquaculture

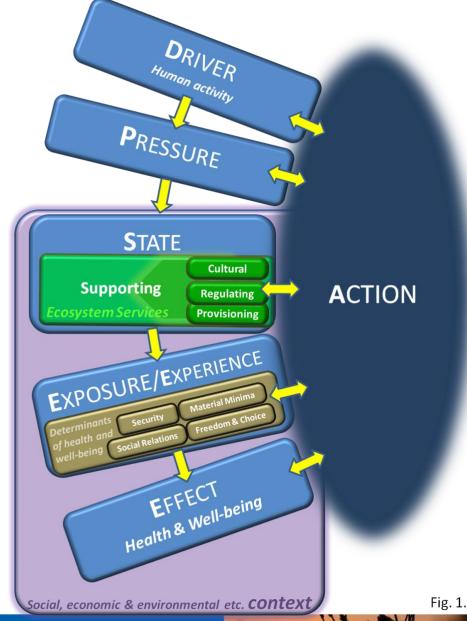




- HAB toxins
- Microbial pathogens
- Chemicals/Contaminants
 - Heavy metals
 - POPS
- Fisheries destruction
- Historic/Cultural/Local
 - Occupational
- ?Aquaculture

eDPSEEA = Ecosystem Services & Ecological Public Health

- Theoretical Framework
- Stakeholder Engagement

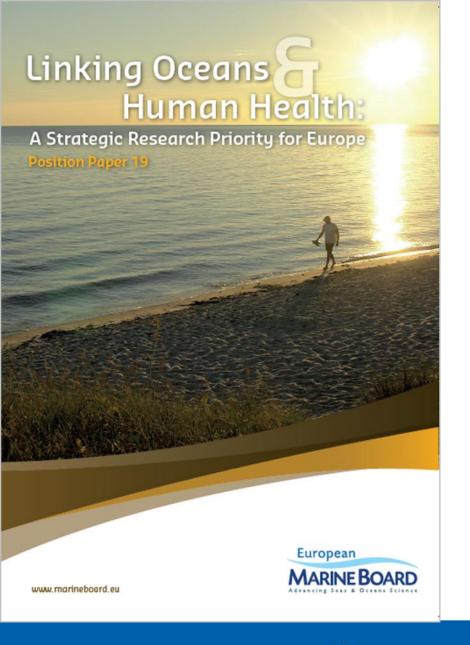


Reis et al 2013









RISKS:

- Ocean Acidification
- Invasive Species
- Other?

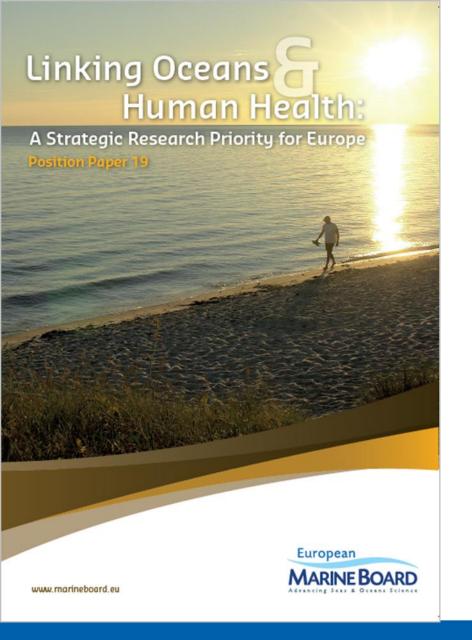








'NOT SO FUN LISTENING TO THE OCEAN, THESE DAYS ... '

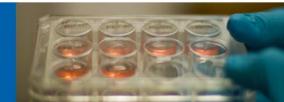


BENEFITS & OPPORTUNITIES FROM THE SEA

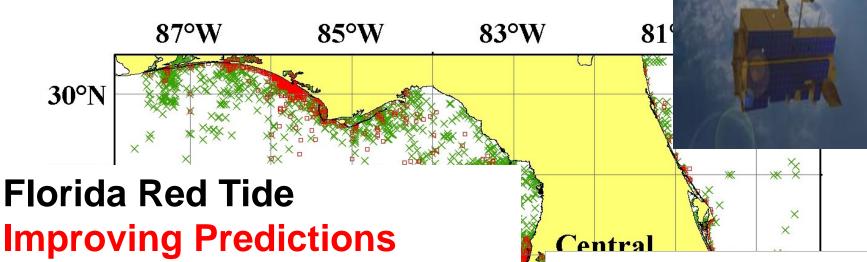
- Modelling/Forecasting
- Pharmaceuticals & Other Bioactive Compounds & Biotechnology
- Marine Organisms as Biomedical Models
- Coastal Living/Blue Gym

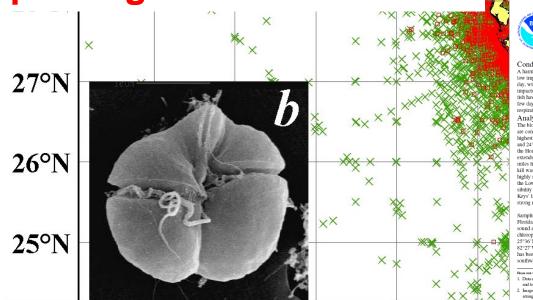






Florida







NOAA Satellites and Information Service Last bulletin: January 3, 2006

Conditions Report

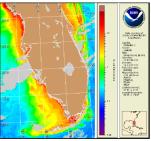
A harmful algal bloom has been identified in Monroe County, Patchy low impacts are possible for the gulfside Lower Keys today and Sunday, with low to moderate impacts possible Friday and Saturday. No impacts are expected elsewhere in SW Florida through Sunday. Dead fish have been reported between Key West and Marathon in the past few days. Dead fish smell, while unpleasant, does not produce the same respiratory irritation as red tide.

The bloom near the Lower Keys remains present. Chlorophyll levels are continually elevated north and south of the Lower Keys, with levels highest north and southeast of Big Mullett Key (24°35'N, 81°54'W and 24°34'N, 81°53'W), inside the Marquesas Keys, and northeast of the Horseshoe Keys (24°48'N, 81°16'W). Elevated chlorophyll extends along the ocean side of the Lower Keys, out to approximately miles from shore. No recent samples are available for this area. A fish kill was reported on 1/3 at Egret Lane west of Marathon. Sampling is highly recommended throughout this area. Continued transport around the Lower Keys is possible throughout the weekend. Also, a slight possibility exists for the transport of additional K. brevis through the Lower Keys' larger passages on Friday and Saturday with the appearance of strong north to northwesterly winds.

Sampling results indicate the bloom is no longer present at the SW Florida coast, although background levels remain patchy in bay and sound areas of Sarasota and Pinellas County (FWRI, 1/3). Elevated chlorophyll features remain offshore Collier and Monroe Counties nea 25°36'N, 82°13'W, and offshore Lee and Collier Counties at 26°16'N, 82°27'W. Sampling, if possible, is recommended. Overall movement has been minimal; the features will likely remain offshore and continue southward migration. "Fisher, Bronder

Data are restricted to civil marine applications only; i.e. federal, state and local government use/distribution is permitted.

Image products may be published in newspapers. Any other publishing arrangements must receive OrbImage approval via the CoastWatch Pro-

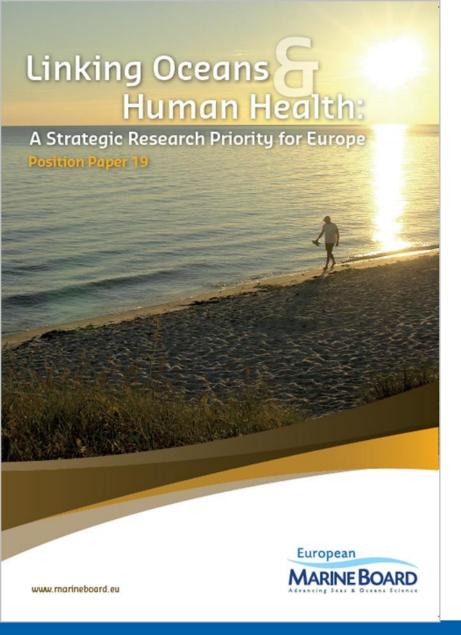




speed; angle indicates direction. Red indicates that the wind direction favors upwelling near the coast. Value o the left of the dotted vertical line are measured values; values to the right are forecasts

SW Florida: Westerly winds (5-10kts, 3-5m/s) today will shift northwesterly, strengthen ing to 20kts (10m/s) after midnight through Friday. Continued northwesterlies on Saturday will weaken to 15kts (5m/s) and turn northeasterly Saturday night at 10kts (5m/s). Mild easterlies expected Sunday and Monday (5-10kts, 3-5m/s).

noon into tonight at 15kts (8m/s). Strong northwesterlies on Friday (up to 25kts, 13m/s and custy) will shift northerly Friday night into Saturday, weakening to 15kts (8m/s). North to northeast winds near 15kts (8m/s) on Sunday. Northeast to east winds expected Monday.

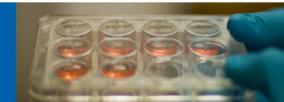


BENEFITS & OPPORTUNITIES FROM THE SEA

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Remedies from the Seas

Current successful examples:

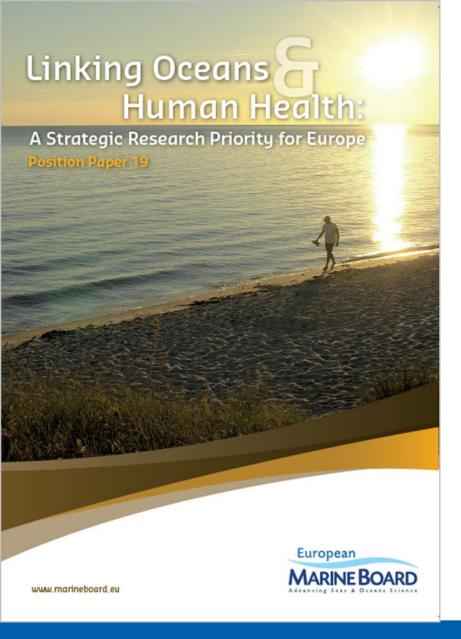
- Bryostatin 1 (potent anticancer agent from marine invertebrate);
- Ecteinascidin 743 (potent anti cancer drug from the Caribbean sea squirt);
- Discodermolide (potential anti cancer drug from a marine sponge)
- Brevenal (possible cystic fibrosis agent from Florida Red Tide brevetoxin natural derivative)

Bourdelais, Baden, Abraham et al









BENEFITS & OPPORTUNITIES FROM THE SEA

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- Marine Organisms as Biomedical Models
- Coastal Living/Blue Gym



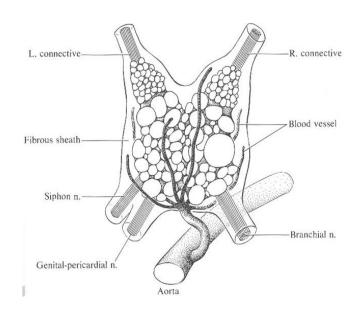




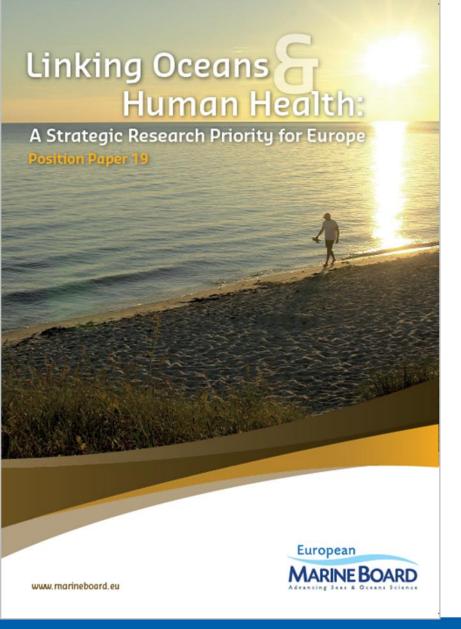


Example: Aquatic Animal Model

Aplysia (Sea Hare)
Simple Brains Enabled
Nobel Award Winning
Studies of Memory &
Learning







BENEFITS & OPPORTUNITIES FROM THE SEA

- Modelling/Forecasting
- Pharmaceuticals & Other Bioactive Compounds & Biotechnology
- Marine Organisms as Biomedical Models
- Coastal Living/Blue Gym





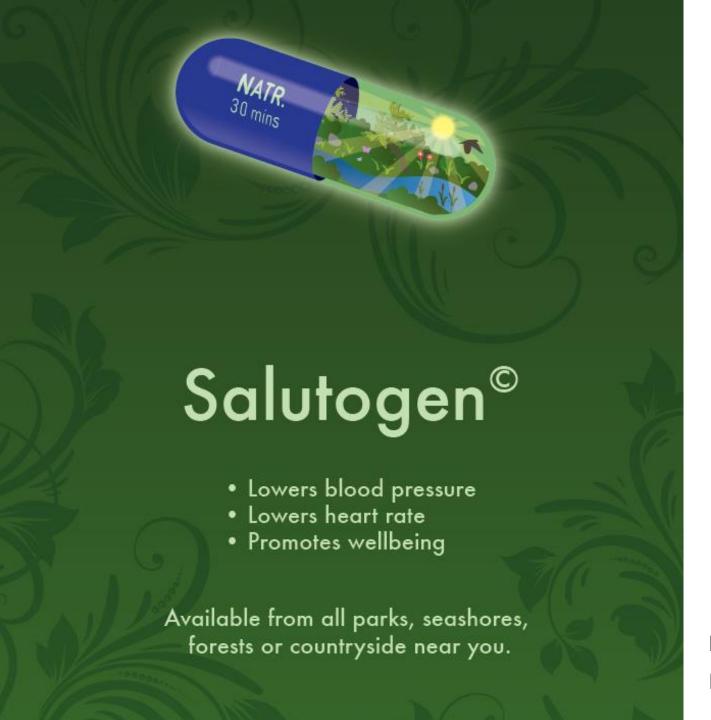




A relationship between environmental degradation and mental health in rural Western Australia (Speldewinde 2009)



 An association was detected between dryland salinity and depression, indicating that environmental processes may be driving the degree of psychological ill-health in these populations.



Dr Will Stahl-Timmins
Prof Michael Depledge

Blue Gym = Campaign + Research



Rockpool rambles





Sailing



Rigorous scientific studies

(Secondary Data, Intervention & Mechanistic studies)

Coastal walks



Swimming



Diving

\$ ©

Mike Depledge PhD et al



Health & Wellbeing in the Natural Environment Across the Life Course

Transitions into Retirement

Young Adults & Outdoor Physical Activity (ESRC/National Trust)

"Stories of the Sea":

Exploring *Embedment* in Deprived Coastal Communities

Choosing a hotel room Environment & Human Health

All 3 rooms are identical (2-3 star, size, furniture, ensuite, price) except view from the balcony



Mean Willingness to Pay (per night)

White et al., 2010, J Environ Psych

Selected Interdisciplinary Research

Self-reported Health

Census Data (England, n = 48 million)

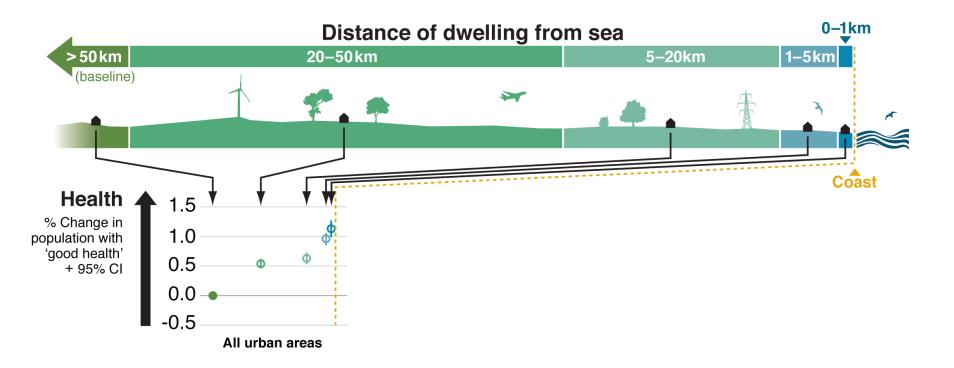
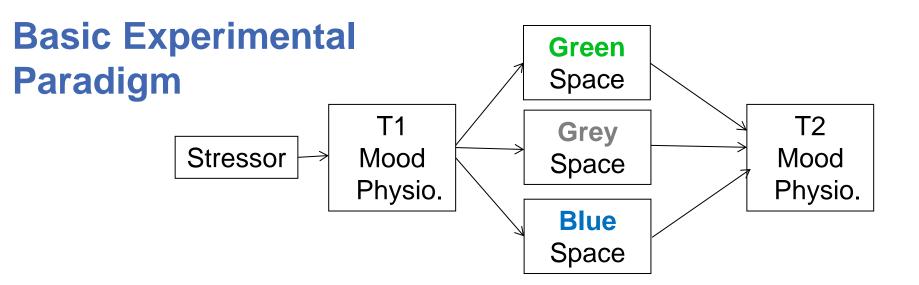


Fig 1. The coast and good health in urban areas. Age standardised % of population stating 'good health' relative to those in areas furthest from the coast (>50km) - adjusted regression coefficients with 95% confidence intervals; total and by income deprivation quintile.



Lab work:

(Films, Sounds, + During Exercise)



<u>Applied Settings</u> & Different Populations



Dental surgeries (+ VR)



White et al



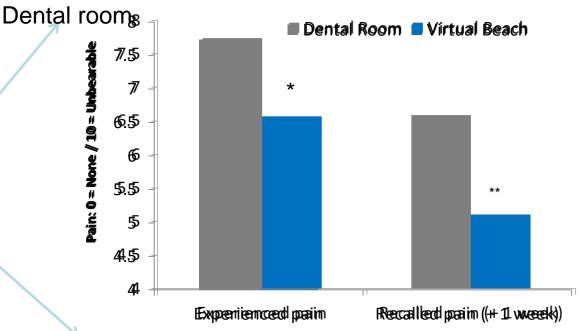
Bringing the sea into health care

Randomised Control Trial





Iced water



Outcomes
Pain
Ease of treatment
Keep appointments



* p < .05; ** p < .01

Pahl, White et al









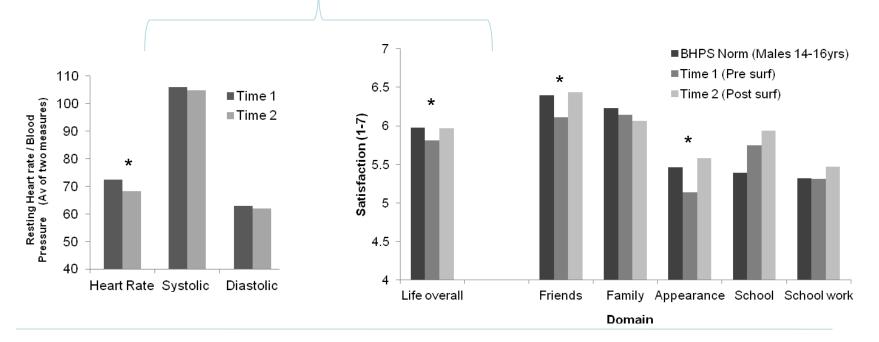
Vulnerable Communities











Next steps

- 1) Other countries?
- 2) What is the optimal dose?
- 3) How long do effects last?
- 4) What about children?
- 5) Environmental impact?
- 6) Comparisons to drugs (e.g. depression)?





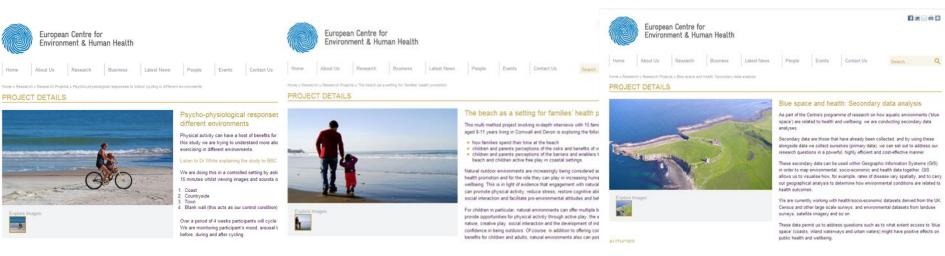




Health & Well-Being from Coastal Environments

ECEHH & Plymouth University Team: Ian Alcock, Kat Ashbullby, Debbie Cracknell, Michael Depledge, Karin Dijkstra, Josey Field, Amanda Hignett, Rebecca Jenkin, Sabine Pahl, Cassie Phoenix, Jo Ross, Chloe Thomas, Ben Wheeler, Mat White, Kayleigh Wyles

For further details please contact: mathew.white@exeter.ac.uk

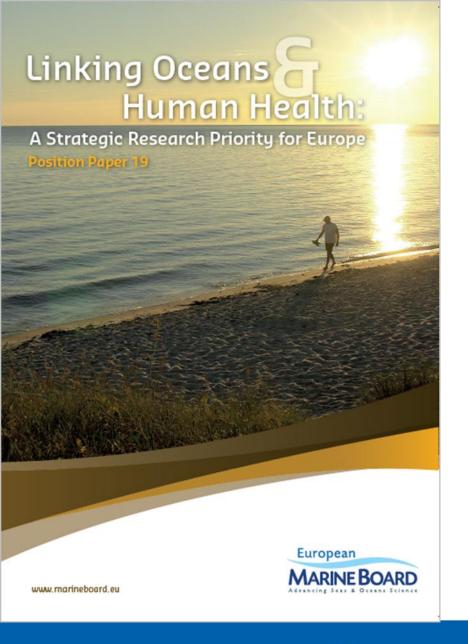












BENEFITS & OPPORTUNITIES FROM THE SEA

- Blue Energy
- Blue Carbon
- Other?







Linking Oceans Human Health: A Strategic Research Priority for Europe European www.marineboard.eu

Oceans & Human Health

Research & Training







4 NSF NIEHS OHH Centers 3 NOAA OHH Centers

2004





Oceans & Human Health Centers: Inter-disciplinary Research, Training, Pilot Projects, Facilities Cores, Shiptime



Outreach & Dissemination Programmes

www.rsmas.miami.edu/groups/niehs/AMBIENT







Poison Information Aquatic Hotline

888 232 8635



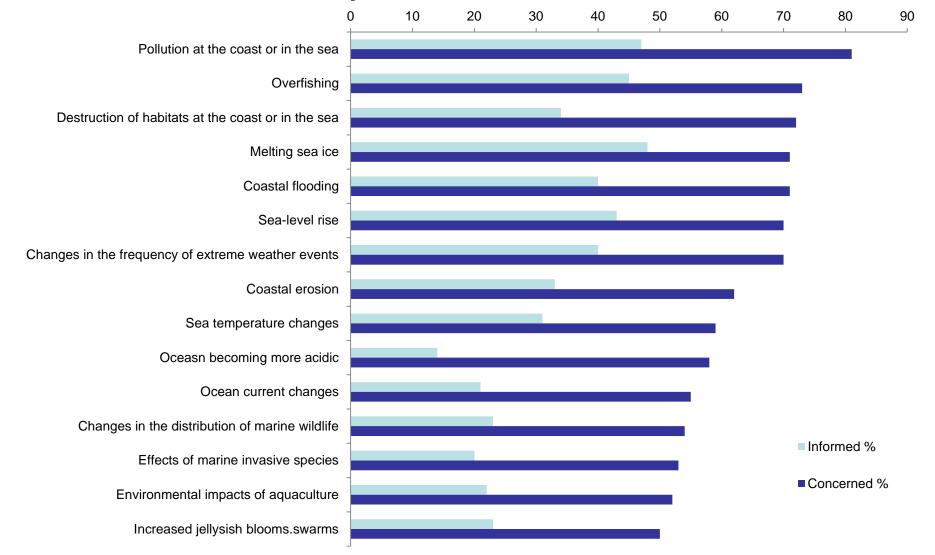
www.mote.org/niehsredtidestudy/

10,000 citizens from 10 EU countries (Claimer Survey)

CLAVER CLIMATE CHANGE & EUROPEAN MATING ECOSYSTEM RESEARCH

1. How well informed?

2. Concern about 15 key marine environmental issues?



OHH New S

Gordon Research

Gordon Conference OCEANS & HUMAN

- •June 2008
- •June 2010
- •June 2012
- June 2014
- June 2016 ?Europe

New Book: Seas, S (Bowen et al, Wylie



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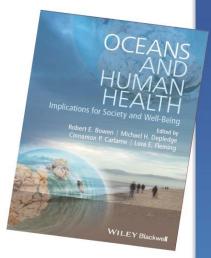
earth-pages.com

Oceans and Human Health

Implications for Society and Well-Being

Robert E. Bowen, Cinnamon P. Carlarne, Michael H Depledge, Lora E. Fleming

This remarkable volume brings experts from diverse disciplines and builds a workable understanding of breadth and depth of the processes both social and environmental - that will help us to limit future costs and enhance the benefits of sustainable marine systems. In particular, the authors have developed a shared view that the global coastal environment is under threat through intensified natural resource utilization as well as changes to global climate and other environmental systems. All these changes contribute individually, but more importantly cumulatively, to higher risks for public health and to the global burden of disease.



This pioneering book will be of value to advanced undergraduate and postgraduate students taking courses in public health, environmental, economic, and policy fields. Additionally, the treatment of these complex systems is of essential value to the policy community responsible for these questions and to the broader audience for whom these issues are more directly connected to their own health and well-being.

"The following pages in this volume are written in a lucid and very readable style, and provide a wealth of knowledge and insightful analysis, which is a rare amalgam of multi-disciplinary perspectives and unique lines of intellectual inquiry. It is valuable to get a volume such as this, which appeals as much to a non-specialist reader as it does to those who are specialists in the diverse but interconnected subjects covered in this volume." From the "Forward" written by, R K Pachauri, Director General, TERI and Chairman, IPCC

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Message from Bedruthan

Unanimous call for a coordinated, transnational and





"....Unanimous call for a coordinated trans-national and interdisciplinary oceans and human health research programme in Europe.."

managing effective knowledge transfer and science policy interfaces.

The Bedruthan workshop unanimously called for a coordinated, transnational and interdisciplinary Oceans and Human Health research programme in Europe. Research should be solutions-oriented, supporting health and well being promotion and disease treatment, and informing maritime, environment, public health and innovation policy.

European Marine Board (EMB) position paper

The Message from Bedruthan follows publication of EMB position paper 19, "Linking Oceans & Human Health: A Strategic Research Priority for Europe". The EMB is a partnership of 36 major national research institutes and funding agencies from 19 European countries. The paper represents a compelling endorsement from this large European research network of the societal importance for Europe of supporting coordinated interdisciplinary OHH research.

Download at www.marineboard.eu











Inking Oceans









Analyse the current OHH research effort and state-of-the-art in Europe, including reapacities and infrastructures, and identify research gaps and needs. Identify mech collate existing evidence and data currently dispersed across many different fields.

4. Human Capacities

Improve training and researcher mobility, and promote interdisciplinary expertise in

5. Policy Assessment and Support

Analyse the current EU policy framework, identifing policy gaps and making recommendations in support of evidence-based policy which takes account of mar environment and human health interactions.

6. Stakeholder Engagement

Improve the pathways for knowledge transfer and uptake across key OHH areas, linkir with current ocean literacy developments in Europe, to achieve stakeholder and commengagement.

For more information, contact:

Professor Lora Fleming, Director, European Centre for Environment & Human Health, University of Eveter. <u>Le fleming@</u>
Dr. Niall McDorough, Executive Scientific Secretary European Marine Board: <u>nmcdonough@esforg</u>
Reference: Fleming et al., 2014. Message from Bedruthan. A statement from the participants of the Oceans & Human I shop, A rising tide of challenges and opportunities in Europe, Bedruthan, Comwall, UK, 20-21. March 2014.
Further information at <u>www.cechhorg/event/Soceans-Human-health</u> & <u>www.marineboard.eu/ohh</u>

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6 Essential Areas to Build OHH Capacity

- 1. Community building
- 2. International cooperation
- 3. Strategic analyses
- 4. Human capacities
- 5. Policy assessment
- Stakeholder engagement and knowledge transfer
 - Knowledge Gap: Interconnections









Interconnections
between
the Environment
&
Human Health

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L.E.Fleming@Exeter.ac.uk





